



FOREST HILLS TREE CITY TIMES

A newsletter for the community of Forest Hills



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Delinquent Fee Collection; What Property Owners Need to Know

In an effort to clarify the borough's delinquent fee collection process, this article explains briefly how delinquent rate-payer accounts are handled. If you own rental property or are a commercial entity with tenants, remember that all fees discussed below are the responsibility of the property owner and, therefore, delinquent fees including penalties are ultimately the property owner's responsibility regardless of whether your tenant pays the bill normally.

Delinquent Collector

The borough is using a new service to handle the collection of delinquent fees such as trash and the fire protection services fee. Andrews and Price is a local law firm that specializes in collecting delinquent fees. The former collector, Portnoff, continues to collect accounts provided to them prior to 2012 until they are settled.

Borough staff attempts to collect the trash and fire protection services fee through routine billing. The borough sends a notice for the original collection at the beginning of each calendar year but does not send reminders or delinquent notices. Once staff completes the regular collection process, all delinquent trash and fire fees are given to Andrews and Price who begin their own collection process and who may add additional penalties and fees to those noted here.

Borough ordinances require that payments which are late have penalties added. Penalties for delinquent fire protection services fee are specified in the ordinance as follows:

- In the event the fire protection services fee remains unpaid for a period of 60 days from the date of the billing, the fire prevention services fee shall be declared delinquent and a penalty of \$10 shall be added. For each period of 30 days thereafter in which the fire prevention services fee remains unpaid, there shall be an additional penalty of \$10 up to a maximum of \$100 plus the cost of collection.

The trash/recycling fee ordinance shows the following delinquent penalties:

- Any service charge not paid on or before the last day of the month during which such a charge becomes payable shall bear interest at the rate of two percent per month on the amount of such unpaid charge, for each month or fraction thereof during which such charge remains unpaid and said penalty for late payment shall be added and collected.

Note that submitting a partial or full payment after the due date will still result in penalties charged to the account as specified.

The full ordinances are available at the borough office and will be incorporated into the borough's code of ordinances and placed on-line within the next few months as the code is updated.

Continued on page 2

Delinquent sewage

Delinquent sewage is handled differently. Each time you receive a sewer bill, the full amount owed is included. If you are delinquent you will see a charge under "prior balance" on the sewer fee mailing. That amount includes penalties as specified by borough ordinance. The amounts shown below that on the bill are the current charges for "sewer treatment" (the charge from ALCOSAN) and "sewer surcharge" (the borough's separate sewer fee enacted to satisfy the requirements of the consent decree imposed on the borough and all ALCOSAN members by the EPA via the Allegheny County Health Department).

A rate-payer can satisfy the charges owed including any delinquent charges by paying the total due at the bottom of the bill by the date indicated. If delinquent charges mount, the borough may notify the property owner after 120 days or later that the amount must be paid within a certain time period or the Wilkesburg Penn Joint Water Authority will be notified to begin water shut-off procedures.

Delinquent rate-payers may request a payment plan in writing following borough policy (see information at the end of this article to find the borough's policy). Any payment plan will include penalty and interest as well as all delinquent charges.

In either case, failure to make timely payments once notified or once a payment plan is approved will result in notification to the water authority that service must be suspended. Once that notice is given to the authority the borough cannot stop the process and additional fees will be imposed to have water service re-established. In addition, lack of water service can result in the building/zoning officer condemning the property.

Borough ordinance also establishes penalty for delinquent sewage accounts at \$10 per month per delinquent account as stipulated:

- In the event the charges for said sanitary sewer system service remain unpaid for a period of thirty (30) days from the date of said statement, such charges are hereby declared to be delinquent and a penalty of ten dollars (\$10) shall be added. For each additional period of thirty (30) days thereafter in which the charges for sewer system service remains unpaid, there shall be an additional penalty of ten dollars (\$10) added.

Sewage fee rate-payers must realize that it is imperative that the borough process fees in a timely fashion and take action on delinquent accounts. Each time a bill is submitted to the borough for collection

from ALCOSAN, the borough must pay the full amount owed and then collect those fees from property owners. In addition, the borough is required by consent order to maintain a sewer repair program for all borough owned sanitary sewers and by state law for all storm sewers. Thus, failure to pay delays the borough's mandated repair program which can result in fines from these agencies while imposing an additional burden on Forest Hills taxpayers as the borough must pay ALCOSAN with tax revenues.

If you are delinquent in sewage payments and would like to avoid getting a shut-off notice, you can contact the office now to arrange a payment plan before the situation requires anything more drastic or penalties significantly increase the amount owed.

The borough's delinquent collection policy can be found on the borough's web-site: www.foresthillspa.org, on the "Information for Residents" tab under "Council Policies" and entitled "Payment Plan Policy for Delinquent Fees."

It is important to remember that payments are to be mailed directly to: Andrews and Price, 1500 Ardmore Boulevard, Suite 506, Pittsburgh, PA 15221. But checks are to be made payable to: **Forest Hills Borough.**

"Human beings, by changing the inner attitudes of their minds, can change the outer aspects of their lives."

*William James, U.S. Pragmatist,
Philosopher and Psychologist
(1842-1910)*

FEEL THE POWER OF THE WIND!

"In these times of great economic and environmental challenges, Forest Hills residents should consider taking advantage of this opportunity to save money and promote clean wind power by joining the Green Energy Collaborative." – Forest Hills Councilman and Green Energy Collaborative customer Steve Karas

LowCostWind.com



Join the Green Energy Collaborative (it's free) and switch to a **100% Pennsylvania Wind Energy Plan** offered at a low fixed rate by TriEagle Energy. The Green Energy Collaborative is a program of Citizen Power, Inc. For more information call 412-421-7029.



BUSINESSES: Why Recycle?

It's the Law

Pennsylvania's Municipal Waste Planning, Recycling and Waste Reduction Act (Act 101) require businesses in mandated communities to recycle a number of materials. The Borough of Forest Hills is a mandated community.

The Forest Hills Recycling Ordinance requires businesses to recycle high-grade office paper, aluminum, corrugated paper, glass containers, bi-metal containers, ferrous containers, newspaper, plastic containers (#1 and #2) and leaf waste (if generated).

Reporting

Forest Hills Ordinance No. 935 requires businesses to report to the borough the amount of materials they recycle each year. Establishments may use the Annual Recycling Report form to report their tonnages. This entire form is located on the borough's web-site—www.foresthillspa.org—under the Environmental Issues section, click on the "Businesses: Why Recycle?" link and print out the form there.

It is not necessary to submit the form if the borough receives a letter or statement from your recycling hauler that certifies recyclable material is being collected from your business and provides the total amount of material recycled from the previous year. Contact your hauler to determine if it is currently submitting this information to the borough.

Completing the Annual Recycling Report Form

All businesses must complete this form whether they have recyclable material or not.

