



FOREST HILLS TREE CITY TIMES

A newsletter for the community of Forest Hills



P&L Investments, in conjunction with the Borough of Forest Hills, will conduct the second in a series of public information sessions on Tuesday, April 8 at 10 a.m. and then another session at 7 p.m. to explain the environmental remediation of the Westinghouse Atom Smasher Site. The meeting will be held at the Forest Hills/Westinghouse Lodge on Barclay Avenue in Forest Hills.

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Raising Chickens in the Borough

Back in October, the borough hosted a seminar on the proper way to raise chickens in Forest Hills. Krista Martin, a member of the Uniontown Poultry Association, was the speaker, and gave an informative and insightful demonstration along with bringing some hens to the seminar. During the discussion, Mrs. Martin shared with the attendees what was the best way to get started; and just like raising bees in Forest Hills, she reminded the audience to check first with the borough on what the ordinance is and what residents need to know before getting started.

Martin stated that more and more nowadays “city dwellers” are discovering the joy of backyard chickens. Chickens (if you exclude roosters) are relatively quiet and do not require much space in your yard. As long as you follow the borough ordinance in place, you can probably set up a small “coop” and secure runs without spending too much money—many flock-owners like to use recycled materials, such as old wooden pallets or industrial shipping crates.

The following are a list of the more popular questions anyone who's interested in raising chickens are asking:

How Many Chickens?

A family of four should be able to get all the eggs they need from three to four hens. This is a good number for an urban or backyard environment, since it's easy to keep an eye on that amount of hens.

What Kind of Chickens?

Roosters are not a good idea in a backyard environment. Fortunately, hens (female chickens that are old enough to lay eggs) do not need a rooster to lay eggs. There are over 60 breeds of chicken that you can choose for your backyard.

What do Chickens Eat?

For a regular meal, chickens eat a feed that is called “layer ration.” It comes in a crumbly form and a pellet form, and is available at feed stores and places like Tractor Supply or Agway.

Where do Chickens Live?

Ideally, chickens live in an enclosed yard (or a pen in part of the yard), and sleep

at night in their coop. They also lay eggs in the coop, in special areas called “nest boxes.” Nest boxes are important so the hens don't step on and break their eggs after laying them.

How Long do Chickens Lay Eggs?

A hen lays an egg roughly every 26 hours. Hens will lay most of their eggs in the first five years of their lives. After the first two years, their laying will drop off some, and they will continue to reduce their laying as they age. Chickens can live to be 10 to 15 years old, but that's usually the exception to the rule.

What do Chickens Give You?

Eggs—A backyard flock of chickens can provide some of the best-tasting eggs. The yolks are darker, firmer and more flavorful than those bought in a store.

They also give you rich manure for your garden. However, chicken manure is so nitrogen-rich, you cannot apply it directly to your garden plants, or it could burn them. It is better for your compost bin.

Continued on page 2

Raising Chickens in the Borough

Continued from page 1

Where do I Get Chickens?

Chickens can be ordered through the mail from mail-order catalogs of various hatcheries.

Where Can I Learn More About Chickens?

There are many books about poultry, including *Chickens in Your Backyard: A Beginner's Guide*, by Rick & Gail Luttmann; *Storey's Guide to Raising Chickens*, by Gail Damerow.

There are also a list of web-sites you can visit: www.uniontownpoultry.com, www.feathersite.com, www.urbanchickens.org, www.backyardchickens.com, www.mypetchicken.com.

The excerpts in this article were provided by The Uniontown Poultry Association. Visit their web-site: www.uniontownpoultry.com, for additional information.

Forest Hills Borough Ordinance

Section 4. §2-311. Chickens

A. Chickens Permitted; Roosters Prohibited

i. No residence shall contain at any time more than four hens over the age of one month.

1. In the case of two-family dwellings, conversion dwellings, or multi-family dwellings without individually-owned backyards, the maximum number of hens allowed is four per property.

ii Chickens shall be permitted only in the R-1, R-2 and R-3 zoning districts.

iii No person shall keep or harbor any rooster within the borough.

To read the entire ordinance on Chickens in the Borough, visit the borough's web-site: www.foresthillspa.org, or come to the borough office to obtain a copy of the ordinance. You'll also want to talk with the borough's code enforcement officer, Don Branzel; his phone number is 412-351-7330 x211.

A Resident and His Chickens

Recently, I paid a visit to long-time resident, Frank Porco, Sr., who lives on Avenue R.L. He and his wife live in a very nice and unique-looking home located on a small hillside in that area. While there, I found that not only does he raise all types of vegetables in his large backyard garden, but he now raises chickens too. And as you walk through his yard, every space is taken—one end is filled with his garden, in the middle is a small greenhouse/storage area, and then on the other side of the yard, is the “chicken coop.” Looking at the structure, you can tell he put a lot of work into building it; the

front of the coop is where the hens eat and drink, and in the back is where they lay their eggs. In other words, it's a two-room apartment for chickens!

Porco also has lighting and heat for the hens so they are kept comfortable

all year round; and before you have a chance to ask where they are, three nice-sized chickens come walking right up to you—doing what chickens do—pecking at the ground looking for food. And what's so amusing to watch was how Porco talks to his chickens; calling them all “coco” which he told me was a term of endearment in Italian.

Mr. Porco tells me that he started raising chickens as a boy in Italy; his family had many of them, so this was an easy hobby to start; however, he says this is not easy even though the eggs the chickens produce are some of the best tasting. There is a lot of time needed to devote to caring for the chickens, and he strongly suggests doing it the right way—learn as much as you can from reputable organizations (hatcheries, poultry organizations, etc.). More importantly, before getting started, check with the borough for all the rules and regulations on the proper way of keeping chickens.

At the end of my visit, one thing I found out from Mrs. Porco was that when Frank first got the chickens she wasn't as thrilled having them around the house, but

when she learned that chickens only live so long, she then told me there is one thing she's looking forward to—chicken soup.



Frank Porco feeding his chickens



Porco's chicken coop



Home Pick-up Program for Household Hazardous Waste

As part of the residential solid waste and recycling contract with Waste Management (WM), you now have a convenient opportunity to dispose of your Household Hazardous Waste (HHW) safely, easily and responsibly. At Your Door Special Collection,” is a residential service offered by WM to provide year-round HHW collections for you. **How does it work?**

- 1. To participate, you must contact the Call Center—1-800-449-7587—to set up a collection appointment.** The Call Center operators will guide you through the steps toward a safe and successful collection. You will be asked several questions, including your address and the type and amount of materials available for collection. You will be provided a convenient collection date and information about where to place the HHW kit for collection. A kit will be sent to your home in plenty of time for you to gather and pack your materials.
- 2. Preparing for collection—**The HHW Kit includes a program instruction sheet and other items to help pack and secure household hazardous waste. All materials such as gasoline, poisons, pesticides and aerosols must be placed into the kit. Other items may be placed outside the kit.
- 3. HHW material is collected—**On the scheduled date, the customer service technician will collect materials directly from your home. They will sort and pack the materials for proper transportation, recycling and disposal. Participants will receive a postage-paid survey card to complete and mail back to help track the program.
- 4. You have more material than will fit into the kit—**Don't worry! Remember, this service is available year-round. Just schedule another collection. Small quantities may be combined with your neighbors. The Call Center will be happy to explain your options.

The Call Center operators are available: Mondays to Fridays—8 a.m. to 5 p.m., but you can also leave a message after hours, weekends and holidays, and you can also e-mail the Call Center: atyourdoor@wm.com.

Computer and Electronics Collection Day

Saturday, June 21 from 9 a.m. to 1 p.m.—at the Forest Hills Municipal Building located at 2071 Ardmore Boulevard

Bring your unwanted computers, monitors, printers, fax machines, cell phones, digital cameras, chargers, adapters, microwaves, stereo systems, VCRs—and any other hard-to-recycle electronic waste. **They will no longer accept TV's.**

Goodwill of Southwestern Pennsylvania is the non-profit of choice for safe, easy and free recycling of computers and electronics. All data hard-drives are data destroyed to Department of Defense standards. By donating your unwanted computers, you are helping Goodwill provide employment to those who refurbish and salvage them. Goodwill also offers expert services to help people overcome physical, mental, educational, social and economic barriers that stand between them and having a meaningful job.

At Your Door Special Collection

Examples of acceptable items that must be placed inside the container:

- Garden Chemicals
- Thermometers
- Solvents
- Batteries
- Oil-base and Latex Paint
- Metal Polish
- Aerosols
- Pool Chemicals
- Cleaners
- Adhesives
- Anti-freeze
- Used motor oil
- Sharps—placed into a sealed rigid plastic container (needles, lancets)
- Gasoline

Items which may be placed outside of the container (place no other waste outside the container)

- Auto batteries—up to four
- Fluorescent bulbs—up to five
- Televisions—one each
- Computer monitors—one each
- Consumer electronics with circuit boards (see instruction sheet for details).

Materials that will not be collected:

- No consoles, lamps, appliances or exercise equipment.
- Ammunition
- Medicine
- Explosives
- Asbestos
- Or any other materials in unlabeled or leaking containers.

If you have questions about proper disposal methods for non-acceptable items, commercial chemicals or hazardous materials in containers larger than five gallons in size, please call the Call Center—1-800-449-7587.

COMMUNITY NEWS

Did you know that approximately 27,000 cars travel through our community every day? Have you ever wanted to make a difference? Well, being part of the **Late Bloomers Garden Club** gives you the opportunity to offer beautification for those weary Ardmore Boulevard travelers.

Even if only a quarter of those passerby's lifted their heads from their cell phones long enough to see the splendor that the Late Bloomers offer by way of plantings in the borough beds, then they have effectively altered the views of approximately 5,000 people every day.

Not that it is the only reason they do it. Being a part of an organization that beautifies the area that we all live and work in gives them a feeling of great accomplishment as well as satisfaction that they are indeed making a difference. Spring is the perfect time to give back to our community by way of helping with the cleaning and planning of the borough beds. Some of them enjoy this part as much as watching the flowers grow. They also appreciate all of the well wishes and thumbs up from the community (and the honks of appreciation).

In addition to beautification, the Late Bloomers host the Forest Hills Farmers Market in the parking lot of the Forest Hills Presbyterian Church. They began this journey because they all wanted to buy "local," so they decided to organize their own market. Beginning the first Friday of June, the market will come to life again for the 12th year in a row! Visit weekly to find a variety of goodies.

Come join their next meeting held on the second Thursday of every month, 7 p.m. at a member's home. E-mail them at: latebloomersgardenclub@gmail.com, or call Jerianne at: 412-999-3525 for the location of the next meeting. They look forward to seeing you there!

