



FOREST HILLS TREE CITY TIMES

A newsletter for the community of Forest Hills



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PLEASE NOTE

It is the borough's long-standing policy that we do not accept cash for payments of any kind. The borough office does not have cash on hand nor can staff make change. We appreciate your cooperation.

What Residents Need to Know: Sewer Issues Affecting Property Owners

by Steven Morus, Borough Manager

3 Rivers Wet Weather (3RWW) hosted a joint meeting for Allegheny County communities on June 17 with participants from ALCOSAN and the Environmental Protection Agency (EPA) along with participation by Pittsburgh Mayor Bill Peduto and County Executive Rich Fitzgerald. 3RWW is an organization dedicated to assisting municipalities with adhering to and implementing their consent decrees requiring repairs and maintenance to the sanitary sewer system.

The meeting summarized the status of the work toward improving ALCOSAN's ability to take on all sewage sent to it by member communities as well as outlining key areas for cooperation and regionalization.

Several points raised are especially relevant to Forest Hills residents and property owners. Rather than repeat details from past articles in the *Tree City Times* that address the reasons why the borough and other communities are under a consent decree, this article will attempt to update all on key issues as well as important changes and requirements.

Information contained here is taken from notes from the meeting and as provided by 3RWW.

Significant Issues

- Probably the two most significant issues that affect property owners and taxpayers are the following:
 - EPA seeks to encourage communities in the ALCOSAN System to regionalize sewer systems and repair activities as much as possible. To that end, they encourage municipalities to transfer their main trunk sewers to ALCOSAN control to "assume the burden of maintenance and implementing wet weather controls." Other efforts at regionalization would be welcomed by them as well.
 - EPA is likely to require that municipalities approve an ordinance that will require all property owners to officially inspect and potentially replace or repair their sewer laterals at their own expense.

Repair/Replacement of Laterals

This latter point is important for property owners to understand. The lateral connects the property's sanitary sewer system to the main sewer line controlled by the borough. It is owned by the property owner and not the borough and any inspection costs and replacement costs would be borne by the property owner alone. It is uncertain how such a requirement would be enforced or when it would be required though that is likely to be spelled out in an ordinance.

Continued on page 2

The need to survey laterals stems from issues discussed in previous Tree City Times articles. Basically what is wrong with the system as a whole is that it is antiquated, over developed in some areas, allows water other than that containing sanitary sewage into the system from groundwater sources and storm water and cannot handle major sanitary sewer flows for treatment at the ALCOSAN plant thereby putting untreated sewage into rivers and streams during heavy flow periods.

All ALCOSAN communities have implemented sewer fees of varying amounts to provide funds to meet consent-decree requirements for televising, inspecting and repairing municipal owned sewer lines. The borough sewer fee you pay covers the costs for public sanitary and storm-sewer lines but would NOT cover the cost of inspection, repair and/or replacement of private laterals/lines. To emphasize, the sewer fee you pay may only be used for labor, administrative costs, equipment and materials associated specifically with activities affecting public sanitary and storm sewer lines. As has been noted before, this fee is not likely to go away anytime soon as EPA will require regular, scheduled maintenance and repair for many years to come.

Laterals may contribute to the problem if the property is older or has an older lateral. Many laterals were constructed from terra-cotta pipe or similar materials and may be cracked or no longer have

sealed joints. A deteriorating lateral allows sewage to escape into groundwater and allows water from storms and other water that does not need special treatment into the ALCOSAN system for transport to their plant. Such extra water entering the system and mixing with sanitary sewage creates an overflow that the current plant cannot handle.

There is no indication on when lateral repair or replacement requirements would go into effect. It is difficult to predict the future and there might be other solutions offered to handle this problem. However, the bottom line is that ultimately the property owner will be held responsible and the borough will be required to enforce requirements. In addition, there is no indication as to whether property owners must undertake inspection and repairs immediately upon approval of an ordinance or whether action would only be required when the property is sold or at some other time. At the meeting, lateral repair or replacement was described as one key item that must occur sometime over the next six years.

It should be noted that those who purchased sewer-line insurance coverage from a utility or other source may not be able to use this coverage for extensive lateral work that may be required under a potential ordinance. You should check your agreement for details.

Regionalizing Sewer Systems

The problem from the point of view of some municipalities is that, unlike Forest Hills, they are still paying for work on and construction of these main lines via bond issues and other debt. Turning these lines over to ALCOSAN would still leave those communities with debt expense. The borough does not have any outstanding debt specifically related to any of its sewer lines.

The borough has some responsibility in turning over these main lines: we must

complete televising requirements and we must have the most serious defects repaired before ALCOSAN would accept them. Therefore, there could still be a cost to the borough if these responsibilities remain incomplete.

EPA has an interest in regionalization in ensuring compliance with the Clean Water Act. In other regions where they have taken on similar enforcement related to sewer overflows EPA is dealing with a unified metropolitan area. In SW PA, our metropolitan area is fragmented with the City of Pittsburgh and 129 surrounding communities in Allegheny County alone, 83 of which are a part of the ALCOSAN system. That is frustrating to EPA and has resulted in 83 different consent decrees (not including ALCOSAN) with each community isolated in how they approach the problem thereby requiring EPA to enforce diverse orders with similar requirements over this number of municipalities.

Green Solutions

Recent discussions with municipal, county and ALCOSAN officials involve debate over whether “gray” or “green” solutions should be offered, with “gray” meaning investment in additional infrastructure and “green” meaning use of natural, environmentally friendly solutions like rain gardens, bio-swales and other methods. EPA representatives noted at the meeting that they welcome more green solutions. However, they also reminded those in attendance that ALCOSAN does not own property other than their treatment plant and the main deep tunnel system that brings flows from municipal lines to the plant and therefore ALCOSAN cannot create ordinances to specify green solutions. The burden, they said, would be on municipalities to create and pay for any green solutions recommended.

EPA has agreed to allow ALCOSAN to consider green solutions as part of their

*“The character
of every act depends
upon the circumstances
in which it is done.”*

*Oliver Wendell Holmes, Jr.
(1841-1935)*

Wet Weather Plan document. However, EPA expects that ALCOSAN will not let the potential implementation of green solutions slow progress on accomplishing tasks. ALCOSAN has asked for an extension of the deadline for implementing their interim Wet Weather Plan to Sept. 30, 2032 with progress check-in points every six years. ALCOSAN's initial draft estimated costs at \$2 billion. However, EPA indicates that they may require a more extensive plan with very limited chance for overflows at a cost of approximately \$3 billion.

Further Information

There is much more to know about the sanitary and storm sewer issue and the ALCOSAN consent decree. Past *Tree City Times* articles, some of which are still on the borough's web-site at: www.foresthillspa.org describe the problem and progress over time. Check out both the Environmental page there and the *Tree City Times* page. ALCOSAN sponsors regional public information and input meetings from time to time that are advertised in local media, and will hold an open house on Saturday, September 20, from 9 a.m. to 4 p.m. at: 3300 Preble Avenue on the North Side.

Further information on these issues can be found by viewing the following websites:

www.3riverswetweather.org/municipalities/municipal-consent-orders on wet weather plans and municipal consent orders.

www.3riverswetweather.org/regional-solutions on information on regional solutions to the sanitary sewer/wet weather problem.

www.alcosan.org/WetWeatherIssues/ALCOSANDraftWetWeatherPlan/tabid/175/Default.aspx on ALCOSAN wet weather plan with links to their consent decree.

www.alcosan.org/WetWeatherIssues/tabid/73/Default.aspx on ALCOSAN wet weather issues.

For information from the EPA go to: www.epa.gov/

Several links on the borough web-site's environmental page are also helpful. Go to: www.foresthillspa.org/fhpa-environment.html.



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Arborist Corner by Ted Gilbert, Borough Arborist

In the first issue of the Tree City Times, we discussed how we determine that a tree on borough property should be removed. Only dead, diseased or structurally weak trees were given this consideration. Over the years we have received requests from private property owners to remove borough-owned trees adjacent to their property that did not meet the criteria. In most cases, their request was not approved per Borough Ordinance Chapter 25.

However, the Tree & Shrub Committee in cooperation with Borough Council have decided to consider these private requests and allow removals on a limited basis.

To request a removal, the property owner must submit their request in writing to the borough manager. Requests will be accepted on a first-received basis.