1. Complete your establishment's contact information and sections' one, two and three.
2. Contact your recycling hauler and send them the report form. If you or an employee takes your recyclables home or to another location, please indicate that on the form.
3. Have your recycling hauler fill out the tonnages of the materials your business recycled from the previous year on the second page. If material recycled is less than one ton, round to the closest quarter of a ton.

4. The hauler must sign and date the bottom of the first page.
5. Once completed, have your hauler mail or fax the form back to your establishment.
6. Submit the completed Annual Recycling Report form to the borough by March 31 of each year.
7. Businesses must show amounts collected in pounds or tons. A check-mark indicating that certain material is recycled is not acceptable.

For questions regarding the report form or to request additional copies, call 412-351-7330.

Financial Incentives

Reducing the amount of material in your solid waste dumpster by separating out recyclables can reduce the frequency of hauler pick-up, thus potentially cutting disposal costs.

Moreover, recycling may result in the need for smaller or fewer solid waste dumpsters leading to additional cost savings.

Remember—recycling is not just the law; it also creates a positive public image for your business and demonstrates good citizenship to the community.

Practical Recycling for Small Businesses

A small office or retail establishment may not be able to effectively recycle by itself, due to producing too little volume to justify the costs of collection.

Team up

- Adjoining businesses and complexes may jointly manage recycling cost-effectively.

Reduce waste

As much as 93 percent of all office waste is paper, most of it recyclable. Typical business offices generate almost two pounds of waste paper per employee each day.

- Eliminate junk mail—remove company name from direct mail lists.
- Make double-sided copies.
- Re-use packing peanuts or donate them.

Inform and educate

- Familiarize current and new employees with company policy and recycling procedures.

Confidential Document Destruction Services

We know that client confidentiality is important to businesses. The following companies recycle paper and ensure that the confidentiality of the records is not compromised during destruction.

- Cintas—412-798-7720
- Paper Exchange—412-325-7075
- Iron Mountain—724-742-1360
- Shred It—412-798-3800

Contact haulers to verify fees and services. Paper recycling drop-off locations (look for the green and yellow Abitibi Paper Retriever Containers)

- Christ Lutheran School
400 Barclay Avenue
- East Catholic School
2001 Ardmore Boulevard

Both locations accept: Computer paper, mixed paper, newspaper, junk mail, magazines, catalogs and white office paper. No phone books or cardboard.

Additional Recycling Resources

- ATM Laser Products
4118 Campbell's Run Road
Pittsburgh, PA 15205
412-279-7977
www.atmlaser.com

Specializes in the sale and service of re-manufactured toner cartridges

- Construction Junction
214 N. Lexington Street
Pittsburgh, PA 15208
412-243-5025
www.constructionjunction.org

Accepts: Surplus and usable building materials such as doors, windows and sinks. Donations are tax-deductible.

- Reclamere
905 Pennsylvania Avenue
Tyrone, PA 16686
814-684-5505
www.reclamere.com

Specializes in data destruction services and computer recycling

COMMUNITY NEWS

Use your Smartphone to click on the code below to access the borough's web-site.



By now, the **Late Bloomers Garden Club** has turned their focus to the final weeks of the Forest Hills Farmer's Market—but it's still going strong! It will be continuing every Friday from 4 to 7 p.m. through October 25. They are always open to suggestions or comments about the market. They want to thank all of their loyal customers of the market for all of your participation, and welcome anyone who has not yet had a chance to visit the market. It's been their largest year yet with 19 vendors. Your participation is as much appreciated by the Late Bloomers as it is by the vendors who schlep their goods to Forest Hills every week! Without the willingness of these special vendors, the FHFMM would not be nearly as successful. If you would like an up close and personal look at the vendors who participate, check them out at: www.foresthillfarmersmarket.com. While you are on the web-site, feel free to click the reciprocal link of the club at: www.latebloomersgardenclub.com.

The Ardmore flower beds loved the rain at the beginning of the summer and are starting to wind down their color as we move toward the cooler months. Soon, preparations will be made to clean up the beds and get them settled in for a long winter's nap! What a feeling of satisfaction the club gets from being involved in the beautification of the community. There really is nothing like it. When driving down Ardmore Boulevard and see the fruits of their labor, it makes the effort they put into it all worth it. It's like a labor of love and they do so hope you enjoy it too!

If you would like to contribute to the borough in a way that makes you feel good and gives you a bit of exercise, come on and join

them the second Thursday of every month at 7 p.m. You can also send them an e-mail at: latebloomersgardenclub@gmail.com for the location of the next meeting. They look forward to seeing you there!

Forest Hills Presbyterian Church - Reverend Ben Black, 1840 Ardmore Boulevard, 412-241-1647—foresthillspc@gmail.com

They welcome all to join them for: Worship: 10:30 a.m. on Sundays; Fellowship: Sunday morning coffee, lunch after church; Life Groups: Bible study, discussion and fellowship on Wednesday evenings; Choir: Thursdays at 6:30 p.m.; Feeding the Homeless: Second Saturday of the month—Meet at 5 p.m. to pack lunches and leave for Downtown Pittsburgh; Grief Group: Sunday morning, 9:15 a.m.; Confirmation Class: Grades 9-12, starting in September. For more information, visit their web-site: fhpcpa.org

The Taize Prayer Service, offered at 7 p.m. on the first Friday of the month at **Hope Lutheran Church of Forest Hills** is spiritual, musical, meditative time for Christians of all faith traditions. Light refreshments and casual conversation follow each service. Upcoming dates for first Friday TAIZE at Hope are October 4, November 1 and December 6. At the same time as Taize, Hope offers kid's hour for children, a time for a craft, short lessons and more fun.

This October, Hope will once again celebrate the Blessing of the Pets in remembrance of St. Francis of Assisi's love for all creatures. Join them on Sunday, October 6, at 4:30 p.m. for the Pet Blessing. Hope is also sponsoring a flea market on Saturday, October 12. You can rent a table for \$25 or come and shop. For more information, contact Doris Hoffman at: 412-241-3466.

Hope Lutheran Church will gather at St. Maurice Roman Catholic Church for the Community Thanksgiving Eve Service on Wednesday, November 27 at 7:30 p.m. Worship leadership will be shared by St. Maurice Roman Catholic, Hope Lutheran and Forest Hills Presbyterian

Churches and the joint choirs will also join in the celebration of this Service of Thanksgiving.

Hope Lutheran Church will hold mid-week services on Wednesdays in Advent, December 4, 11 and 18. A light meal will be served at 6 p.m. followed by the beautiful Holden Evening Prayer vespers service at 7 p.m. A candlelight service will be held on Christmas Eve, Tuesday, December 24, at 9 p.m.

Worldwide Candle Lighting Sunday—The year-end holidays are not a happy time for everyone, especially for people who have experienced the death of a child at any age. In an effort to help bereaved families in this area get through the holiday season, Hope Lutheran Church of Forest Hills observes Worldwide Candle Lighting Sunday annually on the second Sunday of December in conjunction with The Compassionate Friends. The observance will be held this year on Sunday, December 8 and will be the sixth annual observance at Hope. It is a worldwide observance in remembrance of all children who have died, regardless of age, cause of death or date of death. Candles are lit in each time-zone from 7 to 8 p.m., so that the light goes around the world in a 24-hour period.