After a long hard winter, the Late Bloomers would like to welcome everyone back for a new season of the **Forest Hills Farmers Market**. It is their 12th season in operation. This year should prove to be just as healthy and prosperous as 2013. They will have

more entertainment this year. If you want to be part of the ambience of entertaining patrons on Friday afternoons, stop by the table or send them a message on their web-site: www.latebloomersgardenclub.com or you can email them at: latebloomersgardenclub@gmail.com. Their musicians are all volunteers but patrons have been generous with tips and you can come and go as you please. Look for your returning favorite vendors and some new surprises as well. This year's market will run from Friday June 6 to the end of October. Don't forget to "Like" them on Facebook @ Late Bloomers Garden Club. See you in June!

A Lenten series at **Hope Lutheran Church** will continue on Wednesdays: March 19, 26 and April 2 and 9 with a light supper at 6 p.m. which will precede a service at 7 p.m. Hope will gather on Maundy Thursday, April 17, for an Agape Meal at 6:30 p.m., the meal begins at 7 p.m. The observance of Holy Week continues as they gather with the remembrance of the death of our Lord Jesus Christ on Good Friday, April 18 with a special Taize Prayer service at 7 p.m. followed by a Tenebrae service at 8 p.m. The Easter Sunday Celebration of the Resurrection takes place at 10:30 a.m. on April 20.

An ecumenical Taize Prayer service is offered by Hope on the first Friday of each month at 7 p.m. Taize is a meditative and spiritual worship experience which includes chant-like music, times of silence and intercessory prayer. At the same time as Taize, Hope offers Kid's Hour for children, a time for a craft, a short lesson and much more fun.

The people of Hope worship every Sunday at 10:30 a.m. Hope is a welcoming congregation and invite the Forest Hills' community to visit on Sunday mornings or any of their events. The Reverend. Susan C. Schwartz is pastor of Hope Church, located at 353 Ridge Avenue at the corner of Brad-dock Road. Pastor Schwartz also serves St. John Lutheran Church in Swissvale.

Forest Hills Presbyterian Church invites you to join them for:

- Worship on Sundays at 10:30 a.m.
- Life Groups on Wednesdays and Sundays
- Choir on Thursdays
- Feeding the Homeless—second Saturday of every month
- Special Lenten and Easter Services

All are welcome. Pastor Ben Black welcomes everyone who would like to attend any services or program available. The church is located at 1840 Ardmore Boulevard in Forest Hills. For more information, call 412-241-1647, or send an e-mail to: foresthillspsc@gmail.com or visit their web-site: www.fhpcpa.org.

The Forest Hills Community Service operates a free bus service within the Borough of Forest Hills for senior citizens and persons with a handicap. The **Flivver** service was started in 1974 through contributions from individual citizens, various local charities and the borough itself. The Flivver continues to be free because of donations made by the citizens, the riders and the volunteer drivers.

The bus is a 10-passenger vehicle—but does not have handicapped lifts—and takes eligible senior citizens (those 55 and older) and handicapped persons to the Forest Hills Senior Center, doctor's offices, hairdressers, banks, drug stores, grocery stores, etc. On Sundays, the Flivver takes people to church service.

The Flivver operates Mondays through Fridays from 9:30 a.m. to 3:30 p.m. and on Sunday mornings. Riders can call the Flivver at 412-519-3955 to be picked up usually within 15 minutes of their call. This is a great and well-needed service for the community.

The Flivver is always looking for new drivers. You can be trained in a matter of hours. There are so many people in the borough who are grateful for the freedom the Flivver provides. Those who are interested in volunteering three hours a day, twice a month, can call Don Newcomer at 412-708-0511.

For over 50 years, the **Forest Hills Lions Club** has served the communities less

Use your Smartphone to click on the code below to access the borough's web-site.



fortunate. They supply glasses to the needy, and collect your used glasses for distribution to third-world countries. The collection boxes are found at the borough building, in Bob's Barber Shop in Chalfant, Churchill Vision Center, Beulah Church, Cost Building-Optical Shop (second floor), Jodi-B's Restaurant, Lanigan Funeral Homes, Peter Paul's Hair Salon, Forest Hills Senior Center and Toby's Pub in Chalfant. Their fund-raisers include White Cane Days, Sight Seal Mailing and Holiday Nut Sale. Over the years, the club has provided seeing-eye dogs; a Braille writer and an eye implant operation for a child. They help to support Beacon Lodge, a summer camp for the blind. They also constructed a War Memorial and assisted some needy war veterans. Men and women interested in becoming a member should call 412-829-7888.

Born out of concern for Forest Hills' aging residents, **Link-Age-to-Age** has placed growth in 2014 at the top of its "to do" list. The local service group hopes to expand its ranks of volunteers so that it can reach out to more of their neighbors in the borough for help and support.

Link will sponsor another free community forum, "Benefits of Pre-Planning," with Patrick Lanigan of Lanigan Funeral Home. The program will begin at 7 p.m. on Monday, April 28, at Forest Hills Presbyterian Church, Ardmore Boulevard. Anyone who needs transportation to and from the church should call the Forest Hills Senior Center, 412-824-5610, to make a reservation.

Also on that list: Link will sponsor another free community forum to provide useful information about concerns shared by older adults and their families. It will be held in the spring at a central location, but details were incomplete at press time. Please check bulletin boards at churches and businesses throughout Forest Hills or call the Forest Hills Senior Center, 412-824-5610, for details.

If you're interested in joining Link, working with the group or learning more about its mission, call Dorothy Buchanan, 412-371-7828; Margaret Reed, 412-271-5328; or Carolyn Reuter, 412-243-8384.

Boy Scout Troop 90 meets Tuesdays at 7:30 p.m. at the Forest Hill Presbyterian Church (FHPC). It is open to all boys ages 11-18. Cub Scout Pack 90 meets Thursdays at 7 pm at FHCP. It is open to all boys ages 6-11. For more information contact Beth Brucker at bruckerfamily@verizon.net. For more information, visit the scout website: www.foresthillspack90.us.

Here's What's Happening in the Neighboring Communities

Rain-barrel Seminar and Composting Workshop

The Churchill Garden Club and Pittsburgh Resources Council are partnering in a Rain-barrel and Composting Seminar and Workshop.

*Yagle Community Center
2300 William Penn Hwy, Churchill PA
\$50 per person or \$55 per couple.
Dates are listed below*

Celebrate the Rain

Learn how to harvest rain-water from your roof and divert it for on-site usage in the landscape. This seminar will raise your awareness of watershed issues, and you will learn to assemble and install a retro-fitted 55-gallon drum/rain-barrel.

Participants receive the hardware (not the drum) to assemble a rain-barrel, and receive a \$10 coupon good toward the purchase of a 55-gallon drum.

Thursday, April 10, 6:30 p.m.

Backyard Composting Workshop

This workshop thoroughly covers the importance and benefits and process of composting, setting up a responsible compost pile, proper maintenance, and ways of using compost. Participants will receive an Earth Compost Bin with attendance. This bin, approved across the state as an ideal bin for urban and suburban areas, has an 80-gallon capacity.

Thursday May 15; 6:30 p.m.

*Seminar and workshop information/
registration contact: Nancy at
412-488-7490 X 247
or nancym@ccicenter.org
www.prc.com or
www.zerowaste.org*

From the Churchill Area Environmental Council (CAEC)

A new community advisory titled: Invasive Alien Weeds: "Right here in River City"—2014 will be available in May from the Forest Hills Borough Office. It will also be downloadable from the new CAEC web-site embedded in the Churchill Borough site: www.churchillborough.com later in the season along with previous advisories of interest. This latest release covers a baker's dozen of the most common and/or troublesome of the alien invasive plants in our immediate area. Carry a copy with you as you hike in our municipal parks and get to know this "dirty dozen," and what you can do about them.

The environmental scholarship awarded to a graduating Woodland Hills High School senior each year has a March 31 deadline date. If you know a senior who has completed an environmental project in the school district or in the community please advise him or her to get an application in by that date. Applications are available from the guidance office or department chairmen at the high school or a copy can be downloaded from: www.churchillborough.com, then click on Churchill Area Environmental Council.

And to catch up on news in other communities, check out the web-sites for Wilkins Township and Edgewood Boroughs:

*www.wilkinsborough.com/
deptparksrecreation.htm
Wilkins Township Office, 412-824-6650
www.edgewood.pgh.pa.us/
edgewood-recreation.htm
Edgewood Recreation Director,
412-242-4824*

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Forest Hills Rotary News

On Thursday, March 20, 2014 the Rotary Club of Forest Hills will sponsor a Spelling Bee for third grade students at the East Catholic Elementary School. Winners from this competition will move onto larger regional competitions and eventually compete at the District 7300 and 7330 Rotary Conference at Seven Springs Resort this June. For the past four years, the Rotary Club of Forest Hills, along with the other Woodland Hills Rotary Clubs, have provided third grade students from the Woodland Hills School District with free dictionaries as part of Rotary International's Literacy Initiative.

The 2013-14 Rotary Club Directories are still available. Directories are just \$12 and can be purchased at Fazio's, the Forest Hills Coffee Company and Wolfe Funeral Home; or by contacting Nina Stahlberg at 412-242-5360.

Looking for a great way to become involved with your community? Join the Rotary. Since 1947, the Rotary Club of Forest Hills has been making a difference in the borough and around the world. For more information about rotary, their meeting dates and times, contact Bonnie Caripolti at 412-244-9901. New members are always welcome.

Mark your calendar and plan to join them for some hot chili and cool jazz with the Rotary Club of Forest Hills 8th Annual Chili Cook-Off. This year's event will be held on Sunday, May 18th from noon to 4 p.m. at the Westinghouse Lodge, located on Barclay Avenue, and will feature a variety of local chef's, businesses, non-profit organizations and chili lovers competing for major prizes and bragging rights to the "Best Chili In Town." As a special attraction, the competition will also include the First Annual Forest Hills Jazz Festival featuring some local well-known Pittsburgh jazz artists. Proceeds from the event benefit the Forest Hills Volunteer Fire Department, Forest Hills Police Department, and other Rotary-sponsored community projects. For more information or to register as a participant in the Chili Cook-Off competition contact Gladys Maharam at: gsmaharam@comcast.net.



annual Forest Hills Jazz Festival featuring some local well-known Pittsburgh jazz artists. Proceeds from the event benefit the Forest Hills Volunteer Fire Department, Forest Hills Police Department, and other Rotary-sponsored community projects. For more information or to register as a participant in the Chili Cook-Off competition contact Gladys Maharam at: gsmaharam@comcast.net.

This past fall, the Rotary Club of Forest Hills held a Steelers Ticket Fundraiser. Pictured is Interact Club member, Kris Benjamin, recipient of two free tickets to the November 10 Steeler - Buffalo Bills game along with dinner and parking. All proceeds from the event supported local Rotary Scholastic and Community projects.