Three of these removals will be permitted each year, however, only one per property. Upon approval, the property owner will be issued a permit by the borough arborist. The tree must be removed within the year of the date of the permit.

The project must include total removal of the tree, all brush, logs and other debris and the resulting stump to a depth of approximately 1-1/2'. A new tree must be planted at the same location on borough property. The new tree will be chosen from a list of desirable trees given to the property owner by the borough arborist. All costs will be the responsibility of the private property owner. This program will start as of January 2, 2015. The borough will continue to remove trees on borough right-of-way as long as they are dead, diseased or structurally weak and in accordance with the borough's budgeted tree-removal program, and as long as funds are available. When considering removing a tree, always remember the value of the tree especially in this "Tree City U.S.A."

If you have any questions or comments, please contact the borough arborist at: 412-351-7330 x205.

Christmas Trees

So you've decided to buy a Christmas tree that will then be planted outside after the holidays? This is possible but may be a challenge. Specific directions will be available in the lobby at the borough office on October 1.



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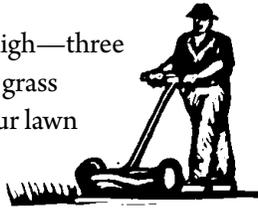
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Environmental Tips That Help

Got Grass? Mow High!

Make your lawn easier and cheaper to maintain by mowing high—three inches is the rule. The roots of your grass grow as deep as the grass grows tall, so taller grass has deeper, healthier roots. Keep your lawn three inches high and never cut off more than 1/3 of the blade each time you mow. A healthy lawn tolerates hot, dry weather better—so you won't need to spend your summer watering and fertilizing.



"Mow high, save time and money." It's that easy.

RESOLVE to protect your drinking water!

Anti-freeze, carpet cleaners, gasoline, pesticides, oil paints, solvents, used motor oil... these items should never be put down the drain in your house or in the street where they can wash into catch basins. Improper disposal allows these items to seep into our ground-water and rivers. So the next time you are house-cleaning or on the move, do the right thing.

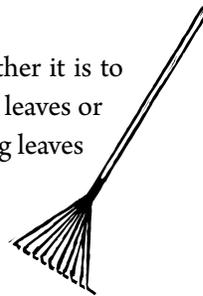


Call the Allegheny County Health Department Water Pollution Control Division at 412-578-8040 to find out how to safely dispose of these items.

Rake it or Leave it!

Rake It!

Follow your community guidelines for yard-waste disposal whether it is to rake it to the curb or place it in paper bags for pickup. Never rake leaves or yard-waste into storm drains, ditches, creeks or the river. Decaying leaves and grass use up the water's oxygen, harming aquatic inhabitants.



Leave It!

Mulch leaves or grass clippings with the lawn mower. Leaves and grass clippings are the best fertilizer for your lawn.

Rake it AND Leave it!

Rake yard-waste into a compost pile for a nutrient rich fertilizer to use on your garden or flower bed.



A Doo-Doo Don't Do

When your pets leave those little surprises, rain washes all that pet waste and bacteria into our storm inlets which drain into our creeks, streams and rivers. This pollutes our waterways. So what should you do? Dispose of it properly—in the toilet or bag-it and trash-it. Then that little surprise gets treated like it should.



Keep Your Feed on the Grass

You fertilize the lawn. Then it rains. The rain washes the fertilizer into the storm-drain which leads to creeks, streams and rivers. This causes algae to grow, which uses oxygen that fish need to survive. Some fertilizers also contain weed killer which poisons our water when it runs off. So please, if you fertilize, follow directions and use sparingly.



For more information, visit the Environmental Protection Agency's web-site: www.epa.gov



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COMMUNITY NEWS

Use your Smartphone to click on the code below to access the borough's web-site.



The **Forest Hills Farmers Market** is still going strong. Every Friday you can find the vendors set up and ready to go between 4 and 7 p.m. at the Forest Hills Presbyterian Church Parking Lot. The market continues to support local vendors with purchasing their goods every week. The market will be open until the very last Friday in October. It will be Halloween this year, so come on out (if you dare) to bid them a farewell until next spring.

This past spring, the **Late Bloomers Garden Club** revamped the bed by Edgewood Acres by taking out some very large grasses and replacing them with rose bushes as well as some potted plants. All of the beds were bright and beautiful most of the summer—they hope you enjoyed them. They do appreciate the “thank you’s” they hear as motorists pass by. They are always looking for ways to beautify the borough.

Their trip to Longwood Gardens this summer gave the members plenty of great ideas for next year’s offerings as well as needed relaxation as a reward for their hard work.

Soon the club will be cleaning them up for their long winter’s nap. Don’t forget to observe the beds throughout the winter months for what some gardeners call “winter interest.” When snow lands on the vegetation that remains over the winter, often beauty prevails, so be on the lookout.

Come join their next meeting held on the second Thursday of every month (7 p.m.) at a member’s home. They have a few new members and are always open to increasing their numbers. If you have a desire to make a difference in this Tree City USA Borough, e-mail them at: latebloomersgardenclub@gmail.com or call

Jerianne at: 412-999-3525 for the location of the next meeting. They look forward to seeing you there!

The Taize Prayer Service, offered at 7 p.m. on the first Friday of the month at **Hope Lutheran Church** of Forest Hills is spiritual, musical, meditative time for Christians of all faith traditions. Light refreshments and casual conversation follow each service. Upcoming dates for Friday Taize at Hope are October 3, November 7 and December 5. At the same time as Taize, Hope offers Kid’s Hour for Children, a time for a craft, short lesson and fun.

This October, Hope will once again celebrate the Blessing of the Pets in remembrance of St. Francis of Assisi’s love for all creatures. Join them on Sunday, October 5, at 4:30 p.m. for the Pet Blessing.

Hope Lutheran Church will gather at Forest Hills Presbyterian Church for the Community Thanksgiving Eve Service on Wednesday, November 26 at 7:30 p.m. Worship leadership will be shared by St. Maurice Roman Catholic, Hope Lutheran and Forest Hills Presbyterian Churches and the joint choirs will also join in the celebration of this service of Thanksgiving.

On Sunday, December 14, Worldwide Candle Lighting Sunday will be observed at Hope in remembrance of all children who have died (gathering at 6:30 p.m.—candle-lighting at 7 p.m.).

Hope will hold mid-week services on Wednesdays in Advent—December 3, 10 and 17. A light meal will be served at 6 p.m. followed by the beautiful Holden Evening Prayer vespers service at 7 p.m. A candle-light service will be held on Christmas Eve, Wednesday, December 24, at 8 p.m.

Visitors are always welcome at Hope’s weekly worship service - Sundays at 10:30 a.m. The Rev. Susan C. Schwartz is pastor of Hope, which is located at 353 Ridge Avenue at the corner of Ridge and Brad-dock Roads in Forest Hills. Contact Hope at 412-242-4476 or Hopeforesthills@aol.com. For more information about Hope Lutheran Church, check out their web-site: www.HopeForestHills.com

The Forest Hills Community Service operates a free bus service within the Borough of Forest Hills for senior citizens and persons with a handicap. The **Flivver** service was started in 1974 through contributions from individual citizens, various local charities and the borough itself. The Flivver continues to be free because of donations made by the citizens, the riders and the volunteer drivers.

The bus is a 10-passenger vehicle—but does not have handicapped lifts—and takes eligible senior citizens (those 55 and older) and handicapped persons to the Forest Hills Senior Center, doctor’s offices, hairdressers, banks, drug stores, grocery stores, etc. On Sundays, the Flivver takes people to church service.

The Flivver operates Mondays through Fridays from 9:30 a.m. to 3:30 p.m. and on Sunday mornings. Riders can call the Flivver at 412-519-3955 to be picked up usually within 15 minutes of their call. This is a great and well-needed service for the community.

The Flivver is always looking for new drivers. You can be trained in a matter of hours. There are so many people in the borough who are grateful for the freedom the Flivver provides. Those who are interested in volunteering three hours a day, twice a month, can call Don Newcomer at 412-708-0511.

Boy Scout Troop 90 meets Tuesdays at 7:30 p.m. at the Forest Hills Presbyterian Church (FHPC). It is open to all boys ages 11-18. Cub Scout Pack 90 meets Thursdays at 7 pm at FHCP. It is open to all boys ages 6-11. For more information contact Beth Brucker at bruckerfamily@verizon.net. For more information, visit the scout web-site: www.foresthillspack90.us.