The observance will be held in the Social Hall at Hope Lutheran Church, 353 Ridge Avenue at Braddock Road. It is not a religious service and everyone is welcome. We will gather at 6:45 p.m. and candle-lighting will begin at 7 p.m. We will share memories of the children who have died and listen to readings that we hope will bring comfort, hope, and peace. At 8 p.m. we will extinguish the candles using a ritual that has been meaningful to past participants and then share refreshments.

Attendees may bring a candle to light (or we will provide one), a photo or memento of the child for the Memory Table, and a snack food that was the child's favorite to share afterwards. There is ample free parking in the church lot. Any questions may be directed to Kathy Gaberson, 412-915-5999, kathygaberson@verizon.net

The members of Hope Lutheran Church want families who are grieving the loss of their children to know that they are not alone at this time of year and that we will stand with them, offer comfort and hope to each other, and never forget our precious children.

Visitors are always welcome at Hope's weekly worship service at 10:30 a.m. on Sundays. The Rev. Susan C. Schwartz is pastor of Hope, which is located at 353 Ridge Avenue at the corner of Ridge and Braddock Roads in Forest Hills. Contact Hope at 412-242-4476 or Hopeforesthills@aol.com. For more information about Hope Lutheran Church, check out their web-site: www.HopeForestHills.com.

The Forest Hills Community Service operates a free bus service within the Borough of Forest Hills for senior citizens and persons with a handicap. **The Flivver** service was started in 1974 through contributions from individual citizens, various local charities and the borough itself. The Flivver continues to be free because of donations made by the citizens, the riders and the volunteer drivers.

The bus is a 10-passenger vehicle—but does not have handicapped lifts—and takes eligible senior citizens (those 55 and older) and handicapped persons to the Forest Hills Senior Center, doctor's offices, hairdressers, banks, drug stores, grocery stores, etc. On Sundays, the Flivver takes people to church service.

The Flivver operates Mondays through Fridays from 9:30 a.m. to 3:30 p.m. and on Sunday mornings. Riders can call the Flivver at 412-519-3955 to be picked up usually within 15 minutes of their call. This is a great and well-needed service for the community.

The Flivver is always looking for new drivers. You can be trained in a matter of hours. There are so many people in the borough who are grateful for the freedom the Flivver provides. Those who are interested in volunteering three hours a day, twice a month, can call Don Newcomer at 412-708-0511.

Boy Scout Troop 90 meets Tuesdays at 7:30 p.m. at the Forest Hill Presbyterian Church (FHPC). It is open to all boys ages 11-18. Cub Scout Pack 90 meets Thursdays at 7 pm at FHPC. It is open to all boys ages 6-11. For more information contact Beth Brucker at bruckerfamily@verizon.net. For more information, visit the scout website: www.foresthillspack90.us.

The **Women's Business Network, Inc.** (WBN Inc.) consists of a group of local enthusiastic women business owners and professionals who meet twice monthly. The East Chapter meets the first and third Tuesday of every month at 8 a.m. at Drew's Restaurant, 2060 Ardmore Boulevard in Forest Hills. They encourage guests to come to see if this great networking group could meet your needs. Contact Donna Meshanko at 412-351-7374 or Nancy Mancuso at 412-855-5480 if interested in being a guest to learn more about WBN.

For over 50 years, the **Forest Hills Lions Club** has served the communities less fortunate. They supply glasses to the needy, and collect your used glasses for distribution to third-world countries. The collection boxes are found in Bob's Barber Shop in Chalfant, Churchill Vision Center, Beulah Church, Cost Building-Optical Shop (second floor), Jodi-B's Restaurant, Lanigan Funeral Homes, Peter Paul's Hair Salon, Forest Hills Senior Center and Toby's Pub in Chalfant.

Their fund-raisers include White Cane Days, Sight Seal Mailing and Holiday Nut Sale. Over the years, the club has provided seeing-eye dogs; a Braille writer and an eye implant operation for a child. They help to support Beacon Lodge, a summer camp for the blind. They also constructed a War Memorial and assisted some needy war veterans. Men and women interested in becoming a member should call 412-829-7888.

Here's What's Happening in the Neighboring Communities

The Churchill Area Environmental Council announces that its new advisory "Energy Efficient Lighting Update—2013" is now available at the Forest Hills Borough Building. Or, it can be downloaded from the new CAEC link at: www.Churchillborough.com. The advisory contains a rundown of the new light bulbs now replacing the old, energy wasteful incandescent types. Compact fluorescents, LEDs, halogens, and other light bulbs are compared for efficiency, longevity and economic value. There are suggestions for "best use" of each type in and around the home. Pick up or download your free copy of this useful information.

In addition, the CAEC web-site link has a downloadable scholarship application form for any Woodland Hills High School student who will be a senior this fall. A cash award will be made at graduation to a winning applicant who has completed an original environmental project. Project ideas and other information are included at the top of the application form. Several Forest Hills students have won this scholarship in past years.

Wilkins Township Farmers Market—Every Wednesday from 3 to 7 p.m. now through October 23 at the Community Center.

Check out the following web-sites for more information on recreation programs from the municipalities of Wilkins and Edgewood; some of the other web-sites are still under construction but will be added in the future.

Edgewood: www.edgewood.pgh.pa.us/edgewood-recreation.htm
(Edgewood Recreation Director, 412-242-4824)

Wilkins: www.wilkins-township.com/deptparksrecreation.htm
(Wilkins Township Office, 412-824-6650)

POLICE DEPARTMENT NEWS

Fall Safety Tips

by Police Chief Chuck Williams

As we enter fall, please remember some of the potential safety hazards that can occur during this time of the year.

- Falling leaves from trees create slippery roadways.
- Pedestrian crosswalks are sometime invisible due to the leaves covering the roads.
- Parking your vehicle after a trip on dry leaves could very easily cause a fire beneath it.
- Children will be out early in the morning for school and with the loss of daylight in the morning hours, extra caution should be used while driving.
- School buses will be back traveling the streets making frequent stops.
- Halloween trick or treating brings children to our sidewalks and streets. They may not be concentrating on vehicle traffic.
- For those who leave their homes in the darkness of the early morning, motion sensor lighting can help illuminate both the morning and evening trips from work or school.
- Interior lighting on a timer is also a way to make potential burglars believe someone is home.
- Awareness and common sense are always in season.

I also would like to thank the Forest Hills Rotary Club and the Forest Hills Presbyterian Church for their generous donations to our department.

Municipal News

CONSTRUCTION PROFESSIONALS

State Law requires every borough to have a Uniform Construction Code (UCC) Board in place to hear appeals if they arise. Forest Hills is participating in a multi-municipal board through the Turtle Creek Valley Council of Governments (TCVCOG). Are you a plumber, electrician, engineer, or in the building trade? If so, you are invited to apply to serve on this board. The board meets at the TCVCOG office which is located in the Monroeville Municipal Building, but only as needed. A \$50 stipend is paid for each hearing attended. This is a great opportunity for busy professionals to serve the region. Please contact the borough office if you're interested in serving. Shown below is an application that can be filled out and returned to the borough office.