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Nominees for the Forest Hills Borough's Citizen of the Year Award

Back in November 2013, borough council approved a policy to have Forest Hills individuals and/or groups and community volunteers receive a Citizen of the Year Award for their meaningful and/or long-term contribution to the borough and surrounding communities. In addition, award recipients will have met a sustainable contribution, promotion of improved quality of life, fulfilling a need or providing a program that would be unmet without their involvement. Presentation of the annual award will be made by the mayor and/or council president at either the November or December Business Meeting.

The borough manager will ask council, boards and local organization for nominees and residents via the *Tree City Times*, in the summer issues of the year the award is to be given. The newsletter will list award winners as well as a call for nominees. Citizenship award winners will be posted at the borough office. Nominees will be asked to come to the Operations Committee Meeting, and council, by a vote, will elect a recipient. Forest Hills employees and elected officials will not be eligible for this award.



*Pictured left to right: Council President Markus Erbeltinger, Forest Hills Borough Citizen of the Year Joyce Peterson, Mayor Marty O'Malley.
To read more about Mrs. Peterson, see the Garden Article on the back page of the newsletter.*



Marked Trees in the Borough

Late last December or early this past January/February, you may have noticed a red "X" on various trees in the Borough Right-of-Way or on borough property. These trees were marked for removal because they were dead, diseased, structurally weak or otherwise hazardous.

These trees are spotted by continuing tree inspections by myself, other borough employees and concerned residents. If a tree is found to be immediately hazardous, it is removed within a day or two. However, if the tree is safe for now but could become hazardous in the future, it is included in the program for removal during the winter months.

Winter is the best time for tree removal because very little damage will be done to underlying lawns, flower beds and gardens. Also, this is a slow time of year for tree maintenance companies and the borough can get a better price for their services.

When potential removals are found, they are referred to the Borough's Tree and Shrub Committee for their discussion and approval. This is passed on to Borough Council for their approval in an established budget.

Tree removals are advertised for bids in local newspapers as required by law. The successful bidder must be a professional tree expert and must be fully insured.

These trees and the resulting stumps are removed at the borough's expense. Also, a new, more desirable tree will be planted at the same location within the following year or two. More on tree removals will be featured in future issues of the *Tree City Times*.



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Municipal News

Borough of Forest Hills Recognized among First to Become a Certified Sustainable Municipality

The Borough of Forest Hills announced recently it is among the first municipalities to become certified through the Southwestern Pennsylvania Sustainable Community Essentials Certification Program. The borough is recognized at the gold level of certification for meeting the program's rigorous performance criteria which tracks 131 policies and practices that define a sustainable community.

The Sustainable Community Essentials Certification, developed by Sustainable Pittsburgh, is designed for municipalities that are working to save money, conserve resources, and serve vibrant communities. It applauds municipalities for their demonstrated commitment and sustainability performance.

In earning the gold certification, the Forest Hills Borough is acknowledged for its progress in addressing such areas as community design and land use, energy efficiency, health and wellness, mitigating blight, intergovernmental cooperation, recycling and waste reduction, fiscal controls, and internal management and operations. Details regarding how the borough is addressing these areas can be found on the certification programs web-site: www.sustainablecommunityessentials.org.

"The Borough of Forest Hills is proud to be recognized as a Gold Certified Community by the Southwestern Pennsylvania Sustainable Community Essentials Certification Program," said Steve Morus, Borough Manager. "The borough has a long history of commitment to saving taxpayer dollars, using resources efficiently, and applying best practices in municipal government and community development. We are pleased to be recognized and be part of the regional community of good government."

Recent grants have been received allowing the borough to install energy and water-saving measures which lower our environmental impact and allow us to save money. Attention to our many parks and green spaces and our tradition as a Tree City USA contributed in receiving this designation. Residents can help us continue our environmental leadership by using our weekly single-stream recycling, bringing their corrugated cardboard to the municipal building bins, requesting a borough tree planting in their yard, and consider attending a composting or rain-barrel workshop in Forest Hills or other local municipalities. Please keep updated with our future initiatives and current news by visiting our web-site: www.foresthillspa.org.



- | | |
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POLICE DEPARTMENT NEWS

911 Facts and Fiction

by Police Chief Chuck Williams

It has been several years since our changeover to the Allegheny County 911 dispatch system. As many residents may remember, police departments like ours had their own dispatch centers, calls were received and officers sent by radio to the location they were needed.

Even though we are now part of a larger system there are some benefits. With current technology used by County 911, dispatchers know who is calling and the location they are calling from.

With the explosion of cell phone use, new problems have been created for 911 centers.

They need to be able to locate calls from cell phones and provide the necessary assistance needed by those calling for help.

Residents still seem hesitant to call 911. It may be that you feel your call is not an emergency or you are concerned you will have to give your name and answer too many questions. These concerns are not uncommon, but if a situation occurred and you felt it necessary to notify the police for whatever reason, you should follow through and make the 911 call. Some residents are still calling the borough numbers for assistance only to find a recorded message. Messages left especially on weekends and evening hours are not going to be answered, we need you to **CALL 911**. The police department often receives reports of suspicious activity after the crime was committed and we miss valuable opportunities to stop a crime as it is occurring.

Another important fact about calling 911 is that they **DO TAKE CALLS THAT ARE NON-EMERGENCY**. We do not have a separate non-emergency number. For example, overnight parking, dog complaints, and requests to speak to officers are all examples of non-emergency calls that can be taken by dialing 911. The communication officers at the 911 center are well trained to prioritize any type of call.

Times have changed and this is the best way for residents to communicate information to the police department. As always thank you for your continued help and support.

Clip-n-save

REAL ESTATE TAX DATES TO REMEMBER:

Borough real estate tax bills are mailed March 1

Due at discount by April 30 or due at face by June 30

School real estate tax bills are mailed July 1

Due at discount by August 31 or due at face by October 31

TAX TIME

The 2014 Borough of Forest Hills Real Estate Tax Bills have a new look this year. The bills will continue to be yellow but the printed information and size of the bill will now look similar to the white Woodland Hills School District Tax Statements that you receive in July. The top of the bill will now read Borough of Forest Hills 2014 Tax Statement.

The 2014 Forest Hills Borough Real Estate Tax Bills are due at the discount amount by April 30, or can be paid at the face amount until June 30. If you send your payment by mail or place your payment in the borough drop-off box and would like a receipt, please include a stamped, self-addressed return envelope.

If you are expecting a Borough Real Estate Tax Bill and do not receive it in March, or if you have re-financed or paid off your mortgage, please call the tax collector as soon as possible.

If you have any questions regarding real estate taxes, please call Tax Collector Janet Sullivan at: 412-351-7348.

THE BOROUGH BULLETIN BOARD

CRIME ALERT MESSAGES

If you do not receive Crime Alert Messages and want to be included in the Borough Wide Emergency Alert System, please send your name, address and phone number to:

NCRC c/o Forest Hills Borough Building
2071 Ardmore Boulevard, Pittsburgh, PA 15221

THE BOROUGH NOW PERMITS LEASHED DOGS IN ALL BOROUGH PARKS

Please read the borough ordinance on maintaining your dog on a leash when visiting any of our parks.

Visitors to the park can read the entire ordinance on leashed dogs on the borough's web-site: www.foresthillspa.org.

TRASH COLLECTION—HOLIDAY SCHEDULE:

Memorial Day, Monday, May 26

Trash collection will be delayed one day during this week.



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2014 Forest Hills Budget

Each year council approves a new general fund budget for the borough along with review and approval of budgets from other funds including:

- Capital Improvements Plan
- Road Improvement Program Budget
- Fire Protection Services Fee Budget
- Corrective Action Budget
- Liquid Fuels Budget

Council completed a review and approval of the 2014 budgets at its December 18 meeting. A summary of the general fund budget accompanies this article.

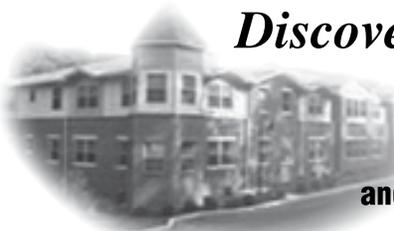
The budget process begins each August with input from staff. The manager and staff review spending in each department and prepare a plan for the new year that is submitted in draft form to council at their October finance committee meeting. Subsequent finance committee meetings are used to review the draft, make changes, consider realistic revenue estimates and prepare a final spending plan. Council must approve a final budget before the end of the year.

The manager also prepares a memo to council with the first budget draft that outlines key points of the spending plan. This memo along with any subsequent updates becomes the manager's budget message which is published in the budget booklet each year and included in full on the borough's web-site (www.foresthillspa.org).

At the same time, council reviews and considers tax rates and fees that are charged for various services. For example, the sewer fee is used to allow the borough to review and repair problems with both the storm and sanitary sewers, and to meet the requirements of the consent decree that all ALCOSAN communities are required to follow. Council also determines the tax rate for the borough and imposes that rate via ordinance when approving the budget. This year's millage rate remains at 8.0 mills for taxable property.

Citizens are invited each year to attend the finance committee meetings noted above as council reviews and considers its new spending plans.