For over 55 years, the **Forest Hills Lions Club** has served communities less fortunate. They supply glasses to the needy, and collect your used glasses for distribution to third-world countries. The collection boxes are found at the borough building office, in Bob’s Barber Shop in Chalfant,

Churchill Vision Center, Beulah Church, Cost Building-Optical Shop (second floor), Jodi-B's Restaurant, Lanigan Funeral Homes, Peter Paul's Hair Salon, Forest Hills Senior Center and Toby's Pub in Chalfant.

Their fundraisers include White Cane Days, Sight Seal Mailing and Holiday Nut Sale. Over the years, the club has provided seeing-eye dogs; a Braille writer and an eye implant operation for a child. They help to support Beacon Lodge, a summer camp for the blind. They also constructed a War Memorial and assisted some needy war veterans. Men and women interested in becoming a member should call 412-829-7888.

Whether you're a seasoned pro or a novice just looking for an opportunity to meet new neighbors, now's the time to join the **Forest Hills Manor Bowling League**. Come for the entire 30-week season (begins in September) or "sub" on an occasional basis when it's convenient.

The league extends an invitation to all Forest Hills Residents (individuals and couples) to bowl on Tuesday evenings at the New Great Valley Lanes in North Versailles. For more information, call Larry or Sandy evenings at: 412-271-6319.

Neighbor-to-Neighbor Campaign

Link-Age-to-Age is a volunteer organization dedicated to connecting Forest Hills residents to available services. Since it began two years ago, Link has broadened its scope, and now reaches out to newcomers in the borough as well as to its older adults.

Over the summer, volunteers talked about local resources with those who visited the Link-Age-to-Age booth at Community Day. They also provided Eastern Area Adult Services handbooks, Link Fact Sheets and Neighbor-to-Neighbor Postcards—all of which are available at the Forest Hills Senior Center on Avenue D (412-824-5610).

In Link's latest undertaking, volunteers deliver Welcome Kits to new "Tree City" residents. Materials in the packets provide details about borough facilities, such as its swimming pool and parks, as well as about its procedures and services.

The Neighbor-to-Neighbor campaign continues as well, with Link's yellow postcards for sharing emergency contact information available at the Forest Hills Municipal Building and senior center. (A form also may be found in issues of *Tree City Times*.)

During the coming months, Link volunteers will be evaluating the organization's offerings, including the free community forums in the spring and fall. Written comments and suggestions are welcome; these may be sent to Link-Age-to-Age, in care of the Forest Hills Senior Center, Avenue D, Forest Hills, PA 15221.



Display on your refrigerator door, share a card with your neighbor and mail or bring in the card to the borough office so the police can store this information. Sharing this information with your neighbors will enable them to help you in case of an emergency.

Your Name _____
 Address _____
 Home Phone _____ Cell Phone _____
 In Case of Emergency, Contact _____
 Phone _____ Relationship _____
 Second Emergency, Contact _____
 Phone _____ Relationship _____
 Medical Conditions/Care Needs _____

Neighbors helping neighbors—REMINDER

With the winter weather coming soon, heavy snowfall puts the elderly and those with health conditions physically unable to handle the daunting task of keeping the snow off sidewalks and paths, thus leaving many stranded in their homes. To ease the situation, the borough asked volunteers or others to allow us to place their name on a list so that those in need of help know who they might call. The list is posted at the borough office. It is up to those in need of help to make arrangements with a volunteer or paid snow removal service on that list. The borough only compiled the list as a service and takes no responsibility beyond that, including making arrangements for help, for the quality of work done, etc. Others who may be interested in helping will be added to the list if they contact the borough office at 412-351-7330. Those who think they may need this type of service should review the list in advance of winter weather. Let's all try to be a good neighbor and help when help is needed.

Here's What's Happening in the Neighboring Communities

On Saturday, September 20 from 1 to 4 p.m., The Western Pennsylvania School for the Deaf (WPSD) will hold its annual Community Block Party. It's a great afternoon for the whole family including games for the kids, hearing screenings, a car show, children's talent show and so much more. The party is free and open to the public. It takes place on the WPSD campus at the corner of Walnut Street and Swissvale Avenue in Edgewood. This is a rain or shine event.

And check out the web-sites for Wilkins Township and Edgewood Borough:

Wilkins: www.wilkinsborough.com/deptparksrecreation.htm
 (Wilkins Township Office, 412-824-6650)

Edgewood: www.edgewood.pgh.pa.us/edgewood-recreation.htm
 (Edgewood Recreation Director, 412-242-4824)

Clip-n-save

REAL ESTATE TAX DATES TO REMEMBER:

Borough real estate tax bills are mailed March 1

Due at discount by April 30 or due at face by June 30

School real estate tax bills are mailed July 1

Due at discount by August 31 or due at face by October 31

TAX TIME

All unpaid 2014 Forest Hills Borough Real Estate Taxes are now due at the penalty amount as indicated on the tax bill and can be paid to the tax collector until December 12.

All unpaid 2014 Woodland Hills School Real Estate Taxes are due at the face amount by October 31. If you have chosen to pay your school taxes in three equal installment payments, and have paid the first installment by the August 31 due date, the second installment is due by October 31.

For questions regarding real estate taxes, please call Janet Sullivan, Tax Collector at: 412-351-7348.

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Municipal News

Recyclable Pick-up in Forest Hills

There has been some concern from residents with regards to recycling pick-up on their streets. We checked with Waste Management and they informed us that on some small streets they only use a small truck which is considered a "one-pass truck." This means that the trash goes into the large part of the truck but there is a large bag in the rear of this truck on the side where the recycles are placed, so residents are asked to continue to recycle on the designated days.

THE BOROUGH BULLETIN BOARD

LEAF COLLECTION

The Public Works Department will start their annual leaf collection at the beginning of October and finish up by mid-December (weather permitting).

The Public Works Crew asks that you do not place any other debris (sticks, grass clippings, dead flowers, etc.) in with the leaves because they tend to clog the machine and will take extra time to clean the equipment.

The crew also asks to not place leaves on top of any rock gardens due to the fact that the rocks will also be lifted by the vacuum along with the leaves and because the vacuum is so powerful it could damage the machine.

If you cover leaves (tarp, etc.) and then place bricks on that covering, the piles must be placed behind the curb and not on the roadway which will prevent any type of road hazard.

TRASH COLLECTION—HOLIDAY SCHEDULE:

Labor Day, Monday, September 1

When the holiday falls on a weekday, no trash or recycling is collected on these holidays. The trash collection day for those whose scheduled day falls on any of the recognized holidays occurs the day after the holiday. The scheduled collection day for all others that fall after the holiday is then delayed one day. Collection days prior to a holiday in a given week are unaffected.

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POLICE DEPARTMENT NEWS

I.D. Theft and Credit Cards by Police Chief Chuck Williams

During the past year, the police department has taken numerous reports from residents concerning the use of their I.D. to acquire tax return refunds as well as fraudulent use of credit card information. Some of these things are beyond individuals' control, however, in some cases we find unscrupulous individuals calling by phone, e-mailing or texting in an attempt to gather personal information from unsuspecting residents. They try in many different ways to extract bank, credit card, social security numbers and other pertinent data they can later use to open accounts or take out fraudulent loans using that person's identification or information.

Another way is through the foreign lottery scam where somehow you have won money abroad and now need to send money to receive your prize. Always remember, "if it sounds too good to be true..."

They may also try the stranded relative who needs money sent through Western Union to help them get back home.

Before you act on anything like this, always consider it may just be someone out there looking to take advantage of you. Many of these scammers are from outside the United States and know they are unreachable by law enforcement.

Never give personal information over the phone, through email or text. Legitimate organizations like your bank, credit card issuers or the Social Security Administration will never ask for personal information.

Always be suspicious when dealing with those who want your information, it requires hours of time and effort to straighten out just a moment of indiscretion involving your personal information.

Forest Hills Hayride 2014

On Saturday, October 18, the community of Forest Hills will once again celebrate a tradition that has spanned over 16 years.

Starting at 6 p.m., the borough's annual hayride, sponsored by the Forest Hills Police Department, the Forest Hills Volunteer Fire Department and the Forest Hills Public Works Department, and held at the Forest Hills/Westinghouse Lodge on Barclay Avenue, will again entertain everyone of all ages with a three-mile ride on one of hay wagons. Face painting and a huge bonfire are just some of the other activities that will take place that night..