FOREST HILLS COUNCIL OF GOVERNMENTS UNIFORM CONSTRUCTION CODE APPEALS BOARD

BOARD APPLICATION

Please print or type legibly.

Name: _____

Address _____

Municipality: _____

Phone: Home _____ Cell: _____

E-MAIL: _____

A member of the UCC Board shall be qualified by training and experience to pass on matters pertaining to building construction. Training and experience may consist of licensure as an architect or engineer, experience in the construction industry, or training and experience as an inspector or plan reviewer.

Profession: _____

Number of years served in above profession: _____

I agree to serve on the FHCOC UCC Appeals Board to the best of my ability, and in accordance with the by-laws of the Board.

Signature _____ Date _____

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412-351-3062 www.mseye.org

Link Is a Neighborly Connection

Link-Age-to-Age may be just a year old, but it offers an ageless solution to problems facing the elderly in Forest Hills: Neighbor helping neighbor has worked well for centuries, providing the security that many older adults seek.

Introduced in 2012, Link-Age-to-Age connects borough residents to reliable, local home repair and maintenance resources; enables participants to share vital information with friends and emergency responders; and provides open forums to get answers to legal and financial questions.

In cooperation with the Forest Hills Senior Center, it posts contact information there about reputable helpers who might mow lawns, repair furnaces, even change light bulbs, and much more. Providers are recommended based on Link volunteers' own experiences.



Dorothy "Dottie" Buchanan of Filmore Road talks with Police Chief Chuck Williams about residents forwarding Neighbor-to-Neighbor cards to the department.



Link-Age-to-Age volunteer Margaret Reed, of Sharon Drive, explains the year-old service to Linda Phelps, of Elmore Road.

Using Link's Neighbor-to-Neighbor postcards can speed up emergency response times. The four-part yellow cards are available at the senior center or the Forest Hills Municipal Building; one card may be sent to the police department so it has a record of who to contact if there is a crisis. In addition, Link volunteers prepare and distribute Welcome Packets to new residents to alert them to the amenities and services available in their neighborhood.

Participants at its free programs can talk with experts about relevant issues such as elder law, financial planning and organizing personal information. Forums are usually held in the spring and fall—watch for announcements of these around the borough or at the senior center.

To connect to Link-Age-to-Age, visit the senior center on Avenue D on Tuesdays or Thursdays, or call 412-824-5610.

And remember: In Forest Hills, help may be right next door.

Neighbors helping neighbors—REMINDER

With the winter weather coming soon, heavy snowfall puts the elderly and those with health conditions physically unable to handle the daunting task of keeping the snow off sidewalks and paths, thus leaving many stranded in their homes. To ease the situation, the borough asked volunteers or others to allow us to place their name on a list so that those in need of help know who they might call. The list is posted at the borough office. It is up to those in need of help to make arrangements with a volunteer or paid snow removal service on that list. The borough only compiled the list as a service and takes no responsibility beyond that, including making arrangements for help, for the quality of work done, etc. Others who may be interested in helping will be added to the list if they contact the borough office at 412-351-7330. Those who think they may need this type of service should review the list in advance of winter weather. Let's all try to be a good neighbor and help when help is needed.

Now Accepting Credit Card, Debit Card and E-Check Payments

Forest Hills Borough is now accepting credit card, debit card and e-check payments for refuse, sewage and Fire Protection Service. Payments can be made in person at the borough office or on the Official Payments web-site. A link can be found on the Forest Hills web-site. The following are the fees that will be paid by the cardholder who wishes to pay their bill with a credit card, debit card or e-check. The borough will accept VISA, MasterCard or Discover. **American Express will not be accepted.**

	Refuse	Sewage	Fire Protection
Credit card	\$5.95	\$5.95	\$1.95
Debit card	\$3.95	\$3.95	\$1.95
E-Checks	\$2.95	\$2.95	\$3.95

Credit cards, debit cards and e-checks will not be accepted for any rentals of the borough's facilities or parks, or purchasing of pool passes. Anyone renting the borough's facilities (Westinghouse Lodge, Pool Lodge, Senior Center, Forest Hills Park and Koch Park) will still have to make their payments by check or money order.

For more information on this process, please visit: www.officialpayments.com.

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Forest Hills

Clip-n-save

REAL ESTATE TAX DATES TO REMEMBER:

Borough real estate tax bills are mailed March 1

Due at discount by April 30 or due at face by June 30

School real estate tax bills are mailed July 1

Due at discount by August 31 or due at face by October 31

TAX TIME

All unpaid 2013 Forest Hills Borough Real Estate Taxes are now due at the penalty amount as indicated on the tax bill, and can be paid to the tax collector until December 13.

All unpaid 2013 Woodland Hills School District real estate taxes are due at the face amount by October 31. If you have chosen to pay your school taxes in three equal installment payments, and have paid the first installment by the August 31 due date, the second installment is due by October 31.

For questions regarding real estate taxes, please call Janet Sullivan, Tax Collector, at 412-351-7348.

Bob Cowan, EA TAX & FINANCIAL SERVICES

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THE BOROUGH BULLETIN BOARD

LEAF COLLECTION

The Public Works Department will start their annual leaf collection approximately sometime at the beginning of October and finish up mid-December (weather permitting).

The Public Works Crew asks that you do not place any other debris (sticks, grass clippings, dead flowers, etc.) in with the leaves because they tend to clog the machine and will take extra time to clean the equipment.

TRASH COLLECTION—HOLIDAY SCHEDULE:

Monday, September 2—Trash will be delayed one day during this week.

FOREST HILLS HAYRIDE 2013

On Saturday, October 19, the community of Forest Hills will be once again celebrating a tradition that has spanned over 15 years.

Starting at 6 p.m., the borough's annual hayride, sponsored by the Forest Hills Police Department, the Forest Hills Volunteer Fire Department and the Forest Hills Public Works Department, and held at the Forest Hills/Westinghouse Lodge on Barclay Avenue, will again entertain everyone of all ages with a three-mile ride on one of three decorated hay wagons, face painting and wrap up the evening with a huge bonfire.

Free refreshments will be served in the lodge, so come and enjoy a fun-filled evening under the autumn stars, and meet and thank the men and women who protect and serve our community.



Forest Hills Pool Fundraising Program

Back in 2008, and due largely in part to the skyrocketing expenses to maintain and keep the swimming pool operating, borough council approved a number of fundraising endeavors that included a fundraiser that asked for donations from residents to go towards the expenses of the pool which included a donation of at least \$200. With that donation, donors were to have a brick imprinted and laid at the entrance to the pool. With the initial donations in 2008, bricks were laid successfully at the entrance of the pool and the borough is happy to have those donors as a permanent part of one of the best community attractions here in the borough.