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Borough of Forest Hills 2014 Budget Summary by Category

Acct. No.	Revenues	2013 Budget	2013 Actual to Date	% of Total Revenues 2014 Budget	2014 Budget	% of Total Revenues 2014 Budget
TAXES						
301	Real Property	2,550,600	2,658,288	42.63%	2,674,528	43.80%
310	Act 511	960,000	1,157,201	16.04%	976,000	15.98%
	TOTAL TAXES	3,510,600	3,815,489	58.67%	3,650,528	59.78%
320	Licenses & Permits	32,700	55,319	0.55%	41,200	0.67%
321	Cable TV Franchise	128,000	145,981	2.14%	132,000	2.16%
330	Fees & Fines	61,100	52,617	1.02%	65,800	1.08%
340	Interest, Rents & Royalties	91,500	74,590	1.53%	81,150	1.33%
State						
354	Grants	38,200	29,585	0.64%	38,700	0.63%
355	Shared Revenue	115,100	117,382	1.92%	112,200	1.84%
	TOTAL STATE	153,300	146,967	2.56%	150,900	2.47%
357	Local Government Grants (RAD)	180,500	195,819	3.02%	185,500	3.04%
360	Charges for Services	219,700	239,455	3.67%	216,500	3.55%
Reimbursements						
362	Public Safety	87,365	81,865	1.46%	47,973	0.79%
363	Public Works	56,511	51,216	0.94%	58,340	0.96%
	TOTAL REIMBURSEMENTS	143,876	133,081	2.40%	106,313	1.74%
364	Sanitation	593,543	587,699	9.92%	604,508	9.90%
367	Recreation					
	Pool	107,100	101,160	1.79%	109,500	1.79%
	Programs	14,500	12,677	0.24%	14,600	0.24%
	Tennis & Misc.	8,000	4,417	0.13%	8,000	0.13%
	TOTAL RECREATION	129,600	118,254	2.17%	132,100	2.16%
380	Miscellaneous	738,816	711,629	12.35%	739,700	12.11%
	TOTAL REVENUES	5,983,235	6,276,900	100.00%	6,106,199	100.00%
Acct. No.	Expenditures	2013 Budget	2013 Actual to Date	% of Total Expenditures 2014 Budget	2014 Budget	% of Total Expenditures 2014 Budget
BOROUGH ADMINISTRATION						
400	Legislative	20,818	17,553	0.35%	21,518	0.35%
401	Administration	677,889	806,753	11.33%	679,038	11.12%
403	Tax Collection	27,290	33,160	0.46%	28,215	0.46%
404	Legal Services	85,500	111,751	1.43%	118,000	1.93%
	TOTAL ADMINISTRATION	811,497	969,217	13.56%	846,771	13.87%
Public Safety						
410	Police	1,589,620	1,519,197	26.57%	1,762,034	28.86%
411	Fire	124,800	98,396	2.09%	0	0.00%
412	Ambulance	9,648	9,939	0.16%	9,648	0.16%
415	Neighborhood Crime Resistance	2,650	5,458	0.04%	8,650	0.14%
416	Auxiliary Police	5,000	3,144	0.08%	5,000	0.08%
419	School Crossing Guards	36,615	27,683	0.61%	23,818	0.39%
	TOTAL PUBLIC SAFETY	1,768,332	1,663,818	29.55%	1,809,150	29.63%
414	Planning & Zoning	42,817	82,470	0.72%	42,894	0.70%
Sewage/Sanitation						
427	Refuse Collection	545,340	575,474	9.11%	559,248	9.16%
426	Recycling Collection	4,124	3,736	0.07%	4,124	0.07%
	TOTAL SEWAGE/SANITATION	549,464	579,210	9.18%	563,372	9.23%
Public Works/Maintenance						
406	Magistrate's Office Building	8,200	5,227	0%	6,005	0.10%
409	Building Maintenance	97,818	90,167	1.63%	101,566	1.66%
430	Public Works	691,423	615,811	11.56%	614,768	10.07%
431	Street Maintenance	90,700	104,055	1.52%	91,500	1.50%
436	Sewer Maintenance	80,416	78,478	1.34%	81,430	1.33%
	TOTAL PUBLIC WORKS/MAINT.	968,557	893,738	16.19%	895,269	14.66%
Recreation						
451	Programming	7,310	7,489	0.12%	6,488	0.11%
452	Swimming Pool	155,875	150,472	2.61%	154,055	2.52%
453	Tennis	9,346	5,832	0.16%	7,595	0.12%
454	Parks	101,590	99,803	1.70%	106,947	1.75%
459	Recreation Center (Westinghouse)	65,240	69,784	1.09%	65,683	1.08%
	TOTAL RECREATION	339,360	333,379	5.67%	340,768	5.58%
455	Tree Service	84,068	80,658	1.41%	89,173	1.46%
458	Senior Citizen Center	8,720	10,051	0.15%	9,270	0.15%
471-475	Debt Service - Capital Projects	976,040	971,317	16.31%	979,319	16.04%
492	Reserve for Capital Funds	350,500	416,255	5.86%	351,000	5.75%
480/490	Miscellaneous	83,880	183,097	1.40%	179,214	2.93%
	TOTAL EXPENDITURES	5,983,236	6,183,210	100.00%	6,106,199	100.00%

Juniper Village Event Schedule

March 9, 1 p.m.—Trash or Treasure -Antique Appraisal: Discover if your antique items are trash or treasure. Bring your treasures in for a free appraisal by local Pittsburgh area antique shop owner and appraiser, Ernest Grindle. Free appraisals are limited to two items per guest and RSVP's are required. Due to the complexity, they will not be appraising military items or jewelry. For more information or to RSVP to attend, contact Juniper Village at: 412-244-9901.

March 11, 9 a.m. to 4:30 p.m.—Seniors for Safe Driving Course: Are you a safe driver? Improve your abilities and lower your insurance premiums by attending a Seniors for Safe Driving course. This all day seminar is only \$16 and is designed for drivers over the age of 55 who want to improve their driver's safety and receive a five-percent discount on their automobile insurance premium for three years after taking the course. For more information or to RSVP, contact Seniors for Safe Driving at 1-800-559-4880.

March 12, 1:30 p.m.—Caregiver Support Group Meeting: Caring for a loved one with memory loss? Gain support and education with their monthly caregiver support group meetings. This month, they will discuss ways to help you treasure the moments with your loved one. Juniper Village's monthly support group meetings are approved by the Greater Pennsylvania Chapter of the Alzheimer's Association and are affiliated with the National Alzheimer's Association. For more information or to RSVP, contact Juniper Village at 412-244-9901.

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Forest Hills Nursery School, in the classroom at the Forest Hills Presbyterian Church, hold three classes: Tuesdays-Thursdays; Mondays, Wednesdays, Fridays, and five days a week. Classes are from 9 to 11:30 a.m. On Wednesdays/Thursdays, the children may bring a lunch and stay until 1 p.m. There are fifteen children per class with one certified pre-school teacher and at least one other adult. The school was founded in 1964 by the Women's Club of Forest Hills. This will be the 50th year for Forest Hills Nursery School. Inquiries, contact Sally Sabino at 412-351-5054; or Betsy Wolf at 412-241-9414 or 724-744-1061

Forest Hills Nursery School and Forest Hills Presbyterian Church will hold their **10th Annual Car Cruise** on Saturday, May 3, from 10 a.m. to 3 p.m. at the Forest Hills May Fest, in the upper parking lot of the church. Goodie bags and dash plaques will be given out to the first fifty registered cars. No pre-registration. Inquiries, contact Rick Wolf, 724-744-1061.

School and Child Care Registration are now open for the 2014-2015 year at **Christ Lutheran School**. Ask about their special reduced registration fee in March for early registration. Christ Lutheran School & Child Care Center provides care and education for infants through 8th grade. To schedule a tour call 412-271-7173 or visit their website at: www.christlutheranf.org, and at: www.facebook.com/ChristLutheranPTO.

Upcoming events include:

Scholastic Book Fair —March 9-16

The community is invited to stop by on Sunday, March 9 and 16 from 9:30 to noon, and support their reading/library program by buying a new scholastic book for yourself, your child or a friend.

Community Family Movie Night - March 15 & May 17 at 6 p.m.

Christ Lutheran School & Child Care Center is inviting you to join them for family movie night. Bring your favorite movie snack, and wear your PJ's.

Easter Egg Hunt—April 19, 10 a.m. to Noon

The community is invited to join them for a fun-filled day decorating and finding Easter eggs, participating in a variety of Easter Story Dramas.

Science Fair—April 25, 5 to 7 p.m.

Come and see the wonderful science projects their pre-schoolers through 8th graders have discovered. Some truly amazing research and experiments will be on display.

Golf Tournament—April 26, 11 a.m.

This event will help support their tuition assistance program. Prizes and awards are given out to participant. The deadline is April 21 to sign-up. The cost is: \$75 per golfer. If you are not a golfer, you can still participate by sponsoring a hole for \$25. Your name or company's name will be posted at the hole of your choice. Call the school for more information.

Vacation Bible School—June 16 to 23 3-year-olds to 8th grade

Call the church to register or for more information beginning in May—412-271-7173. Christ Lutheran Church, School & Child Care 400 Barclay Avenue; 412-271-7173 - www.christlutheranf.org; www.facebook.com/ChristLutheranPTO.

Do you know of a student in need of financial aid for college or vocational school? The **Woodland Hills Foundation** is proud to offer five scholarships to students graduating from the Woodland Hills School District.

- **NEW!** The Barrie and Arleen Bartulski Scholarship for Academic Excellence
- **NEW!** The Hospital Albert Schweitzer Scholarship
- The Julia Anne McCool Memorial Scholarship

- The Debbie Thames Spahr Memorial Scholarship
- The Woodland Hills Foundation Senior Scholarship

Students interested in applying for any of these scholarships can visit: www.woodlandhillsfoundation.org, or visit the Guidance Office at the high school.

Mini-Grants: The Woodland Hills Foundation would like to congratulate the teachers who received mini-grants for the 2013-14 school year. This year's recipients were:

Integrating STEM through Data Acquisition
Michael Steinmetz (High School)

STEM Implementation Through Neulog Data Collection Sensors

Andrew Heffner and Jayson Kowinski (High School)

Multi-Genre Autobiography and Senior Night

Lisa Silverman and Dave Brown (High School)

Pittsburgh Growing Healthy: Girls Night Out
Judi Matelan, RN (All Elementary Schools)

Cooking in the Classroom

Lauren Weisser (Edgewood Elementary)

Culture in Curriculum

Jennifer Sperduto (Edgewood Elementary)

Edgewood's Culture Explosion

T. McGee and R. Fodse (Edgewood Elementary)

Classroom on the Move

Rachel Kolek (Fairless Elementary)

Fairless Study and Swim

Jasen Larabee (Fairless Elementary)

Stories Come to Life

Erin Muffi, Claudine Bagwell, Beth Wagner, and Elizabeth Casey (Dickson Elementary and Woodland Hills Academy)

Since 2002, the Foundation has awarded 138 Mini-Grants totaling over \$69,000 to educators in the school district who have creative and impactful teaching ideas.

Alumni Cabaret: Entering its ninth year in 2014, the Alumni Cabaret welcomes back Woodland Hills Alumni to serenade attendees with some of their favorite songs and songs from past musicals. For ticket information visit: www.woodlandhillsfoundation.org

The **Woodland Hills High School Marching Band and Images** will host its Annual Spaghetti Dinner on Saturday, April 26 from 3:30 to 7:30 p.m. at the high school cafeteria, between the matinee and evening performances of the musical *Sweeney Todd*. Tickets are \$5 for students and \$7 for adults, with take-out available. Please come support the band, and treat yourself to dinner and a show.

Trinity Christian School, located at 299 Ridge Avenue in Forest Hills, will host the following events this spring. Please contact the school at 412-242-8886 for more information about any of these events.

Second Annual Trivia Night On Friday, March 21, at 7 p.m., the school will hold its second Annual Trivia Night fundraising event. The theme is "Blast from the Past," with questions from the 1950s to the present. This will be a fun evening with prizes, fellowship, lots of trivia, competitive energy, and great deals at the silent auction.