Free refreshments will be served in the lodge, so come and enjoy a fun-filled evening under the autumn stars, and meet and thank the men and women who protect and serve our community.



Join Forest Hills Borough on Twitter

Follow us at @ForestHillsBoro to get information or announcements on upcoming borough-sponsored events.

The borough's use of Twitter is limited to providing information, public service announcements and updates. Under a policy approved by council, the Twitter account's use is limited to notifications directly related to Forest Hills Borough. It will not be used to advertise non-borough functions or activities of local businesses or groups. It also does **not** replace the need to call 911 should you have any emergency or should you need to contact the police for a non-emergency reason. Any information related to emergencies that may be placed there will come after an emergency has occurred so you should not rely on Twitter as your main source.

Examples of information provided via a tweet:

- Notice of upcoming meetings or meeting cancellations or changes.
- A reminder of borough events like Community Day or the hay-ride.
- Information on crime-alert announcements (when available or timely).
- Special activities like Arbor Day celebrations or recreation events.

The borough's twitter account is not monitored to engage in conversation or to permit users to provide information to the borough. Residents and taxpayers should continue to contact the borough office to provide information or ask questions and use 911 for any type of public safety matter.

Join us on Twitter or get an account at [Twitter.com](https://twitter.com/ForestHillsBoro) then make sure to follow us: @ForestHillsBoro.



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Rotary News



The Rotary Club of Forest Hills Is Currently Seeking New Members

Would you like to make a difference in your local schools? Would you like to make your community a better place to live? Would you like to create lasting relationships with other business professionals in the area? Would you like to help eradicate Polio, provide safe drinking water and improve the lives of those less fortunate? If so, then you should join the Forest Hills Rotary Club.

The Forest Hills Rotary Club is a multi-racial, non-political, non-faith-based group that works to improve the world locally, nationally and internationally. Since 1947, the Rotary Club of Forest Hills has: hosted foreign exchange students in four area high schools, and has promoted the benefits of education by providing funds for scholarship programs, supported rotary's ideals on a high-school level through Interact Clubs, and distributed dictionaries to students at their local public, propel and parochial schools.

Their fundraising efforts allow them to donate money to families at a time of crisis, help the less fortunate at the holidays, and assist local service organizations such as: the Greater Pittsburgh Community Food Bank, the Forest Hills Flivver Van Service, the Forest Hills Fire Department, the Forest Hills Police Department, and many other local community projects.

Internationally, the Rotary Club of Forest Hills has funded projects that bring clean, bacteria free water to thousands of children and adults in Honduras, Rwanda, Nigeria and Cambodia. And, thanks to the club, Rotary International, and many other Rotary Clubs around the world, Polio has practically become an illness of the past.

The Rotary Club of Forest Hills meets Wednesday mornings at 7 a.m. at Drew's Restaurant. For more information about joining the club and how you can make a difference, contact Bonnie at 412-244-9901.

Flivver Recognition Ceremony

On Wednesday, May 28 members of the Rotary Club of Forest Hills hosted a special recognition ceremony for three Flivver Van Service Drivers who recently retired. Retired drivers Jack Kerns, Pat Brennan and Frank Sabino all received recognition for their 20+ years of volunteer service as a Flivver Van Driver. The Flivver is a non-profit community van service started 40 years ago as a way to provide local transportation for seniors and the disabled to businesses and services in the Forest Hills area. The Flivver is managed by the Forest Hills Community Service, Inc. organization.



Pictured from left to right are Flivver Van Board Member and Scheduler, Mr. Roger Cunningham, and retired drivers: Frank Sabino, Pat Brennan and Jack Kerns. Also pictured (far right) is Rotary Club President Dr. Bob Dove.

Jack Kelly Award Sponsored by the Forest Hills Rotary



On June 29, the Rotary Club of Forest Hills presented a \$1,000 Medal of Honor Scholarship to a local Woodland Hills High School Senior, Brooke Taylor. Ms. Taylor, a resident of Forest Hills, graduated from Woodland Hills High School with high honors; along with a course-load of various AP classes, she maintained a 3.95 QPA, and finished her senior year with a 4.2 GPA. Brooke served as senior class president, homecoming queen, a member of the National Honor Society, and winner of the 2014 Gene Kelly Award for Best Supporting Actress.

Brooke Taylor

She has been involved with the high school's spring musicals for eight years, held several leading roles, and was the vice president of the program. She was a member and captain of the field hockey team and a four-year varsity letter winner. Brooke was also a member and vice president of the chamber choir. She held several class officer positions, and has been a member of the student council throughout high school. She was a member of the school's gifted program, Interact Club, Expect Respect Club, and Student Leadership's Anti-Bullying Program.

Outside of school, Brooke enjoys volunteering in her community. She is a religious school aide for St. Maurice Parish, and also helped with their vacation bible school program. Through her involvement with the Interact Club, Brooke has volunteered at events such as Project Bundle-Up, Race for Pace and Junior Achievement. Brooke is especially passionate about her involvement in fundraising for Barbara Lee's Fast Track to a Cure for Huntington's disease.

Brooke will be attending Dickinson College in the fall, and plans to study International Business.

2014 Rotary Chili Cook-off

Forest Hills Rotary held their annual Chili Cook-off fundraiser in May and added a free Jazz Festival which was sponsored by Campayno Consulting Services. Chris Fennimore from WQED was the celebrity judge. He is shown here with the first prize winner, Michael MacKenzie of Forest Hills (right). The money raised from this event goes back



into the community by way of donations to the Forest Hills Police, the Forest Hills Fire Department,

dictionaries for third grade students in the Woodland Hills School District, scholarships and other areas as the need arises. Past President Bob Dove is shown handing over a check to Chief Chuck Williams for the police department and one for the fire department (left).

Rotary's mission is "Service Above Self," and their goal is to promote peace throughout the world. To learn more about Forest Hills Rotary, you can "like" them on Facebook.

Winner of Rotary Spelling Bee



Pictured left to right: Gladys Maharam, the Forest Hills Rotary Club's Spelling Bee organizer and Livia Freiwald, winner of the Forest Hills Rotary Club's Spelling Bee and 3rd Place Winner of the Rotary Club District 7300/7330 Spelling Bee competition held last weekend at their Regional Conference at Seven Springs Mountain Resort. Livia received a \$250 savings bond from the rotary for her efforts.



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Forest Hills Tennis Court Ribbon-cutting Ceremony



Forest Hills Tennis Court Ribbon-cutting Ceremony held on Friday, July 4. Pictured from left to right: Senator Jay Costa, FH Councilwoman Devon Wood, Councilman Bill Burleigh, Congressman Mike Doyle, Former Tennis Coach Mark Paull, Recreation Board President Barry Layton, Mayor Marty O'Malley, 2014 Tennis Coaches, JoAnn Seman and Marley Shovlin and FH Borough Council President Markus Erbeidinger.



"The newly renovated courts at the Forest Hills Tennis Center are among the most state-of-the-art in the Pittsburgh region. All three courts now feature the popular blue-on-green color scheme of the US Open Series, and are configured for the USTA standard 10 & Under Tournament Tennis Format which is increasingly seen across America today.

Now both adults, teens and children can learn and compete at the same play level on the same courts. By using age-appropriate equipment and balls, the youth of Forest Hills can develop at a much faster rate than ever before. With season passes and instructional programs available throughout the summer, now is a great time for new and experienced tennis enthusiasts alike to take advantage of this top-of-the-line facility," stated Mark Paull, former tennis coach.

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Forest Hills Nursery School will be celebrating their 50th year when classes resume on September 3 at the Forest Hills Presbyterian Church. The school was established in 1964 by the Junior Women's Club of Forest Hills.

The school offers three classes: Mondays, Wednesdays, Fridays; Tuesdays-Thursdays—five days a week. Classes are from 9 to 11:30 a.m. On Wednesdays and Thursdays, the children may bring a lunch and stay until 1 p.m. There are 16 children per class with one licensed pre-school teacher and at least one other adult. FHNS is a private, state licensed pre-school. For more information, contact Sally Sabino at: 412-351-5054, or Betsy Wolf at: 412-241-9414 or 724-744-1061.