The borough will also redesign how the bricks are displayed at the pool entrance, but we are limited as to where to install the bricks due to the ground being uneven and the large sewer grate located at the entrance. The Recreation Board agreed a few months back to install the existing bricks in addition to new bricks in a "sidewalk" design; meaning as you walk up to the turnaround at the entrance, you will notice each brick as you walk up to the facility. No date has been set as to when the redesign of the bricks will take place, but you are still able to see the existing bricks from the past donors.

When we first published this article, we explained that the borough has had issues with finding contractors who are willing to imprint small numbers of bricks (less than 10). But since then, we were able to find a local mausoleum monument company who is willing to do small orders.

This year, the borough received four new brick donations, and even though the imprinter will only do the bricks when we have a minimum of six, we still want to recognize those recent donors who have generously supported the pool fundraiser. Back in the fall 2011 issue, we did recognize the 2008 original donors but didn't want to leave them off this list so here is the complete list. The following names listed are contributors who have (or will) receive bricks at the pool because they donated more than \$200. There were other smaller donations given, and even though they didn't qualify for a brick, the borough would like to thank everyone for their generous donations.

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Pat and Beverly Lanigan
 Bob and Adele Eley
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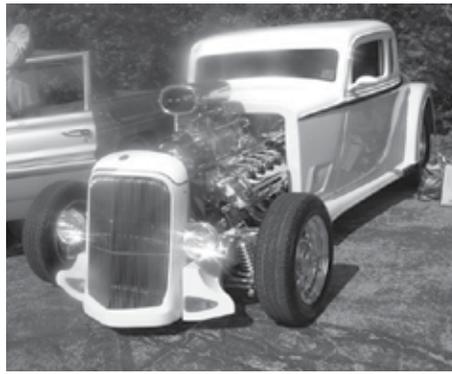
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 Phone: 412-271-8888
 Fax: 412-271-8898
www.thompsongusic.com
Rick@ThompsonGusic.com



School happenings

Forest Hills Nursery School is a private, state-licensed pre-school. It was founded in 1964 and is located inside the Forest Hills Presbyterian Church at 1840 Ardmore Boulevard. The school offers three classes: Mondays, Wednesdays, Fridays; Tuesdays-Thursdays, five days a week. Classes are from 9 to 11:30 a.m., on Wednesdays and Thursdays, children may bring a lunch and stay until 1 p.m. There are sixteen children per class with one certified pre-kindergarten teacher and at least one other adult. Classes begin the Wednesday after Labor Day and conclude the Friday before Memorial Day. For more information, contact Secretary Sally Sabino, 412-351-5054, or Director Betsy Wolf, 412-241-9414 or 724-744-1061.

Every year, the school holds a May Market Charity Car Cruise the first Saturday of May. This year was the ninth year and over \$1,820 was raised - all of which was donated to Forest Hills Presbyterian Church to support the Forest Hills Police Department, the Forest Hills Fire Department and the EMS; in addition to proceeds going towards feeding the homeless and supporting two battered women's shelters in the area.



Photos from the 2013 FHPC Car Cruise

Christ Lutheran School

Many people have asked whether we accept students after our starting date, which this year was August 26. They are always happy to consider new students, so please feel free to inquire about the school. Christ Lutheran has small classes and a great teacher-to-student-ratio. They are able to provide students with individual teacher attention in a pleasant atmosphere.

Christ Lutheran Kids Reach Out to Help Other Kids around the World

At Christ Lutheran School, they use chapel offerings to help others. Last year their students had the following missions to help those in need:

Operation Christmas Child—they packed and wrapped 88 boxes of gifts and \$400 to ship to needy children around the world.

Operation Education—they collected enough money to send 13 children to school in third-world countries.

Operation Nutrition—they collected funds to provide milk for a child for a year.

Operation Ronald McDonald House—they collected enough food items to stuff two cribs, they bought them a Pack 'N Play, and also collected 28 pounds of pop top tabs for the Ronald McDonald House here in Pittsburgh.

Operation Caring Hearts—they sent goody bags with small gifts to all the orphans at the Bethel Orphanage in San Luis, Mexico.

Operation Compassion—they collected \$260 for the Leukemia and Lymphoma Society.

Operation Transportation—they collected \$480 to help purchase an adaptive bike for a disabled child.

Operation Oklahoma—they collected funds to help the victims of the tornadoes in Oklahoma.

At Christ Lutheran, they teach children the importance of sharing and helping others in the neighborhood and around the world. They would be happy to have you visit their school. If you would like a tour, please contact them at: 412-271-7173.

Located at 299 Ridge Avenue in Forest Hills, **Trinity Christian School** began the 2013-2014 school year on Wednesday, August 21 and is currently accepting applications for kindergarten through grade 12. This year, Trinity is celebrating its 60th anniversary of providing an outstanding Christian education to students in the greater Pittsburgh area.

Upcoming events during the fall semester include the following:

- School drama production presented on Thursday, November 21 through Saturday, November 23. All shows will begin at 7 p.m.
- Elementary Christmas program will be held on Friday, December 13 at 7 p.m. in the school auditorium. Enjoy an evening of songs celebrating the true meaning of Christmas. Before and after the program, the annual Christmas Shoppe will be open in the school library, with quality gifts, handcrafted items, and baked goods available for purchase. Proceeds benefit the school.
- School band and choir concert will be held in the school auditorium on Thursday, December 19 at 7 p.m.

For more details about any of these events, contact the school as 412-242-8886.

East Catholic Students to see a Production of Cinderella

The leader in educational theatre since 1989, the Windy City Players National Touring Company, will visit East Catholic



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School on October 2. They will present educational, interactive productions in over 1,200 schools for nearly a half million students every year.

The performance is a familiar tale; a young woman strives to overcome seemingly impossible obstacles to achieve her "happily ever after." Along the way she learns valuable lessons about humility, perseverance and self-confidence.

The production is set to entertain and educate students in kindergarten through fourth grade. Three trained adult professional actors portray nine different characters over the course of the 45-minute production.

"Perfect for Pre-Schoolers Story Time"—Boo! A Halloween Story Time, Tuesday, October 29.

East Catholic School's "Perfect for Pre-Schoolers" this fall will include a special, Boo! Halloween Story-time, Tuesday October 29 at 7 p.m. in the school cafeteria. Children can wear their costumes to this story time that is "Halloweeny," with ghosts and monsters and other Halloween characters. It has been created with young children in mind, and it is not designed to be scary in any way.

Reading, telling and singing stories, talking about stories and creatively acting them out is all activities that are gifts that last a lifetime. Sharing the delights of books, poetry, rhymes, and songs are experiences your child can share at East Catholic's "Perfect for Preschoolers Story Time."

This is a free program and is designed to entertain and engage children 2 to 5 years old and give them a positive intro-

duction to books and the habit of reading. Each program features engaging books, favorite stories and lively activities.

Their monthly story-time will be scheduled 12:30 to 1:30 p.m. on the second or third Wednesday from October through April in the school's library. The first story-time date is Wednesday October 16, with the theme "Fall Fun." Registration is required.