Spring Drama Production: The Little Prince The Drama Department will present "The Little Prince" on the following dates: Thursday, April 24; Friday, April 25; and Saturday, April 26. All shows start at 7 p.m.

Work-a-Thon On Thursday, May 1, students, faculty, staff, and parent volunteers will conduct service projects throughout the community during the school's 18th Annual Work-a-Thon Fundraiser, with proceeds going to benefit the school. Work-A-Thon activities will include performing spring clean-up at local parks, assisting nonprofit organizations with food and clothing distribution, and presenting musical programs for seniors at area nursing homes. All labor will be provided completely free of charge for the locations and organizations being served.

Students are seeking sponsors for donations in support of the Work-a-Thon. Individual and corporate sponsorships are accepted and are tax-deductible as allowed by law. For more information about becoming a sponsor, contact the school.

Choir and Band Concerts The spring choir concert will be presented on Tuesday, May 13 at 7 p.m. The spring band concert will be held on Tuesday, May 20 at 7 p.m.

About Trinity Christian School

For more information or to schedule an appointment to visit, call the school at: 412-242-8886 or visit their web-site at: www.trinitychristian.net to learn more about the school and its mission, faculty, curriculum, and programs.

East Catholic's 30th Annual Shakespearean Play

The 30th Annual Shakespearean Play at East Catholic School will be "Macbeth." This drama is one of the great tragedy plays by William Shakespeare. The themes illustrated in the play include ambition, fate, deception and treachery.

The story begins when three witches decide to confront the great Scottish general, Macbeth, on his victorious return from a war between Scotland and Norway. The Scottish king, Duncan, decides that he will confer the title of the traitorous Cawdor on the heroic Macbeth. The witches predict that he will one day become king. Macbeth's wife agrees that he should murder Duncan. She assists him by smearing the blood of Duncan on the daggers of the sleeping guards. Macbeth insists that this is enough evidence of their guilt, and has the guards killed. A nobleman called Macduff discovers the king's body, and the crown passes to Macbeth. More murders ensue, and the bloodied ghost of another general, Banquo, appears to Macbeth. Lady Macbeth's conscience now begins to torture her, and she imagines that she can see her hands covered with blood.

Plan to attend so you can find out what happens next. Rehearsals and tryouts began at the end of January, with performances scheduled for Friday, May 2 and

Saturday, May 3. Curtain time is 7:30 p.m. in the East Catholic School Cafeteria, 2001 Ardmore Boulevard in Forest Hills. Tickets can be purchased at the door. The cost is \$4/adults and \$2/students and seniors. If you have never seen this Shakespearean classic, mark your calendar so you can come and enjoy this interpretation. Shakespeare wrote for everybody, and 422 years later, people still enjoy his art.

Community Gives Children with Special Needs the Gift of Play

Thanks to amazing support from individual donors and area foundations, students with Autism and other learning challenges will receive the gift of play this summer.

In the 13 years since **Pace School** moved into the former Eastern Area School, many renovations have taken place. However, until now, the students have never had a playground to release energy that can disrupt classroom learning. This is due largely to the school originally being built for wheelchair-bound children with physical disabilities. But, an elementary school without a playground is simply incomplete.

Specially designed play and climbing structures, a basketball court and walking trail will complete Pace's three-year campaign to "Build a Health Learning Environment." Over \$1 million in donations to this private non-profit program have already transformed concrete courtyards into green garden spaces and upgraded 55-year-old boilers and student bathrooms.

If you want to learn more about the project or how you can donate toward the last \$100,000 needed, contact Marilan Caito, Development Director, at mcaito@paceschool.org, or call: 412-342-4302.

Pace teaches students K-9 to break through the barriers to school success and build skills necessary for a healthy life. Since 1967, Pace has responded to the changing needs of school students and districts throughout the region. Typically 130-150 students from 50+ area school districts through Allegheny and surrounding counties are referred to Pace for our unique blend of special education and therapeutic services.

2014 POOL APPLICATION

(Proof of Forest Hills Residency Required)

Residents applying for a pass agree to abide by all rules and regulations of the swimming pool and tennis courts (refer to the section on policies and procedures).

If residents inappropriately pay for pool passes intended for non-residents, those passes will be forfeited. If any pass is misused, lent out or improperly obtained, that pass will be revoked without a refund.

I certify that the person(s) listed on this application are full-time Forest Hills residents within my household.

Applicant's Signature _____ Date _____

Phone: Home _____ Work _____ Cell _____

Address _____ E-mail address _____

Please print the following information for the application.

Last Name	First Name	Relationship	Age*	Pass/Package	2014 Swim Lessons Time (Circle one)	Session**
1. _____	_____	_____	_____	<input type="checkbox"/> Reg. <input type="checkbox"/> Plus	10 a.m. 10:35 a.m. 11:10 a.m.	# _____
2. _____	_____	_____	_____	<input type="checkbox"/> Reg. <input type="checkbox"/> Plus	10 a.m. 10:35 a.m. 11:10 a.m.	# _____
3. _____	_____	_____	_____	<input type="checkbox"/> Reg. <input type="checkbox"/> Plus	10 a.m. 10:35 a.m. 11:10 a.m.	# _____
4. _____	_____	_____	_____	<input type="checkbox"/> Reg. <input type="checkbox"/> Plus	10 a.m. 10:35 a.m. 11:10 a.m.	# _____

(If more space is needed, please attach a separate sheet of paper).

*List ages for children; "SC" for senior citizen, or "A" for adult. Relationship must be included. No charge for children under the age of 3.

**The swim lesson sessions are listed on page 16 of the newsletter.

Make checks (or money orders) payable to Forest Hills Borough.

Mail application and payment to:

Cindy Simm, Recreation Director, Forest Hills Borough, 2071 Ardmore Boulevard., Pittsburgh, PA 15221

2014 FOREST HILLS POOL PASSES

	Paid before or on 4/1/14	Paid on or after 4/2/14
<input type="checkbox"/> Family Pass:.....	\$295	\$310
<input type="checkbox"/> Individual Pass:.....	\$165	\$180
<input type="checkbox"/> Senior Citizen Pass: (age 65 and over)	\$95	\$110

2014 FOREST HILLS PLUS PACKAGES

(Each of the packages below will receive 10 free daily admission tickets with purchase of the pool passes.)

	Paid before or on 4/1/14	Paid on or after 4/2/14
<input type="checkbox"/> Family Plus:.....	\$315	\$330
<input type="checkbox"/> Individual Plus:.....	\$185	\$200
<input type="checkbox"/> Senior Citizen Plus: (age 65 and over)	\$115	\$130

ATTENTION: Forest Hills Small Business Owners Who Pay Forest Hills Taxes—Business owners and their immediate families are now permitted to purchase pool passes at a cost of \$200 above the regular and plus packages prices listed above. Employees of those business owners are not eligible for the passes.

DAILY ADMISSION RATES

	Residents	Non-residents (or guests)
Times: Noon to 5 p.m.		
Adult (11 & over)	\$7	\$9
Child (3-10)	\$5	\$7
Senior Citizen (65+)	\$4	\$5
Times: 5 to 8 p.m.		
Adult (11 & over)	\$3.50	\$4.50
Child (3-10)	\$2.50	\$3.50
Senior Citizen (65+)	\$2	\$2.50

SPECIAL POOL HOURS

- The pool will close at 5 p.m. for home-swim meets.
Dates will be posted at the pool.
 - (Community Day) July 4—Closes at 6 p.m.
 - Swim Team Championships July 26—Pool closed all day
 - Synchronized Swim Show August 3—Closes at 5 p.m.
- Rain Date: Tuesday, August 5

- Mark your calendars for Saturday, May 4 from noon to 2 p.m.—pick up your pre-paid pool and tennis passes at the Pool Lodge.
- The pool will open on Saturday, May 24 through August 10 from noon to 8 p.m. every day (weather permitting). Due to staffing limitations from August 11 through September 1 (Labor Day), the pool will be open Monday through Friday from 4 to 8 p.m. The pool will be open regular hours on Saturdays and Sundays from August 11 through September 1 – noon to 8 p.m.
- The refreshment stand is open noon to 7 p.m. with the grill closing at 6:30 p.m.

2014 TENNIS APPLICATION

Residents applying for a pass agree to abide by all rules and regulations of the swimming pool and tennis courts (refer to the section on policies and procedures).

If residents inappropriately pay for passes intended for non-residents, those passes will be forfeited. If any pass is misused, lent out or improperly obtained, that pass will be revoked without a refund.

I certify that the person(s) listed on this application are full-time Forest Hills residents within my household.

Applicant's Signature _____ Today's date _____
(Parent or Guardian)

Phone: Home _____ Work _____ Cell _____

Address _____ E-mail address _____

Please print the following information for the application.

Name of participant(s)	Type of program	Type of pass / How many
1. _____	<input type="checkbox"/> Team <input type="checkbox"/> Lessons <input type="checkbox"/> Clinic	<input type="checkbox"/> Family <input type="checkbox"/> Youth <input type="checkbox"/> Individual / _____
2. _____	<input type="checkbox"/> Team <input type="checkbox"/> Lessons <input type="checkbox"/> Clinic	<input type="checkbox"/> Family <input type="checkbox"/> Youth <input type="checkbox"/> Individual / _____
3. _____	<input type="checkbox"/> Team <input type="checkbox"/> Lessons <input type="checkbox"/> Clinic	<input type="checkbox"/> Family <input type="checkbox"/> Youth <input type="checkbox"/> Individual / _____
4. _____	<input type="checkbox"/> Team <input type="checkbox"/> Lessons <input type="checkbox"/> Clinic	<input type="checkbox"/> Family <input type="checkbox"/> Youth <input type="checkbox"/> Individual / _____

Make checks (or money orders) payable to: Forest Hills Borough

Mail application and payment to:

Cindy Simm, Recreation Director, Forest Hills Borough, 2071 Ardmore Boulevard., Pittsburgh, PA 15221

Discount Rate: If paid before 4/1/14

- \$160 Family Pass*
- \$110 Individual Pass*
- \$65 Youth Pass (under 18)*



If paid after 4/2/14

- \$170 Family Pass*
- \$120 Individual Pass*
- \$75 Youth Pass (under 18)*

Individual Tennis Programs

Tennis Team: \$50 (**You must purchase a tennis pass in order to join team**)

Tennis Lessons \$25 per hour (group) • \$35 per hour (private) Tennis Clinic: \$50 per week • \$28 (half session)

Check out the tennis schedules and other important information on the Tennis Facebook Page
www.facebook.com/groups/417823981582317/

The Tennis Web-site is currently under construction; once that is complete, we will add the web-site address to the Facebook Page.