Christ Lutheran School is open for tours all year round. Christ Lutheran School and Child Care Center has programs for infants and toddlers as well as pre-school through grade 8. Come and see them in action and see why families are choosing them to be their "school of choice." Families like the Christian family atmosphere, the quality academics and the small class sizes that promote quality learning for their child. Each child is treated as an individual, created by God, with individual talents and gifts. If you are interested in visiting the school or would like more information, please call the school at: 412-271-7173.

Christ Lutheran's Upcoming Events:

Free Family Movie Nights

The community is invited to join them for monthly family movies throughout the year at 6 p.m. Families are welcome to come in their PJ's and bring a blanket/pillow for comfort. The scheduled dates for the fall include: September 13 and October 11.

Free Family Fun Nights

The community is invited to join them on the fourth Saturday of the month for Free Family Fun Nights. The theme of Fun

Night will change each month. Watch their Facebook Page for upcoming themes, www.facebook.com/ChristLutheranPTO@gmail.com.

Comedy/Auction Night

November 8 is their annual Comedy/Auction Night. The community is welcome to come for good laughs and delicious food while supporting quality education for children, infant through grade 8. Call the school for pre-paid tickets: 412-271-7173 or e-mail your questions to: ChristLutheranPTO@gmail.com.

Dessert Fair

December 6 from 1 to 4 p.m., enjoy delicious homemade desserts just in time for the holidays. Three different size containers are available starting at \$5.

Live Nativity

Come and experience what Christmas is all about on December 13 from 6 to 8 p.m. Children and adults will enact the Christmas Story live. Weather permitting - it will be held outdoors so dress warm. This is an experience you won't want to miss. Bring a friend and enjoy the evening together sipping hot chocolate and eating holiday goodies.

Trinity Christian School Fall Events

Located at 299 Ridge Avenue in Forest Hills, Trinity Christian School begins the 2014-2015 school years on Wednesday, August 20, and is currently accepting applications for kindergarten through grade 12. Upcoming events during the fall semester include:

The school drama production will be presented on Thursday, November 20 through Saturday, November 22. All shows will begin at 7 p.m.

The Elementary Christmas Program will be held on Friday, December 12 at 7 p.m. in the school auditorium. It will be an enjoyable evening of songs celebrating the true meaning of Christmas. Before and after the program, the Annual Christmas Shoppe will be open in the school library, with quality gifts, handcrafted items and baked goods available for purchase. Proceeds benefit the school.

The school band and choir concert will be held in the school auditorium on Thursday, December 18 at 7 p.m.

For more details about any of these events, contact the school at 412-242-8886.

For 60 years, Trinity Christian School has provided an outstanding Christian education to students from the greater Pittsburgh area. The school follows a classical approach to learning, combining knowledge, reasoning and communication across the spectrum of subjects. Trinity also offers extra-curricular activities such as drama, band, choir and sports. For more information or to schedule an appointment to visit, call the school at 412-242-8886. You can also visit the web-site at: www.trinitychristian.net to learn more about the school and its mission, faculty, curriculum and programs.

East Catholic Students to see Production of Aladdin

The leader in educational theatre since 1989, the Windy City Players National Touring Company, will visit East Catholic School on October 1. The Windy City Players presents educational interactive productions in over 1,200 schools for nearly a half a million students every year.

The company will perform Aladdin for the students of East Catholic School. The tale is familiar to children through the popular 1992 Disney film, but this three-person company has more in common with the original tale from 1001 Arabian Nights.

The production is set to entertain and educate students in Kindergarten through grade 5. Three trained adult professional actors portray nine different characters over the course of the 45-minute production.

This interactive theatrical experience engages students and faculty alike. A "Q&A" period follows the performance, and a study guide for each class will make sure that the students will continue to have an enriching experience well after the actors have taken their final bow.

Perfect for Pre-schooler's Storytime

Boo! A Halloween Storytime, Thursday, October 30.

East Catholic School's "Perfect for Pre-schooler's" this fall will include a special Boo! Halloween Storytime, on Tuesday October 30, at 7 p.m. in the school cafeteria. Children can wear their costumes to this story time that is "Halloweeny," with ghosts and monsters and other Halloween characters. It has been created with young children in mind, and it is not designed to be scary in any way.

Reading, telling and singing stories, talking about stories and creatively acting them out is all activities that are gifts that last a lifetime. Sharing the delights of books, poetry, rhymes, and songs are experiences your child can share at East Catholic's "Perfect for Pre-schooler's" storytime.

This is a free program that includes stories, rhymes, songs and crafts designed to entertain and engage children two to five years old and give them a positive introduction to books and the habit of reading. Each program features engaging books, favorite stories and lively activities.

Their monthly storytime will be scheduled 12:30 to 1:30 p.m. on the second or third Wednesday from October through April in the school's library. The first story time date is Wednesday October 15, with the theme "Fall Fun." Registration is required.

They invite all children along with their parent(s) or guardian(s) to come and visit storytime at East Catholic Library. You can register by calling the East Catholic School Office at: 412-351-5403 during school hours (8:30 a.m. to 2 p.m.).

Last day for registration each month is the second Monday. The first deadline is October 13.

Dates for their pre-school story time for the 2014-15 school years are as follows: October 15, November 12, December 10, January 14, February 11 and April 15.

Upcoming School Events

August 25 - School begins

August 27, 7 p.m. - Open House for Parents

September 22-26 - Scholastic Book Fair

September 26 - Donuts with Dad

October 1 - The Windy City Players will present "Aladdin"

November 1- St. Maurice Family Festival

November 2 - Vera Bradley Bingo in Keane Hall – all funds raised help the library and the East Catholic Robotics Club and Fine Arts Club. Start time is 1:30 p.m.

Woodland Hills Foundation—Save the Date!

Make Valentine's Day special by joining them at the sixth annual Chocolate & Diamonds Affair, Saturday, February 14. Choose a gift you can be sure your sweetheart will love from among their beautiful silent auction items, which include jewelry and sports collectibles. Enjoy all the chocolate your heart desires, and a fabulous dinner at the Edgewood Country Club. Best of all, one lucky Valentine will take home a dazzling diamond necklace—and all proceeds go toward student scholarships and mini-grants. Visit: www.woodlandhills-foundation.org for more information on this year's event and how to RSVP.

Mini-grants—Fairless Study and Swim

Every year the Woodland Hills Foundation awards mini-grants to teachers with creative teaching ideas. This past year (2013-14), the Foundation awarded a mini-grant to Jasen Larabee for his Fairless Study and Swim Program. Every year in the United States, 10 people die from accidental drowning. African-American children are three times more likely to drown than

white children. Forty students from Fairless participated in the Study and Swim Program, which transported them from Fairless to the junior high pool after school for 40 minutes of homework and 40 minutes of swim instruction once a week for four weeks. Students were taught basic water safety skills, how to be safe around water and pools, how to swim with a buddy, and low and intermediate swimming skills. Students not only improved their swimming skills, but they developed relationships and improved their math and reading skills.

Like them on Facebook! Tweet them @ WHFoundationPGH.

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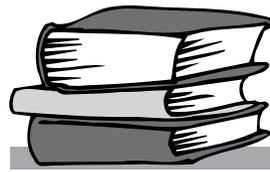
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Book Clubs - For Adults

The Drop Dead Book Club will meet at 7 p.m. in the board room in Edgewood on the second Wednesday of each month. On the agenda is:

- September 10 - *Shadow of the Wind* by Carlos Ruiz Zafon
- October 8 - *Square of Revenge* by Pieter Aspe
- November 12 - *Cairo Affair* by Olen Steinhauer
- December 10 - *Tatiana* by Martin Cruz Smith

The 4th Tuesday Book Club meets at the Forest Hills Library at 1 p.m. to have lively discussion of recent fiction and non-fiction books. Upcoming titles to be discussed are:

- September 23 - *Minaret* by Leila Avoudelela
- October 28 - *Poe's Shadow* by Matthew Pearl
- November 25 - *And the Mountains Echoed* by Khalea Hosseini
- December 23 - *The Christmas Train* by David Baldacci

You can borrow copies of any of the above titles as a book, in large print or on CD. Join them. It's free and it's fun!

Poetry Reading

Enjoy poetry? Come and listen to original works by members of the Squirrel Hill Poetry Workshop as they read their works. The poetry is moving, amusing, thought-provoking and interesting. The reading is on Saturday September 20 at 1 p.m. in the C. C. Mellor Library Edgewood's fiction room. Refreshments will be served.