They invite all children along with their parents or guardians to come and visit story-time at East Catholic Library. You can register by calling the East Catholic School Office at 412-351-5403 during school hours, 8:30 a.m. to 2 p.m.

The last day for registration each month is the second Monday. The first deadline is October 14.

Upcoming School Events

September 18 - Firefighter Phil will present a fire safety program from kindergarten to fourth grade.

September 23-27—Scholastic Book Fair

September 27—Donuts with Dad

October 2—The Windy City Players will present "Cinderella."

October 6—Vera Bradley Bingo in Keane Hall—all funds raised help the library and the East Catholic Robotics Club and Fine Arts Club.

Pace School

Pace's annual Race for Pace 5-K Run and Walk, to be held Saturday, October 12, and promises to be the most successful yet in its 13th year with more prizes, more teams and more participants of all ages and abilities. Most importantly, it will help build a playground and outdoor learning gardens

for children with autism and emotional challenges.

Race for Pace to build playground for kids with special needs—Play is crucial to the learning of all young people, but especially those with the learning challenges.

Runners aren't the only ones who will have fun. The popular Paws for Pace one-mile dog walk, lets you and your dog vie for prizes in categories such as best costume, largest, smallest, longest tail, and biggest ears. Don't run? No dog? No problem—the new one mile Fun Walk may be just your speed.

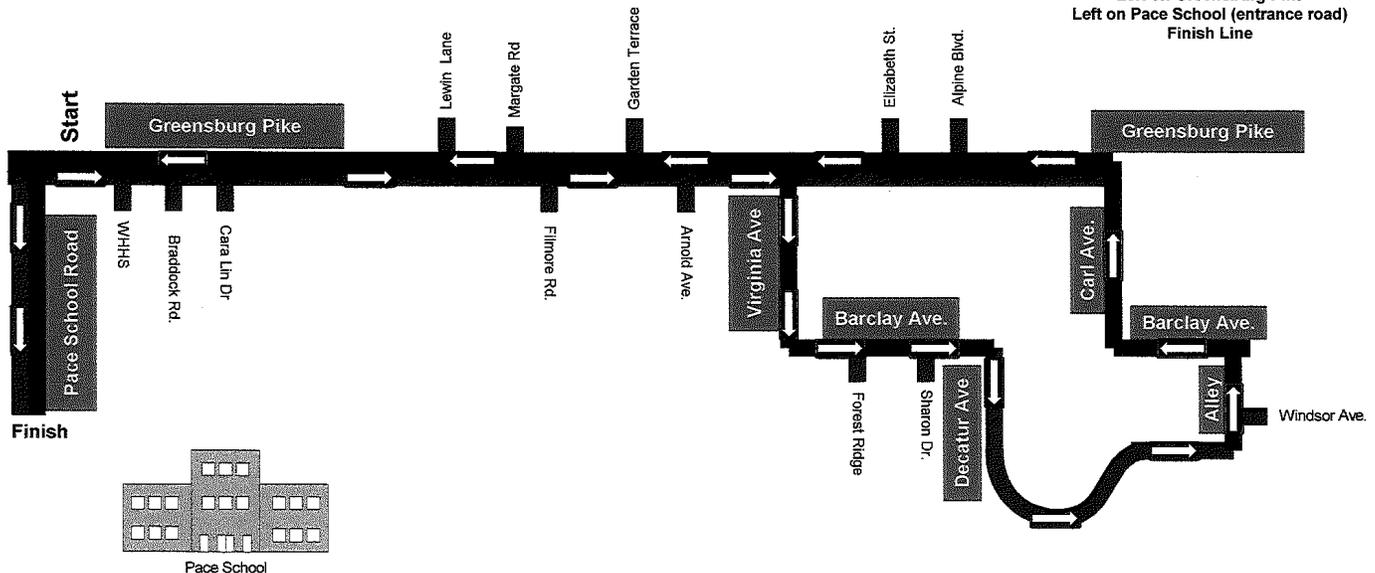
The honorary co-chairs of the Race for Pace are: WTAE co-anchors Mike Clark and Kelly Frey.

Major Sponsors of the 13th Annual Race for Pace include PNC, UPS, Clayton Kendall, A. Martini & Company, First Niagara Bank and Knepper Press.

Registration fees for the 2013 Race for Pace or Paws for Pace are \$20 per person (\$15 for youth) until October 1. After Oct. 1, registration will be \$25 per adult and \$20 per youth. On-line and downloadable registrations are available under the Race for Pace link at: www.paceschool.org.

Road closures for October 12: Greensburg Pike from Malberry to Carl Avenue from 8:45 to 10:15 a.m. If you would like to learn more about Pace Programs, visit: www.paceschool.org.

Race Directions
 Start- Greensburg Pike
 Right on Virginia Ave.
 Left on Barclay Ave.
 Right on Decatur Ave.
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 Right on Carl Ave.
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 Left on Pace School (entrance road)
 Finish Line



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Community Day Wrap-Up



Iris Cisarik of Squirrel Hill found the perfect spot for a cool break from the action of Community Day—the Butterfly Garden which the Garden Club of Forest Hills installed in the park several years ago. Iris is a club member and director of the Garden Club Federation of Pennsylvania's District VII.

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Pictured left to right: Rosemary Gasior and Marianne "Honey" Meglio, both of Atlantic Avenue, along with Sandy Brake of Sharon Drive, check out the blooms offered as prizes this year by the Garden Club of Forest Hills. Rosemary and Sandy are club members.

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Photos courtesy of Forest Hills Residents Carolyn Reuter and Anita Raible.

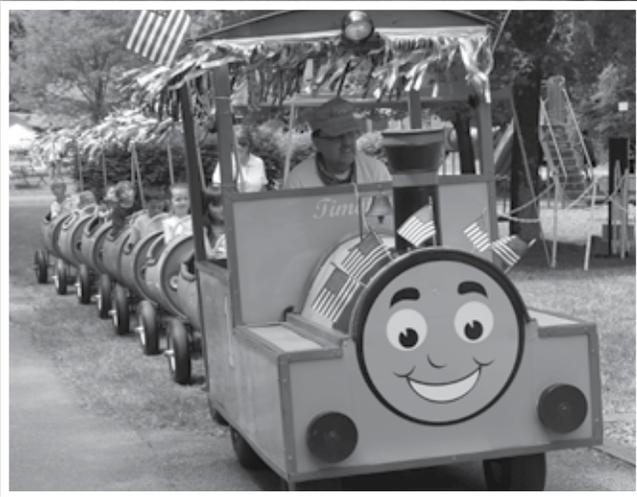
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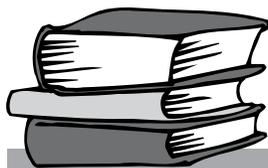
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C. C. Mellor Memorial Library

As summer winds down there is plenty of activity at the Forest Hills Branch of C.C. Mellor Library as they return to their typical programming. The hours are still the same. They have not been affected by the reduction in hours at the Senior Citizens Center.