You can also get tennis updates on the borough's hot-line number: 412-351-7330 x272.

Updates will be added sometime during the month of May.

Starting this year, the borough will have a card-access system in place to play on the tennis courts. Once you have paid for your pass, a card will be mailed to you. The borough will also require a security deposit check of \$25 before you receive that card. This deposit will be used in case you lose your card. Once you have your card, you will have access to the courts by sliding the card at the main gate. If the card does not work, please contact Cindy Simm, Recreation Director at: 412-351-7330 x220. If you lose the card this year, the security deposit will be used to issue a new card, and the old card will no longer be valid. This means if you find the card later on, you will not be able to use it again.

The cards will only work starting in May (or when the construction of the courts are complete) to the beginning of December. After December 1, the codes will be wiped out of the system. You will receive another card every year after paying for a pass and submitting a new security deposit check. This includes all tennis players and team members.

After December 1 and up to the beginning of May, the courts will be open and free to anyone who wants to play on them when the weather is nice and only during daylight hours.

**All tennis pass buyers will now be required to submit a separate check in the amount of \$25 to be used as a security deposit for the new card-access system. This check will only be good this year, and if it hasn't been used for a lost card, then it will be destroyed. If you would rather have the check mailed back to you, please make a note of that when submitting the checks.*

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2014 SUMMER RECREATION PROGRAMS

Senior Splash Aerobics

Days: Mondays, Wednesdays, Fridays
 Session 1: June 9 to July 11
 Session 2: July 14 to August 15
 Times: 8:30 to 9:30 a.m.
 Fees \$30 per person (per session)

Swim Team

Days: Mondays through Fridays
 Times: Mornings
 Ages: Boys and girls – 6 to 17 years old
 Fee: \$50* (swimmer must have pool pass)

Synchronized Swim Team

Days: Mondays and Thursdays (evenings) and Saturdays (mornings)
 Ages: Boys and girls – 6 to 18 years old
 Fee: \$40* (swimmer must have pool pass)

Learn to Swim and Dive**

Session 1: June 9 to June 20
 Session 2: July 7 to July 18
 Session 3: August 4 to August 15
 Times: 10, 10:35, 11:10 a.m.
 Fee: \$50 (residents); \$80 (non-residents)

Private Swim and Dive Lessons

Must be scheduled directly with lifeguard/instructor.
 Call 412-241-2525 after pool opens on May 24.
 Fee: \$25 per 30-minute session.

Adult Swim (ages 18+)

Days: Mondays and Thursdays
 Times: 8 to 10 p.m.
 Fee: Free (season pass holder's only)

Evening Swim

Only for residents who do not have a pool pass.
 Times: 5 to 8 p.m.
 Fees: Adults - \$3.50
 Children (3-10): \$2.50
 Seniors: \$2

Family Fun Nights

Dates: Wednesday – June 18
 Times: 8 to 10 p.m.
 Fee: \$2 per person

Dog Swim

Date: Monday, September 1
 Time: 8 p.m.
 Fee: \$3 per dog

**To register for the Swim Team and Synchronized Swim Team, use the applications found on pages 17 and 19 of the newsletter; or go to the borough's web-site: www.foresthillspa.org.*

***To sign up for Learn to Swim and Dive Lessons, please use the pool application on page 14. Fill out your name, address and under Swim Lessons put participant's name, session and times; use back side of application if needed.*

2014 POOL AND TENNIS POLICIES AND PROCEDURES

An application for a pool and/or tennis pass will be accepted only if completed in full and submitted on the annual pass application form.

- All applicants must be full-time borough residents
- Minors under the age of 11, residing in the borough, whose parents or legal guardian(s) qualify as a borough resident, pays the applicable fee for a family pool pass and,
- Minors, age 11 and over, residing in the borough

Residency is defined as living in the borough full-time throughout the calendar year or living in the borough during the months of June, July and August. In either case, the pool pass may be declined or revoked if satisfactory evidence of residency is not provided. Acceptable proof of residency includes: Current Pennsylvania driver's license or some other form of photo identification, and/or a current utility bill or tax receipt showing the residency address.

All persons seeking permission to enter the pool must present their pool pass attached to their garment or provide evidence needed to satisfy residency requirements. All other persons will be denied access to the pool, unless as a paying guest of a Forest Hills Resident.

Residents bringing guests to swim **must accompany those guests at all times**. Residents cannot drop off their guests and leave the facility. Residents are responsible for their guests and their guest's activities while at the pool.

There is no smoking anywhere on the pool premises—including the parking lot.

On and after July 15, Plus Package Holders will have the opportunity to purchase an additional 10 daily admission tickets for the price of \$50. For more information, contact the Pool Office at 412-241-2525 once the pool opens on May 24.

2014 Forest Hills Swim Team Registration Form

Family Name: _____ Mother: _____ Father: _____

Address: _____

City/State: _____ Zip code: _____

Primary Phone Number: _____ Home Work Cell (circle one) _____

Other Phone Number: _____ Home Work Cell (circle one) _____

E-mail Address: _____

Emergency Contact: _____ Emergency Phone: _____

Swimmer(s) First Name and Middle Initial	Grade Completed as of June 2014	Pool Pass No. (if known)	Swimmer: Return or New?	Swimmer's Birth Date

What school does your swimmer(s) attend and when is the school finished for the year?

School: _____ Date finished: _____

May we place your family's name and contact information (address, telephone numbers, email, swimmer's name and ages) in the 2014 Forest Hills Swim Team Directory? YES NO

Medical problems (Ex. physical, respiratory, eyesight, hearing, etc.): _____

My child(ren) has/have no known medical condition that would prevent him/her from participating on the swim team. I give my permission for my child(ren) to participate on the Forest Hills Swim Team and in its activities. I release, discharge, covenant not to sue, and agree to indemnify and save and hold harmless Forest Hills Borough and Forest Hills Swim Team, as well as their board members, employees, officials, agents, coaches and volunteers (the "Release") from all liability, claims, demands, and losses, including attorney fees, personal injury or property damage alleged to be caused in whole or in part by the negligence of the Releasee or otherwise. I agree to abide by the coaches' decisions as set forth for the 2014 swim season, as well as adhere to the Swim Team policies including but not limited to the policy that no parent is permitted on the deck during any practice or meet. If I have any questions or concerns, I agree to contact a Parent Booster Board Member.

Parent Signature: _____

VACATION AND CAMP ABSENCES DURING THE SEASON

The coaches need to know the dates your swimmer will not be available. If you know this now, please indicate below:

Name of swimmer: _____ Dates not available: _____

Name of swimmer: _____ Dates not available: _____

Name of swimmer: _____ Dates not available: _____

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FOREST HILLS SWIM TEAM VOLUNTEER SIGN UP

The Forest Hills Swim Team is a volunteer run organization. Each family is encouraged to volunteer to help with at least one activity during the regular season. **Please indicate how you would like to help.**

TASK	VOLUNTEER
Meet Set-Up	
Referee	
Stroke Judge	
Turn Judge	
Timers	
Starter	
Announcer	
Scorers	
Ribbons	
50/50 Raffle	
Post-Meet Cookies	
Hoagie/Pop Sales	
Post Meet Clean-Up	EVERYONE!
Pizza Party	
Senior Recognition	
July 4: Hole-in-One	
July 4: Dixie Dunker	
July 4: Biathlon	
Team Banquet	
Team Gifts	
Team Photo	
Trophies	
Historian	
Sandcastle Day	
Champs Coordinator	

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Sunday Services 9:30 a.m. & 5 p.m.

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Join us on the 1st and 3rd Wednesdays
at 7:30 p.m. for our studies in Ephesians.
See our website registration info.

Reformed Doctrines Class
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Good Friday 7:30 p.m.
Easter Sunday 9:30 a.m. & 5:00 p.m.

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FOREST HILLS SWIM TEAM REGISTRATION FEES

The Borough sets the fee for joining the swim team (**\$50 per swimmer**) which pays for the salaries of the coaches, life guards, insurance, and pool use expenses. The parent booster club activity fee (**\$40 per family**) helps pay for swim team expenses, such as lodge rental fees, food for parties, team gifts, special meet registration fees, and related equipment needs. Sign-up is due by June 10.

	Registration	Activity Fee	Total
Swim Team Registration Fee	(\$ x No. of swimmers)	(\$40 per family)	(\$ Total)
\$50 per swimmer on/before June 10	_____	+\$40	= \$_____

For official use only, verifying initials _____ method of payment: Check # _____ Cash

Please make checks payable to: Forest Hills Swim Team. If not paid at registration on Saturday, May 3, please mail check and registration form to Peggy Edinger, 428 Pacific Ave., Pittsburgh, PA, 15221.

2014 Forest Hills Synchronized Swim Team Registration Form

Family Name: _____ Mother: _____ Father: _____

Address: _____

City/State: _____ Zip code: _____

Primary Phone Number: _____ Home Work Cell (circle one) _____

E-mail Address: _____

Emergency Contact: _____ Emergency Phone: _____

SWIMMERS

Name: _____ Birthdate: _____ Age: _____ Shirt size: S M L XL

Name: _____ Birthdate: _____ Age: _____ Shirt size: S M L XL

Name: _____ Birthdate: _____ Age: _____ Shirt size: S M L XL

Medical Problems (Ex. Physical, respiratory, allergies, etc.): _____

My child(ren) has/have no known medical conditions that would prevent him/her from participating on the swim team. I give my permission for my child(ren) to participate on the Forest Hills Synchronized Swim Team and in its activities. I covenant not to sue and agree to hold harmless the Forest Hills Borough and the Forest Hills Synchronized Swim Team, as well as their officials, coaches and volunteers from liability allegedly caused in whole or in part by these individuals. I agree to abide by the coaches' decisions as set forth for the 2014 Synchronized Team, as well as the team policies.

Parent Signature: _____

VACATION AND CAMP ABSENCES DURING THE SEASON

Please indicate the dates you know your swimmer(s) will not be available to attend practice. If you do not know the dates at this time, the coaches would appreciate you let them know as soon as possible.

IMPORTANT DATES:

- Monday, July 28 – Saturday, August 2: Synchro Week
(All morning and evening practices are MANDATORY)
- Thursday, July 31: Dress Rehearsal
- Saturday, August 3: Luncheon and Run Through
- Sunday, August 3: Show – Rain Date: Tuesday, August 5

Name of swimmer: _____ Dates not available: _____

Name of swimmer: _____ Dates not available: _____

Name of swimmer: _____ Dates not available: _____

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2014 Synchronized Swim Team Volunteer Sign up

The Synchronized Swim Team is a volunteer run organization that depends on the assistance of all of the families. Each family is encouraged to volunteer to help with at least one activity in preparation for the annual show. Please indicate below how you would like to help. Thank you!