Drivers Training

Register by September 30 for AARP driving classes which will be held in the living room of the Edgewood Community House. The Basic Driving Class will be offered on Tuesday October 7 and Wednesday October 8 from 9 a.m. to 1 p.m. This eight-hour class is a brush-up on safe driving practices and new driving laws. Successful completion of the class can result in savings on insurance premiums. A refresher course will be held on Tuesday, October 21 from 9 a.m. to 1 p.m. in the living room. To participate in the refresher course you must have already completed the basic class. You need not be an AARP member to participate. Register by calling the library.

Join one of the Community Groups that meet weekly at the library in Edgewood

- Clutterer's Anonymous
Mondays, 6:30 p.m.
- Toastmasters
Tuesdays, 6:30 p.m.
- Backroom Quilters
Thursdays, noon to 3 p.m.

Arts and Crafts Fair

They're looking for vendors for this annual fair which will be held on Saturday December 6 and Sunday December 7 in the ballroom of the Edgewood Community House. There's room for 30 local artists from a variety of mediums to show and sell their original works. If you would like to hear more about the fair, contact Sally at 412-731-0909 or e-mail her at: bogies@einetwork.net.

If you are a shopper, they feature a wide variety of high-end crafts including photography, jewelry, pottery, leatherwork, clothing and home accessories. In addition the Edgewood Garden Club

will be there selling holiday greens as well as the Edgewood Fire Department with luminaries. Sale hours are 10 a.m. to 4 p.m. on December 6 and 7. Come shop for original work.

Programs for Kids

Family Story Time—For Kids and their Caregivers

- Mondays, 10:30 a.m. - Forest Hills Library
- Tuesdays, 10:30 a.m. - C.C. Mellor Library Edgewood
- Wednesdays, 10:30 a.m. - C.C. Mellor Library Edgewood
- Thursdays, 10:30 a.m. - Churchill Borough Building
- Fridays, 10:30 a.m. - Wilkins Township Recreation Center
- Fridays, 11:30 a.m. - Baby Lapsit C.C. Mellor Library Edgewood

No story hour week of August 11

Check out their fall Saturday activities for school-age kids. Each Saturday they have something different planned in the Fred Rogers Children's Room in Edgewood. The schedule changes so check the web-site at: www.ccmellorlibrary.org. Activities include such things as Eco-Geeks, Read to Rover, Build It and Open Art.

Friend and Me Princess Tea (Little princesses and their favorite grown-up) Join them on Saturday September 20 at 11 a.m. in your fanciest dress for princess stories and crafts.

Halloween Parade - Come in costume and enjoy a costume parade around the neighborhood, a magic show and pizza. Call early, space is limited to the first 100 children.

Superhero Day - All superheroes are welcome for an hour-long event full

of action stories and superhero activities. Come as your favorite hero on Saturday, November 22 at 11 a.m.

Gingerbread Houses - Start your holiday season off right by building a gingerbread house. They provide the supplies—you provide the creativity on Wednesday, December 3 at 6 p.m.

Pokémon Club - They've revived Pokémon at the request of some of their younger users. The Pokémon Club meets on Thursdays at 4:30 p.m. Join the Fun.

Science Fridays continue at the Forest Hills Library on the second Friday of each month (September 12, October 14, November 11, and December 9) at 10:30 a.m. This is a great opportunity for "home schoolers" in the primary grades to have a science activity with other students.

Registration is required for all the Special Fall Activities.

Wednesday evening programs return for the school year. On the third Wednesday of each month (September 17, October 15, November 19, and December 17) at 5 p.m. elementary kids can come for stories, games and an art project.

Paperback Exchange

A free paperback exchange is available to residents in the Forest Hills Borough Building. Paperbacks, mostly fiction, come from donations and are available for one-to-one swapping. The Rotary Club of Forest Hills partners with the library and does the monthly rotations.

Upcoming Closings

The library will be closed on Monday, September 1 and Wednesday, November 26. The library is opened on all other holidays during the fall.

Volunteering

The library could always use volunteers to join their great team. They have a dedicated group whose help is invaluable. Thanks always to Hank, Eileen, Paul, Gwen, Connie and Ester. A special thanks to their new teen volunteers, Kaelyn and Amelia for all their help this summer. If you are interested in becoming a volunteer, call the library to find out when you are needed.

LIBRARY LOCATION AND HOURS

C. C. Mellor Memorial Library: 412-731-0909

Monday-Thursday 10 a.m. to 8 p.m.

Friday 10 a.m. to 5 p.m.

Saturday 9 a.m. to 4 p.m.

Forest Hills Branch: 412-824-3567

Monday, Friday, Saturday 10 a.m. to 2 p.m.

Tuesday, Wednesday 4 to 8 p.m.

Visit their web-site at
www.ccmellorlibrary.org

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9:30 a.m. & 5 p.m.

Reformation Day Lecture
Friday October 31st, 7:30 p.m.
Guest speaker Professor B. Gritters
of the Protestant Reformed
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**Thanksgiving service will be held on
Thursday, November 27th at 9:30 a.m.**
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BUSINESS SPOTLIGHT



Rehabilitation Physicians
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Opened back in July, this new and innovative practice, Rehabilitation Physicians of Pittsburgh, located in Forest Hills and founded by Justin Berthold, DO, provides the best care in musculoskeletal medicine by treating you as a whole person and focusing on your function and “quality of life.” They understand patient’s needs and value your trust. Through a unique micro-practice delivery model, they are able to provide you with the time and attention that you deserve. They believe that this basic approach to medicine will create better outcomes for their patients and advance the community.

Dr. Berthold was born and raised in Forest Hills. He received his specialty training in Physical Medicine and Rehabilitation from the University of Pittsburgh Medical Center (UPMC), and then formed the **Rehabilitation Physicians of Pittsburgh** to provide the highest level of care for his patients.

In addition to his clinical practice, Dr. Berthold is also on the faculty of the Lake Erie College of Osteopathic Medicine (LECOM) at Seton Hill.

“My aim is to bring a personalized approach to patient care by giving patient’s the amount of time and attention they deserve. I take care of a variety of injuries, mostly non-surgical orthopedic and pain conditions. My specialty is Physical Medicine & Rehabilitation and I was trained at UPMC,” states Dr. Berthold.

Here are just some of the treatments performed at the office—the full list in addition to other pertinent information on Dr. Berthold’s practice can be found on their web-site: www.rehabpgh.com.

Conditions Treated:

Sports-related injuries
Concussions and return-to-play protocol
Back and neck pain
Joint pain and arthritis
Fibromyalgia and myro-facial pain

Procedures Performed (in-office):

Diagnostic Ultrasound
Tendon/Ligament Procedures
Joint Injections (Ultrasound-guided)
Trigger Point Injections/Dry Needling



Justin Berthold, DO

The job of a rehabilitation physician is to treat any disability resulting from disease or injury, from sore shoulders to spinal cord injuries. The focus is on the development of a comprehensive program for putting the pieces of a person’s life back together after injury or disease—without surgery. Rehabilitation physicians take the time needed to accurately pinpoint the source of an ailment. They then design a treatment plan that can be carried out by the patients themselves or with the help of the rehabilitation physician’s medical team. This medical team might include other physicians and health professionals, such as neurologists, orthopedic surgeons, and physical therapists.

By providing an appropriate treatment plan, rehabilitation physicians help patients stay as active as possible at any age. Their broad medical expertise allows them to treat disabling conditions throughout a person’s lifetime.

The office is located in the heart of Forest Hills—144 Forest Hills Plaza, Pittsburgh, PA 15221. To schedule an appointment, call the office at: 412-816-1400.

For more information, visit their web-site: www.rehabpgh.com.

Information provided in this article from: www.rehabpgh.com

Eagle Scout Project Benefits Forest Hills Pool Concession Stand

by James (JD) Galloway

For many years the Forest Hills Community Pool has been a great place for friends and families to get together and have a blast. However, after 41 years of constant use and exposure to the elements, the pool's concession stand was starting to "show its age," and didn't give the pool the justice of how great a place it really is.

As a member of the Forest Hills Swim Team, a staff member of the pool, and as a teenager who always likes to meet friends and get food at the concession stand, I quickly came to the realization that the concession stand could be renovated and turned into an inviting and fun place for everyone. Plus, I realized that I could make this dream a possibility as part of my requirements to become an Eagle Scout in Troop 90 (Forest Hills).