Programs for Children

Story hour is held every Monday at 10:30 a.m. with stories, finger-plays and a craft. Pre-school and early-age children are welcome to come. There is no registration required and story hour is free.

Wednesday evening's programs will continue on the third Wednesday of each month. School-age children can join them for stories, crafts and games. This is a great opportunity for children who cannot attend daytime programs. Programs run from 5 to 6 p.m. and you can sign up in advance at the library or call 412-824-3567. Registration is required by the Monday previous to the scheduled date.

Science Friday is back for the school year. This program is geared toward home-schooled children. Join them to explore hands-on topics in science. Call the library in advance to reserve your spot.

Book Clubs

The PALS Book Club meets at 1 p.m. on the fourth Tuesday in the Forest Hills Library to discuss contemporary fiction and non-fiction. Upcoming discussions will include *Thomas Jefferson: Art of Power*, by Jon Meacham on September 24; *Sweetness at the Bottom of the Pie* by Alan Bradley on October 22; and *Tiger Hills* by Sarita Mandanna on November 26.

On Line

Electronic databases are available to C.C. Mellor Library patrons. In the *Testing and Education Reference Center* there are features available for high school students which contain information and support materials necessary to make informed and confident choices about college. The Family College Guide Center has test preparation materials, financial aid information and related materials. Students can take practice tests for such exams as PSAT, ACT, SAT, and SAT subject test. Students can also take the DSST and CLEP practice tests.

To access *Testing and Education Reference Center* go to C.C. Mellor web-page and click on *Teen Testing and Educational Tools* on the left-hand side of the home page; enter your library ID when prompted; click on the drop down menu for College Prep Tools.



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Upcoming Closings

The library will be closed on Wednesday, November 27, December 24, 25 and 31.

The library is open on Election Day, Tuesday, November 5. Come look at the collection after you cast your vote.

Election 2013

The library has voter registration forms. You can pick up a form at the circulation desk. Or you can register on-line at sites such as: www.projectvote.org or www.long-distancevoter.org.

Computer Classes

Free one hour, one session computer classes are offered for anyone wanting to get started on computers. The classes are held at the library in Edgewood. Please call 412-731-0909 to register for any of the following:

- Basic Internet at 1p.m. on Tuesdays, September 17, October 15 or November 12
- Basic e-mail at 11 a.m. on Wednesdays, September 25 or November 13
- Resume help at 11a.m. Wednesday, October 23

Driver's Training

AARP Driving Classes for Seniors will be offered at the library in Edgewood during November. The cost for the classes is \$12 for AARP members and \$15 for non-members. Successful completion of the classes can lead up to a 10 percent reduction in auto insurance. The eight-hour basic class will be offered on Wednesday and Thursday, November 6 and 7 from 9 a.m. to 1 p.m. The refresher class will be offered on Thursday, November 14 from 9 a.m. to 1 p.m. Call the library in Edgewood at 412-731-0909 to register.

Arts and Crafts Fair

This annual event will be held on Saturday, December 7 and Sunday, December 8 from 10 a.m. to 4 p.m. in the ballroom of the Edgewood Community House. Over 25 local artisans will be displaying and selling their original works. Their vendors' items include: jewelry, clothing, photography, paintings, woodwork, fiber art and much more. Mark your calendars to attend this unique event.

Volunteering

The library could always use volunteers to join their great team. Thanks always to Ron, Hank, Gwen, Paul, Ester and Connie. If you are interested in becoming a volunteer, call the library at 412-824-3567 to find out when you are needed.

Story Hours

In addition to the Monday 10:30 a.m. pre-school story hour at the Forest Hills Library, the library has other offerings. If you can't make the Monday program, you can choose from:

- Tuesdays, 10:30 a.m. at Edgewood Library
- Wednesdays, 10:30 a.m. & 1:30 p.m. at Edgewood Library
- Thursdays, 10:30 a.m. at Churchill Borough Building
- Fridays, 10:30 a.m. at the Wilkins Township Community Center
- Fridays, 11:30 a.m. Baby Lap Sit at Edgewood Library

Halloween Party and Parade

Join them for the annual party and costume parade for children up to 12 years old on Thursday, October 24 at 6:30 p.m. in the Edgewood Community House Ballroom. There will be a parade around the library block, entertainment by a local performer, pizza, a drink, and a "goodie" bag to take home. Call the library by October 19 to register; participation is limited to the first 100 children.

LIBRARY LOCATION AND HOURS

C. C. Mellor Memorial Library: 412-731-0909

Monday-Thursday 10 a.m. to 8 p.m.
Friday 10 a.m. to 5 p.m.
Saturday 9 a.m. to 4 p.m.

Forest Hills Branch: 412-824-3567

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Calling all Friends and Bloggers

A new Facebook page has been created for residents who live near the Hosanna House Sherwood Event Center and are impacted by existing activities, as well as proposed development at the site. Neighbors can use this page to stay in communication about issues related specifically to this property and share information about happenings in the area. To become a "friend," go to the Facebook page "Our Sherwood Road."

There is also interest in starting a blog for all residents of Forest Hills—they're calling it "Our Forest Hills." It will be used as a tool for increased communication on issues of importance throughout the borough. "Our Forest Hills" may also be used as a bulletin board for events and announcements—and general musings on life here in the borough. They are looking for a volunteer blog manager, as well as content writers who wish to contribute to the blog.

All Forest Hills residents, as well as representatives of local government and community organizations, are invited to participate. Please e-mail foresthillsblogger@gmail.com if you would like to help create this blog and/or be a contributor.

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Rotary News



The Forest Hill Rotary Club held its annual president change-over picnic at Koch Park on June 26. Scott Yusavage turned over the leadership, after two years as president, to Dr. Bob Dove.

A Paul Harris Fellow Award was presented to Alia Pustorino-Clevanger for her volunteer leadership in the annual Chili-Cook Off and for other extraordinary work with several other events. The award is named for the founder of Rotary International and signifies that \$1,000 was donated to the Rotary Foundation in her name, where it will be used for many projects, primarily in the humanitarian, health,

literacy, and clean water efforts of the Rotary Foundation worldwide. The Forest Hills Rotary also supports local projects, such as donations to the Forest Hills Police Department and Fire Department for equipment and for scholarships and dictionary projects at local schools.



Pictured left to right is Scott Yusavage, Alia Pustorino-Clevanger, and Dr. Bob Dove.

Forest Hills Directory

The Forest Hills Community new phone directories are now available. This is the 17th edition and is compiled and edited by the Forest Hills Rotary. The price will again be \$12. Proceeds from the sale of these books will help the Rotary contribute to the community such as the police department and the fire department, scholarships for local students, and many charities both national and international.

The directories are available for purchase at Fazio's and Antiques on Ardmore, and at Wolfe Memorial Funeral Home on Greensburg Pike. You may also contact any Forest Hills Rotarian, or call 412-242-5360.