TASK	VOLUNTEER
Donut Sale	
Ad Sale for Program Book	
Pool Pass Raffle	
4 th of July Cookie Table in the Park	
Hair / Makeup (7/31 & 8/3)	
Luncheon (8/2)	
Decorations Setup (8/3)	
Flower Sale at the Show (8/3)	
Bake Sale (8/3)	
50/50 Raffle (8/3)	

Team Registration Fee (\$40 per swimmer)

Make checks payable to: **Forest Hills Borough**

Please return registration forms to:

Cindy Simm, Recreation Director, Forest Hills Borough
2071 Ardmore Boulevard, Pittsburgh, PA 15221

For Official Use Only

For official use only, verifying initials _____

Date Paid: _____

Method of payment: Check # _____ Cash

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Forest Hills Synchronized Swim Team

The 2013 Forest Hills Synchronized Swim Team completed its 43rd Annual Show, *Totally '80s*, with 52 dedicated swimmers. The weather cooperated and it was a very enjoyable day shared by swimmers, parents, coaches, friends and community members. Last year's coaches, Annmarie Rodrigues and Laina Cross would especially like to acknowledge all of the parents for their unending help and support as well as the entire community for coming out to enjoy the show.

Forest Hills is one of the only communities in the region that has a Synchronized Swimming Program for swimmers ages 6-18. Synchronized Swimming is a challenging artistic sport that combined with grace, fluidity and synchronization, allows swimmers to express themselves through music and movement while having fun working together as a team.

They are excited for the new season, beginning the first week of June with practices running on Monday and Thursday evenings and Saturday mornings as well as daily practices the week before the show, which is held on the first Sunday in August. The "Synchro" team welcomes back returning members and always encourages new swimmers of all ages and abilities to join. Highlights of the season include movie night, Fourth of July face painting and cookie table, dress rehearsal, special team luncheon and of course their annual show. They are looking forward to another successful and fun-filled summer where they can once again bring this vibrant community together.



Some members from the 2013 Synchronized Swim Team Show

2014 Tennis Program

The borough would like to inform all tennis players; including all who will be signing up for this year's tennis team that the newly paved courts are almost finished. The work yet to be done is resurfacing the walkway leading to the courts, finishing the main gate and painting the courts. The borough's Public Works Department Supervisor, Jim Thielacker, says that they will need two weeks of warm weather to do the painting due to the fact that the paint will need to cure properly. We hope that everything is complete by mid- or end-of-May, and we encourage players and team members to sign up as they normally do with the tennis application found on page 15.

There will now be a new system in place this season on gaining entry to the tennis courts—this will be a card-access system. Details on how the system will work are also found on the tennis application.

The borough is also planning to have a ribbon-cutting ceremony once the courts are complete. We ask you to contact Cindy Simm, Recreation Director at: 412-351-7330 x220 closer to May to find out the exact date for that event.

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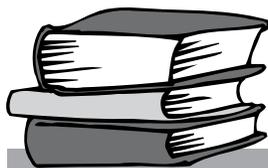
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C. C. Mellor Memorial Library

They have access to all books in the Allegheny County System. You can order books to be delivered there, and you can drop off any books from the county system at their location. It's a great place to visit and run into your neighbors!

Forest Hills Programs for Children

Story hour is held every Monday at 10:30 a.m. with stories, finger plays and a craft. Pre-school and early school-age children are welcome to come. There is no registration required and story hour is free.

Wednesday evening programs will continue on the third Wednesday of each month. School-age children can join us for stories, crafts and games. Programs run from 5 to 6 p.m. and you can sign up in advance at the library or call 412-824-3567. Registration is required by the Monday previous to the scheduled date.

Science Friday continues through the school year on the second Friday of each month at 12:30 p.m. It will be discontinued for the summer months starting in June and replaced with the summer reading program. Please register at the library by the previous Wednesday.

Upcoming Closings

The library will be closed on Friday, April 18, and Memorial Day, Monday, May 26.

Library Book Sale

Ballroom, Edgewood Community House, 1 Pennwood Avenue Edgewood
Friday, March 14; 6:30-9:30 p.m.

Preview Party \$20 a person. No scanners.

Saturday, March 15 & Sunday March 16; 9 a.m. to 4 p.m.

Monday March 17; 9 a.m. to 8 p.m., and Tuesday, March 18; 9 a.m. to Noon—Bag sale

Check out their web-site for more details: www.ccmellorlibrary.org

4th Tuesday Book Club

They have a new name but it's still the same lively conversations about recent fiction and non-fiction titles. The group obviously meets on the fourth Tuesday of the month and at 1 p.m. in the Forest Hills Library. Upcoming books are:

March 25 *Transatlantic* by Colum McCann

April 22 *Wild: From Lost to Found* by Cheryl Strayed

May 27 *The Light Between Oceans* by M.L. Stedman

One Book One Community

Join them as they celebrate the 12th year of One Book, One Community with this year's featured book *Transatlantic* by Colum McCann.

On Monday, March 10, Colum McCann will be at Woodland Hills High School for a video-conference event for students county-wide. You can also participate via live streaming at the library in Edgewood between 9:30 and 10:30 a.m. If you are interested, call the library at 412-731-0909 so they can reserve a computer for you.

Mr. McCann will be speaking on Monday evening at the Pittsburgh Arts and Lecture Series Program. The library will be raffling two tickets for the program on Monday March 3. Stop by the library to enter.

The 4th Tuesday Book Club will discuss *Transatlantic* on Tuesday March 25 at 1 p.m. in the library, or you can join the discussion in Edgewood on Wednesday, April 23 at 7 p.m. in the Board Room.

The Pennsylvania One Book Every Young Child selection for 2014 is *Stripes of All Types* by Susan Stockdale.

The library is holding a silent auction of items based on *Stripes of all Types* throughout April in the Fred Rogers Children's Room in Edgewood. If you are interested in creating and donating an item, contact Erin Pierce Youth Services Librarian at 412-731-0909.

Any child who attends story hour on Monday April 14 at 10:30 a.m. in Forest Hills will receive a copy of the book to add to their home library. A craft and story session is scheduled for Saturday, April 19 from 1-2:30 p.m. at the library in Edgewood. Call 412-731-0909 to register.

Other Events for Children

They offer a full week of story hours to fit into the schedules of busy young families. No sign up necessary is for these free programs. Join the stories, finger plays, songs and crafts at any of these locations:

- Forest Hills Library: Mondays, 10:30 a.m.
- Fred Rogers Children's Room Edgewood Tuesdays, 10:30 a.m.
- Fred Rogers Children's Room Edgewood Wednesdays, 10:30 a.m.
- Churchill Borough Building Thursdays, 10:30 a.m.
- Wilkins Township Community Center Fridays, 10:30 a.m.

Programs in the Fred Rogers Children's Room Edgewood

- Kid Art for 5-8 years olds. March 1 and April 26, 10:30 a.m.
- Tween Crafts for 8-12 year olds. March 1 and April 26, 12:30 p.m.
- Eco-Geeks for 5-8. Nature activities. March 22 and April 12, 10:30 a.m.
- Design Challenge for 8-12 year olds. Limited set of materials—Limited time—Your job to create. March 22, April 12

Read to Rover

March 8, April 5, May 10, 10:30 a.m. To encourage early readers as they read out loud.

The library has Summer Reading Clubs for everyone from toddlers to adults. The general theme for this year is science.

Pre-schooler's and school-age children can register for the clubs at a Kick-off Party on Monday, June 9 at 6 p.m. in the Ballroom of the Edgewood Community House. Call 412-731-0909 to register for the party. If you miss the party, register at the library or on-line. **Fizz, Boom, Read!** For pre-schooler's and kindergartners who want to be read to. Listen to 10 books to complete.

RC Quest Club is for school-age children, grades "K" through six. Children journey through challenges to complete tasks and earn points which can be obtained on-line, at the library, or by attending other community activities and events. To get started visit the library or go to: www.rcsclubhouse.org.

Spark a Reaction Club is for teens and kicks off on Wednesday, June 11 at 6 p.m. with a pizza party and reading club sign up at the library in Edgewood.

Literary Elements Club for adults will be held throughout July. There will drawings for weekly prizes. Sign up at the library.

Volunteering

The library could always use volunteers to join their great team. Someone who is comfortable using the computer system to check patrons in and out is needed on Friday and Saturday mornings. Thanks always to Hank, Eileen, Gwen, Paul, Ester and Connie. If you're interested in becoming a volunteer, call the library during their regular hours.



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**It's time to register for
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BASKETBALL PROGRAM**



The Forest Hills Borough is once again calling all boys and girls, ages 7 to fifteen, who are interested in joining the basketball league this summer, so don't miss out on this fun-filled sport.

Registration is \$35 for residents; \$45 for non-residents. The fee will go towards purchasing t-shirts and equipment, and each registered player will receive their own basketball. Please fill out the registration form shown below and send in with your check or money order by June 20. The program will be Tuesdays and Thursdays, 6 to 8 p.m. starting at the beginning of July and running to the beginning of August (specific dates will be listed in the summer issue), at the Forest Hills Park located on the corner of Ardmore Boulevard and Braddock Road. For more information, call 412-351-7330 x220.

Coaches Joe DeGregorio and Barry Layton will once again be back to run the program, and will include all forms of exercises, clinics and games, so whether you've played before or haven't tried it yet, this program is just right for all the kids.

Please make check or money order payable to the Borough of Forest Hills, and mail to the Forest Hills Borough, Cindy Simm, Recreation Director, 2071 Ardmore Boulevard, Pittsburgh, PA 15221.

Player's Name _____

Address _____

Player's age _____

Phone numbers

Home _____

Cell _____

E-mail address (Optional)

Parent(s) names _____

Please check one:

Resident fee (\$35)

Non-resident fee (\$45)

**Due date to send registration in by:
June 20.**

Spring & Summer Recreation Programs

Health Talk Series

Forest Hills and Churchill Boroughs are sharing a partnership in a series of Health Talks. There's still time to sign up for the next seminar:

Living and Dealing with Arthritis

Join our panel of health care professionals as we talk about arthritis. We'll discuss the current use of medications, therapy, and surgical intervention to deal with degenerative joint disease.

On the panel will be an orthopedic doctor discussing conservative non-operative care, injections and total joint replacement. Also on the panel will be a physical therapist and a pharmacist.

This seminar will be scheduled sometime in April at the Yagle Room at the Churchill Municipal Building. It will be an hour-long session, and free to the public.

When: Saturday, April 5

Times: 10 to 11:30 a.m.