As a Life Scout, the rank just below Eagle Scout, I needed to complete an Eagle Scout Project, where a Life Scout shows his ability to lead his peers in accomplishing a project. I knew this would be the perfect project for me, and it would benefit the entire Forest Hills Community including the pool. With the support of Public Works Foreman Jim Theilacker and Pool Manager Lynn Cassidy, I started off on my long-time consuming journey down the path for a new, bright and inviting concession stand.

It all started with planning—finding out what materials might be needed, what supplies would be used, and what exactly I was going to renovate. I decided that I needed to replace the countertops, refurbish the back door, replace the screening where the customer's order, replace the windows and re-paint the entire building. Of course I had to find ways to pay for the entire project, so the borough graciously allowed all proceeds from the Annual Adult Winterfest to go towards my project since it would benefit the pool. I also sent out e-mails to the Forest Hills Swim Team and the Synchronized Swim Team Families, asking for donations. On top of this, I went to Sherwin Williams, Lowe's, and Home Depot asking for additional donations. The entire project ended up costing \$1,447.

Once the funds were in place, I could finally start the project with the help of my fellow scouts. We started with the deconstruction of everything: taking out the old windows and countertops, scraping all the old wood that was staying, and power-washing the entire outside of the building. Then we started to rebuild the windows. I decided to design them bigger, making it easier to see in and out. I purchased two brand new countertops and had help installing them. We rebuilt the back door, and repainted the storm doors for the windows, the regular doors, the entire outside and any other wood I replaced in the concession stand.

This all sounds fairly easy, right? Wrong! This project took eleven days and 173 total man hours to complete over the course of seven weeks, and that doesn't include time spent planning, purchasing materials, and fundraising.

I am very grateful for the 18 Scouts and five adults (plus my little brother) who helped. A special thank you goes to my friend, Lindsey Deitz, who contributed the new awesome Stingray artwork which is located on the side of the concession stand.

Even with this giant project and responsibility, the reward is amazing, and the dream has come true—the concession stand looks better than ever. Every time I walk down the main entrance, down the steps, and look upon it, I always smile. Knowing that I turned a dream into reality is quite exciting.



James (JD) Galloway receiving a certificate for the work done on the concession stand. Pictured left to right: Council President Markus Erbelinger, JD Galloway, Mayor Marty O'Malley.



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Fall & Winter Recreation Programs

NEW CLASSES ADDED— Zumba and Ballroom Dancing

Ballroom Dancing

Have you ever watched *Dancing with the Stars* and wished you knew how to dance? Or gone to a wedding or social event and saw people on the floor that looked like they were having so much fun? Then you should come and learn the basics to the most popular social dances in a beginner ballroom dance class. This class is for beginner students so there is no experience necessary. Can't convince anyone to come with you? That's fine because a partner is not necessary. In this class you will learn a mix of Foxtrot, Rumba, Salsa, Swing, Cha-Cha, and the Hustle. As far as footwear, some sort of shoe that is comfortable for you; something you would typically wear to an evening event. If you want to invest in dance shoes, the instructor may be able to help you with that investment. The instructor has been a professional ballroom teacher for 12 years and specializes in helping make non-dancers into dancers. Teaching has been a passion and joy in her life. Dancing is a great way to connect with people and to enjoy life a little bit more. There are many places to go out dancing socially, so why sit at home when you can be out dancing every weekend. Please join them in this in this fun journey of learning how to become the dancer you've always wanted to be!

Fall Session — 10 weeks

Location: Forest Hills/Westinghouse Lodge
When: Wednesdays, September 10
through November 12

Times: 6:30 to 7:30 p.m.

Fee: \$40

Registration is required: September 5

Zumba

This Zumba class will be a Latin-inspired dance/aerobics class, and no experience is necessary. Over the eight-week course, you will move to fun rhythms that will help melt away the pounds and stress of everyday life. Wear comfortable fitness clothes and shoes. Wear tennis shoes that are easy to maneuver in. The instructor has been involved in Latin dancing for many years and is excited to bring a Zumba class to the community.

Fall Session—8 weeks

Location: Forest Hills/Westinghouse Lodge
When: Mondays, September 15 through
November 3

Times: 6:30 to 7:30 p.m.

Fee: \$40

Registration is required: September 5

An extra class has been added

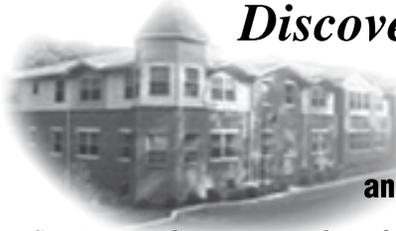
Fall Session—8 weeks

Location: Forest Hills/Westinghouse Lodge
When: Thursdays, September 18 through
November 6

Times: 6:30 to 7:30 p.m.

Fee: \$40

Registration is required: September 5



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Yoga

As a certified yoga instructor for over 22 years, Theresa Trojanowski will spend 90 minutes helping you relax and unify your mind, body and spirit while improving your health, and easing away stress using breathing exercises, special postures and meditation.

The summer session is currently underway and will end September 22—no class on September 1

Fall Session – 12 weeks

Dates: Mondays, September 29 to December 15

Time: 6 to 8 p.m.

Location: Pool Lodge

Fee: \$40

Winter Session—12 weeks

Dates: Mondays, December 22 to March 9

Time: 6 to 8 p.m.

Location: Pool Lodge

Fee: \$40

Dog Obedience

This class is open to dogs of all ages and tailored to cover all stages of training. Arlene Halloran, certified dog trainer and breeder, will give a basic introduction to obedience commands, teach basic disciplines such as house breaking and chewing, and show you how to develop an enjoyable relationship with your new puppy. Class size is limited to 10 dogs; if necessary, a second class will be added.

There's still time to join

Fall Session – 12 weeks

Dates: Thursdays, September 4 to November 20

Time: 7 to 8 p.m.

Class is limited to 10 dogs; if there are more than 10 dogs registered, instructor will add another class)

Location: Pool Lodge

Fee: \$40

There will be no winter class; the next session will begin March 2015

Scrap-booking

Looking for quiet time to do what you love? Traditional and digital scrap-bookers and also other hobbyists are welcome. Organize your photographs with this intuitive program taught by Creative Memories Consultant Fran Vislay. This class is geared towards beginners and intermediate participants who want to learn how to preserve their most cherished photographs. Beginner and advanced croppers are also welcome. To get started on the project, please bring two to three photos to the first class, and learn how to create a Short Story card using simple, quick tools. The completed story card can be displayed or added to an album. Learn tips on simple card making, specialty pages, traditional and digital organizing and cropping techniques. Vislay will help you to start a memory album with those photos that may have been sitting in a closet or an attic and need some well-

deserved attention. Each class includes: free idea sheets and attendance gifts, free use of cropping tools and ideas books. Workshop supplies and variety scrap-booking sets are available for purchase. For more information or if you have any questions about the class, call Fran at 412-824-7197.

Beginners' classes for adults and kids are from 6:30 to 7:30 p.m.; workshop is from 6 to 10 p.m.

There's still time to join

Fall Session—10 weeks

Dates: Tuesdays, September 16 to

November 25 (no class on November 4)

Time: 6 to 10 p.m.

Location: Forest Hills Senior Center (Avenue D)

Fee: \$55

Winter Session—10 weeks

Dates: Tuesdays, January 6 to March 10

Time: 6 to 10 p.m.

Location: Forest Hills Senior Center (Avenue D)

Fee: \$55

Send registration form with your check or money order made payable to:

Forest Hills Borough: 2071 Ardmore Blvd. • Pittsburgh, PA 15221

Attention: Recreation Department

If registering for more than one class, please submit separate checks or money orders for each registration. Please also identify the class name on your payment. (We do not accept cash transactions. If registering for more than one class, please submit separate checks or money orders for each registration. Please also identify the class name on your payment.)

FALL REGISTRATION FORM

Name _____ Phone _____

Address _____

Name of Participant _____ Name of Class / Session _____ Fee _____

1. _____

2. _____

3. _____

4. _____

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Address _____

Name of Participant _____ Name of Class / Session _____ Fee _____

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2. _____

3. _____

4. _____

Juniper Village

Grandparent's Day Ice Cream Social

September 7, 3 p.m.