Where: Yagle Room, Churchill Borough Building

Free to the public but seating is limited

R.S.V.P. to Cindy Simm, Recreation Director, Forest Hills Borough, 412-351-7330 x220 no later than March 28

Yoga

As a certified yoga instructor for over 21 years, Theresa Trojanowski will spend 90 minutes helping you relax and unify your mind, body and spirit while improving your health, and easing away stress using breathing exercises, special postures and meditation.

Spring Session—12 weeks

Dates: Mondays, March 31 to June 16

Time: 6 to 8 p.m.

Location: Pool Lodge

Fee: \$40

Summer Session—12 weeks

Dates: Mondays, June 23 to September 15

Time: 6 to 8 p.m.

Location: Pool Lodge

Fee: \$40

Dog Obedience

This class is open to dogs of all ages and tailored to cover all stages of training. Arlene Halloran, certified dog trainer and breeder, will give a basic introduction to obedience commands, teach basic disciplines such as house breaking and chewing, and show you how to develop an enjoyable relationship with your new puppy. Class size is limited to 10 dogs; if necessary, a second class will be added.

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412-351-3062 www.mseye.org

Spring Session – 12 weeks

Dates: Thursdays, March 6 to May 22

Time: 7 to 8 p.m.

Class is limited to 10 dogs; if there are more than 10 dogs registered, instructor will add another class.

Location: Pool Lodge

Fee: \$40

Summer Session— 8 weeks

Dates: Saturdays, June 21 to August 16 (no class on July 26)

Time: 9:30 to 10:30 a.m.

Class is limited to 10 dogs

Location: Pool Lodge Parking Lot

Fee: \$30

Scrap-booking

Looking for quiet time to do what you love? Traditional and digital scrap-bookers and also other hobbyists are welcome. Organize your photographs with this intuitive program taught by Creative Memories Consultant Fran Vislay. This class is geared towards beginners and intermediate participants who want to learn how to preserve their most cherished photographs. Beginner and advanced croppers are also welcome. To get started on the project, please bring two to three photos to the first class, and learn how to create a Short Story card using

simple, quick tools. The completed story card can be displayed or added to an album. Learn tips on simple card making, specialty pages, traditional and digital organizing and cropping techniques. Vislay will help you to start a memory album with those photos that may have been sitting in a closet or an attic and need some well-deserved attention. Each class includes: free idea sheets and attendance gifts, free use of cropping tools and ideas books. Workshop supplies and variety scrap-booking sets are available for purchase. For more information or if you have any questions about the class, call Fran at 412-824-7197.

Beginners' classes for adults and kids are from 6:30 to 7:30 p.m.; workshop is from 6 to 10 p.m.

Spring Session— 10 weeks

Dates: Tuesdays, March 18 to May 27

Time: 6 to 10 p.m.

Location: Forest Hills Senior Center (Avenue D)

Fee: \$55

Summer Session— 10 weeks

Dates: Tuesdays, June 10 to August 19 (no session on July 1)

Time: 6 to 10 p.m.

Location: Forest Hills Senior Center (Avenue D)

Fee: \$55

SPRING REGISTRATION FORM

Name _____ Phone _____

Address _____

Name of Participant	Name of Class / Session	Fee
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____

SUMMER REGISTRATION FORM

Name _____ Phone _____

Address _____

Name of Participant	Name of Class / Session	Fee
1. _____	_____	_____
2. _____	_____	_____
3. _____	_____	_____
4. _____	_____	_____

Send registration form with your check or money order made payable to:

Forest Hills Borough

2071 Ardmore Blvd.

Pittsburgh, PA 15221

Attention: Recreation Department

If registering for more than one class, please submit separate checks or money orders for each registration. Please also identify the class name on your payment. (We do not accept cash transactions.)

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BUSINESS SPOTLIGHT



Fitness Factory 2

Fitness Factory 2 is located at 2400 Ardmore Blvd (in front of the Forest Hills Plaza), 412-351-4967. They offer classes and have a 20,000 sq. ft. facility including cardio equipment and much more.

Here are some of the exercise programs Fitness Factory 2 offers:

Silver Sneakers® is available at the gym facility. They also offer muscle strength training classes—Tuesdays and Fridays at 8:30 a.m., and Yoga classes, at 8:15 a.m., Monday and Wednesdays.

- **Healthways Fitness Program**—Anyone who is 65 and over and has any form of Healthways Insurance can be a part of this program, which is free to participants. You can call your insurance company or just come down and see anyone at the facility for more information. They can get you started as soon as the day you walk in.
- **MSROM: Muscle Strength & Range of Motion**—This class helps with everyday activities that get harder for people when they get older—like driving a car, putting on a coat, or even tying your shoes. This class will help improve overall flexibility, strength and balance, resulting in your ability to stay healthy and maintain your independence.
- **Yoga Stretch**—This class can maintain joints and prevent injuries. Increasing your muscular endurance will also improve muscle tone and restorative breathing exercise which will help you relax mentally.


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Mondays, Tuesdays and Thursdays: 9 a.m. to 3 p.m.
 Wednesdays: 9 a.m. to 7 p.m.
 Fridays: 9 a.m. to 1 p.m.
 Phone: 412-351-7330 • Fax: 412-351-7337
 2071 Ardmore Blvd., Pgh, PA 15221

REAL ESTATE TAX OFFICE

Tuesday and Thursday, 9 a.m. to 2 p.m.
 Extended hours during April and August
 Telephone: 412-351-7348

BOROUGH PERSONNEL

(Dial 412-351-7330 and then extension)
 Borough Manager: *Steve Morus dial 0*
 ALCOSAN, refuse and late fees:
Allison Serakowski x202
 Financial Officer/Treasurer: *Wendy Archer x201*
 Receptionist/Secretary:
Roseann Farkasovsky x200
 Arborist: *Ted Gilbert x205*
 Building Inspector and Zoning Officer:
Pat Earley x204
 Code Enforcement Officer: *Don Branzel x211*
 Public Works Foreman: *Jim Theilacker x207*
 Recreation Director: *Cindy M. Simm x220*
 Assistant Recreation Director: *Lynn Cassidy x206*

ELECTED OFFICIALS

Mayor: *Marty O'Malley x240 or 412-351-7349*
 Tax Collector: *Janet Sullivan x203 or 412-351-7348*

BOROUGH COUNCIL

(Dial 412-351-7330 and then extension)
 President: *Markus Erbeltinger x246*
 Vice President/Public Safety Chair:
Bill Tomasic x242
 President Pro-Tem/Operations & Policy Chair:
Devon Wood x243
 Public Works Chair: *Nina Sowiski x244*
 Finance Chair: *Steve Karas x245*
 Borough Property Chair: *Jim Kiley x241*
 Planning & Zoning Chair: *William Burleigh x247*

EMERGENCY SERVICES

For emergencies and non-emergencies: Call 911, or if 911 fails call: 412-351-4141
 Chief of Police: *Chuck Williams*
 Fire Chief: *Jim Theilacker, 412-351-7330 x401*
 Woodland Hills EMS and Non-Emergency
 Ambulance Services: *Keith Morse*
 412-351-9111 Fax: 412-351-5475
 For a listing of all police officers and their voicemail, call 412-351-7330, then press 9.

PROFESSIONAL SERVICES

Auditor: *Case/Sabatini*
 Engineer: *David Gilliland, Glenn Engineering & Associates*
 Solicitor: *Steve Korbel-Babst, Calland, Clements & Zomnir, P.C.*

Borough Council Meetings:

7 p.m. in council chambers, borough building 2nd floor
 March 19 - April 16 - May 28

Committee Meetings:

Meet in council chambers, borough building 2nd floor

Borough Property, Public Works, Public Safety, Operations & Policy—March 4 - April 1 - May 6
 Finance, Planning & Zoning, Committee of the Whole—March 6 - April 3 - May 1
 Shade Tree & Shrub Committee—March 12 - April 9 - May 14
 Planning Commission—March 19 - April 30 - May 21
 Recreation Board Meetings (first Monday of the month—March 3 - April 7 - May 5)

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Editor/Ad Manager: Cindy Simm—Call 412-351-7330 x220 or send an e-mail, csimm901@aol.com, to submit news, story ideas or for advertising information.

Graphic Designer: Jennifer Lahmers Published in Pittsburgh, Pennsylvania

For Your Information

After their yearlong 90th birthday celebration, the **Garden Club of Forest Hills** members now are focusing on “new”: a new year, with meetings resuming in March; a new president, Kathy Koro-skenyi, who is reaching out to those interested in learning more about gardening; and several new members, ready to participate in club activities.

Joyce Peterson of Overdale Road became Forest Hills’ first Citizen of the Year. Mayor Marty O’Malley and borough council recognized Joyce in December for her years of service to the Garden Club of Forest Hills as well as to district and state organizations. She has represented them well, displaying her flower-arranging skills at events such as the Carnegie Museum of Pittsburgh’s “Art in Bloom” and at Phipps Conservatory and Botanical Gardens.

Something that’s not new for club members, but which they look forward to each year, are their sunny yellow daffodils blooming along Braddock Road and Ardmore Boulevard to welcome motorists to Forest Hills. They’re also anxious to get back to work as the club’s gardens in the main park spring into life.

Forest Hills Garden Club Meetings are held at Hope Lutheran Church and will resume March 6, and continue there on the first Thursday of the month throughout the year. They get underway with business at 10 a.m., followed by educational programs, then light lunches. Guests are welcome, though reservations are recommended.

To learn more about the club, go to the Forest Hills web-site: www.foresthillspa.org, or “like” them on Facebook at www.facebook.com/TheGardenClubOfForestHills.

Members and friends of **Forest Hills AARP #2556** meet at the Forest Hills Pool Lodge on the second Monday of each month, except for June, July, August and December. Each meeting begins at noon with coffee and cookies served by the committee. Occasionally a light lunch will be served for a nominal cost. In case of school being delayed or canceled due to inclement weather, the meeting will be cancelled.

At 12:30 p.m., the meeting is called to order by the president. After recognition of birthdays and anniversaries, reports are submitted by the officers, and the Tours Committee outlines tour opportunities for the members and their friends. The programs are planned by Doris Hoffman and are either entertaining or provide pertinent information for the members.

During the meeting on March 10, members and friends will learn good health practices from the knowledgeable Jeanette Cochman, Doctor of Physical Therapy, part of LIFELINE, a Forest Hills service. At the April 14 meeting, musical entertainment will be provided by Sheila Cartiff. A good old ‘Hoe-down’ will be featured at the May 12 meeting featuring Kenny and Chip. Each meeting also features a fifty-fifty drawing for those in attendance. For further information call Mary Smith at: 412-272-1943.

Past issues of the Tree City Times can be found on the borough’s web-site: www.foresthillspa.org

EDITOR’S NOTE: I wish to thank Mr. and Mrs. Frank Porco, Sr. for their contribution to the newsletter.