What better way to celebrate Grandparent's Day than with an ice cream social! Grandparents, children and grandchildren of all ages are invited to join them for an old fashioned ice cream social. Select from a variety of ice cream flavors and toppings, and then enjoy your dessert while being entertained by local Frank Sinatra and Dean Martin impersonator, Nick Fiasco. Everyone is welcome to join them for this free community event.

Caregiver Support Group Meeting

September 10, 1:30 p.m.

Gain support and education with their monthly caregiver support group meetings. This month they will discuss how to relax and celebrate the little things. Juniper Village's monthly support group meetings are approved by the Greater Pennsylvania Chapter of the Alzheimer's Association and are affiliated with the National Alzheimer's Association. For more information or to RSVP, contact Juniper Village.

Cherish the Memories Presentation

September 20, 11 a.m.

September is Friendship month, and what better way to preserve all of the photos you've taken with your friends and families over the years than with a video keepsake from Everafter Keepsakes. Discover how affordable it is to turn your photos and videos into cherished family gifts. For more information or to RSVP, contact Juniper Village at 412-244-9901.

Seniors for Safe Driving Course

September 23, 9 a.m. to 4 p.m.

Are you a safe driver? Improve your abilities and lower your insurance premiums by attending a Seniors for Safe Driving Course. This one-day seminar is designed for drivers over the age of 55 who want to improve their driver's safety and receive a five percent discount on their automobile insurance premium for three years after taking the course. For more information or to RSVP to attend, contact Seniors for Safe Driving at 1-800-559-4880. The course is just \$16 and pre-registration is required.

Forest Hills **AARP** #2556

The Forest Hills AARP #2556 will begin the fall season with the regular meeting starting at noon in the Forest Hills Pool Lodge on Monday, September 8. Coffee and cookies will be served and President Gary Skerlec will call the meeting to order at 12:30 p.m. Officers will report and the Tours Committee will discuss opportunities available for tours. Members may want to pay dues for the next year. Doris Hoffman, Chair of the Program Committee, has announced plans for entertaining and informative programs in the fall months. In September, Jason Thorpe from the County Sheriff's Office will discuss "Safety for Seniors"; the October meeting will feature entertainment provided by Juniper Village; in November, members will enjoy "Love songs by "Bob," and during the December meeting, Joe Marotta will provide musical entertainment.

Members and friends of the Forest Hills AARP meet at noon on the second Monday of each month at the Forest Hills Pool Lodge. Officers report after coffee and cookies are served, Birthdays and anniversaries of members are celebrated, entertaining and informative programs are enjoyed and members and friends may register to take tours that are offered. This fall the committee has announced the following tours:

Wednesday, October 8 - Winning Wine Trail

Meet at Centurion Commons at 7 a.m.—depart at 7:15 a.m.

Arrive - Penn Shore Winery at 10:30 to 11:30 a.m.

Arrive - Mazza Vineyards at 11:45 a.m. to 12:45 p.m.

Arrive - Pufferbelly Restaurant at 1 to 2:15 p.m.

Arrive - Presque Isle Downs and Casino at 2:30 to 6:30 p.m.

Depart for home - 6:45 p.m.

Friday, November 21 – Light-up Night

See the city at this beautiful time of the year from the decks of the Gateway Clipper, illuminated by thousands of lights. Then enjoy the grand finale fireworks as you cruise the river, all while enjoying dinner, dancing and entertainment' Sign up early—don't miss the boat. Departing at 4:15 p.m. and returning at approximately 10 p.m.

For more information, call Betty Dunn at: 412-243-8795.

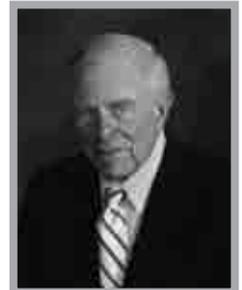
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 Wednesdays: 9 a.m. to 7 p.m.
 Fridays: 9 a.m. to 1 p.m.
 Phone: 412-351-7330 • Fax: 412-351-7337
 2071 Ardmore Blvd., Pgh, PA 15221

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BOROUGH PERSONNEL

(Dial 412-351-7330 and then extension)
 Borough Manager: *Steve Morus dial 0*
 ALCOSAN, refuse and late fees:
Allison Serakowski x202
 Financial Officer/Treasurer: *Wendy Archer x201*
 Receptionist/Secretary:
Roseann Farkasovsky x200
 Arborist: *Ted Gilbert x205*
 Building Inspector and Zoning Officer:
Pat Earley x204
 Code Enforcement Officer: *Don Branzel x211*
 Public Works Foreman: *Jim Theilacker x207*
 Recreation Director: *Cindy M. Simm x220*
 Assistant Recreation Director: *Lynn Cassidy x206*

ELECTED OFFICIALS

Mayor: *Marty O'Malley x240 or 412-351-7349*
 Tax Collector: *Janet Sullivan x203 or 412-351-7348*

BOROUGH COUNCIL

(Dial 412-351-7330 and then extension)
 President: *Markus Erbeidinger x246*
 Vice President/Public Safety Chair:
Bill Tomasic x242
 President Pro-Tem/Operations & Policy Chair:
Devon Wood x243
 Public Works Chair: *Nina Sowiski x244*
 Finance Chair: *Steve Karas x245*
 Borough Property Chair: *Jim Kiley x241*
 Planning & Zoning Chair: *William Burleigh x247*

EMERGENCY SERVICES

For emergencies and non-emergencies: Call 911, or if 911 fails call: 412-351-4141
 Chief of Police: *Chuck Williams*
 Fire Chief: *Jim Theilacker, 412-351-7330 x401*
 Woodland Hills EMS and Non-Emergency
 Ambulance Services: *Keith Morse*
 412-351-9111 Fax: 412-351-5475
 For a listing of all police officers and their voicemail, call 412-351-7330, then press 9.

PROFESSIONAL SERVICES

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 Engineer: *David Gilliland, Glenn Engineering & Associates*
 Solicitor: *Steve Korbel-Babst, Calland, Clements & Zomnir, P.C.*

Borough Council Meetings:

7 p.m. in council chambers, borough building 2nd floor
 Third Wednesday of each month, October 15, November 19, December 17

Committee Meetings:

7 p.m. in council chambers, borough building 2nd floor

Borough Property, Public Works, Public Safety, Operations & Policy: October 2, November 6, December 2
Finance, Planning & Zoning, Committee of the Whole: October 7, November 11, December 9
Shade Tree & Shrub Committee: October 8, November 12
Planning Commission: October 29, December 3
Recreation Board Meetings: October 6 (no meetings in November or December)

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Justin Berthold, D.O.



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Editor/Ad Manager: Cindy Simm—Call 412-351-7330 x220 or send an e-mail, csimm901@aol.com, to submit news, story ideas or for advertising information.

Graphic Designer: Jennifer Lahmers Published in Pittsburgh, Pennsylvania

For Your Information

Members of the Garden Club of Forest Hills got some much-appreciated help tending their Hillside, Butterfly, Grass and Daylily gardens over the summer. Teenagers in Boy Scout Troop 90 helped to weed and spread mulch in the park beds and Councilman Steve Karas lent a hand separating the ornamental grasses in the Ardmore Boulevard median.

Borough workers took out a tree stump along the driveway by the Hillside Garden and planted another along the Braddock Road wall to replace a Crape Myrtle lost over the winter. Members refer to that tree, a flowering crabapple, as “Jake’s Tree” as it was purchased with a memorial gift to the club from neighbors of John “Jake” Bogovich.

Club members also sold Nicholas coffees and teas and prepared for their Annual Fall Poinsettia Sale, with proceeds from both to support scholarships and philanthropic projects.



But, all work and no play... After partaking of a smorgasbord of foods at the club’s Picnic in the Park in September, members are looking forward to Amy Shugerman Glasser’s “Fall Fest” of floral arrangements and culinary creations at the October 2 meeting, and then learn about “Care for Holiday Plants and Greens” from master gardener Dave Buresch on November 6. And on December 4, they’ll enjoy music and more at the Holiday Luncheon.

As always, guests—men and women—are welcome at the club’s regular meetings. They’re held the first Thursday of the month, March through December, usually at Hope Lutheran Church, 353 Ridge Ave. For more about the Garden Club of Forest Hills, call publicity/marketing chairwoman Amy Shugerman Glasser at 412-271-1697 or e-mail her at: asg59@juno.com. They hope to meet you there.