28th Annual Medal of Honor Scholarship

Bob Dove, incoming president for the Forest Hills Rotary Club has presented a \$1,000 Medal of Honor Scholarship check from the club to Kayla Costello. Kayla is a 2013 graduate of Woodland Hills High School who plans to attend Hofstra University in New York. She has also received the Hofstra Presidential Scholarship and has been invited to join the Honors College.

The 28th annual Medal of Honor Scholarship Award's ceremony was held at Grandview Golf Club on Sunday, June 23. Ten \$1,000 scholarships were presented to area student winners and an additional four \$100 grants were awarded to finalists who applied.



Incoming President Bob Dove with Kayla Costello.

Forest Hills **AARP** #2556

Members and friends of AARP Chapter #2556 meet at noon in the Forest Hills Pool Lodge on the second Monday of each month beginning in September. Coffee and cookies are served; occasionally sandwiches are offered for a minimum price. The business meeting is called to order at 12:30 p.m. by President Gary Skerlec. Reports are received from the officers and the tours committee outlines pending tour opportunities. Program chair, Doris Hoffman, provides a program each month that may offer entertainment or information of interest to the members.

For the meeting on October 14, Larry Newburgh will discuss health insurance coverage. At the meeting on November 11, "Magic by Paletto" will entertain the group. An election of officers for the new year will also be part of the November business meeting. A luncheon and installation of officers will be observed during the meeting on December 9, and entertainment will be provided that day by ventriloquist, Cindy Speck. Anyone who would be interested in being part of the tours may still apply.

On Tuesday, December 3, bring in the Christmas season with a trip to the Ramada Inn in Ligonier for lunch, followed by the show, "A Nat King Cole Christmas," then travel to Seven Springs Mountain Resort for a Warm Holiday Dessert and Hot Chocolate, Christmas shopping, browsing and outdoor holiday displays. Please contact Betty Palermo, 412-351-0760.

Each month, members receive a newsletter with a reminder of the meeting dates and times as well as tour information. Visitors are always welcome. (If Woodland Hills School has a two-hour delay or school cancellation, there will be no meeting that day).

For more information call Mary Smith, 412-273-1943.

Juniper Village

2013 Celebration of Trees

Visit Juniper Village at Forest Hills 5th Annual Celebration of Trees Holiday Display. The display runs from December 4 through January 4 and is open from 9 a.m. to 8 p.m. every day. Tour over 25 trees decorated in a variety of holiday themes by local businesses throughout the area. Visitors can also vote for their favorite tree, with the winning tree receiving a donation to the charity of their choice. For more information about the event, or to display a tree, contact Juniper Village at Forest Hills at 412-244-9901. Everyone is welcome!



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Forest Hills Swim Team—Champions Once Again

The Forest Hills Swim Team (the Stingrays) completed its 2013 season in late July with 93 swimmers from 58 families. The abnormal amount of rainy weather led to three meets being rescheduled, one of which was ultimately canceled and called a tie, as well as a delay to the completion of this year's championship meet. Although Mother Nature did not seem to want to cooperate, the swimmers, parents and coaches certainly did.

The 2013 season was one of the most memorable and successful in recent history. The Stingrays finished in third place in ESA Division II with a record of four wins, two losses, and one tie (4-2-1). This was an improvement from last season, not to mention that one of the only two losses was at the hand of the regular season division champions, Foxwood (6-1), by a single point and score of 110-109.

As the season progressed there was an immense amount of improvement by the team as a whole. A special congratulations to all of the "Beast of the Meet" winners: Maddy Gormley, Ashley Azzarello, Tyler Soltis, Hannah Williams, Mia Williams, Jackson Manns, Kaitlyn Edinger, Jack Marquette, Anna Fisher, Steven Kefalos, Channing Brook, Shea Shovlin, Tyler Goldinger, Sophia Mamakos, Erin Huang, Kai Oshimo and Danny Herrle. As the season elapsed the team improved each week significantly, hitting their stride in the final week heading into the championship meet.

The team capitalized on their end of the season championship meet yet again. They added another championship trophy to their collection on Saturday, July 27, after winning the ESA Division II Championship. The championship victory was the first ever back-to-back victory for the team, and double the number of championship titles in a span of only two seasons. This monumental win marks the fourth championship in the team's 45-year history (Div. I: 1970, Div. II: 1996, 2012, & 2013).

This year's coaches, Nick Ricci (Head Coach), Shea Shovlin (Assistant Coach) and Greg Sorek (Assistant Coach), would also like to recognize the dedication of a few swimmers in particular. For the first time in five years a team record was broken. Ashley Azzarello (age 14) broke the 13-14 Girls Individual 50 Freestyle record in the first meet of the season. Also congratulations to this year's annual award winners. The Brendan Foley Award (most team spirit) was awarded to Max Waring. The recipients of the Justine Clougherty Award (hardest worker) were Amanda Schmidt, Chris Kefalos and Steven Kefalos. And the Joseph A. Gabella Award (leadership/role model) was presented to Katie Bunyan and Peter Brucker.

Congratulations to the Forest Hills Swim Team, back-to-back ESA Division II Champions, who are now eyeing that "one for the thumb!"

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2013 Forest Hills Tennis Program

With the support of the community and the hard work of three devoted tennis coaches (Mariam Abdelwahab, Jordan Potter and Youssef Abdelwahab), "The Forest Hills Tennis Camp" was put into place for the summer of 2013. Throughout the course of the camp, players trained through a variety of both skilled and agility-based drills, took part in fun and competitive games, participated in many in-house tournaments, and competed in Friday travel league matches.

Both the long-standing traditions of the Forest Hills Tennis Program, along with many of the new ones established last year, were kept alive during tennis camp. The annual 10-under, 12-under, 14-under, and 18-under boys and girls singles and doubles in-house tournaments were included, in addition to the legendary wooden racquet doubles tournaments, and also participating in the annual Butler mixed Doubles. This year's 18-under mixed doubles team players were Liam Bachtell and Kiley Spitz-Cohan. The 12-under mixed doubles team players were Alexander Nees and Natalie Watson. Kiley Spitz-Cohan was honored with the best sportsmanship award.

For the second time in a row, the team hosted the Table Tennis Tournament on Fourth of July at Community Day. The turnout was great and the event matched last year's success in terms of raising money and promoting the tennis program. Winners of the older bracket were Eric Benedum and Chris Mamakos, fathers of junior varsity and clinic camp players. Winners of the younger bracket were title holders from last year's tournament- Brandon Bindas and this year's new JV all-star Stephan Stratimirovic.

The Flaming Flanna's gave the Shirtless Bandits a good run for their money in this year's water balloon battle of Capture the Racquet.

The Forest Hills Flames continued to play competitively beating some of the top teams in the league, but more importantly, they continued to represent their community with their impeccable display of good sportsmanship. Their conduct is undoubtedly a manifestation to the most admired aspect of the game that you can play competitively while still ensuring that all parties leave the courts feeling great. This was the rule of thumb, of which former coach, Mark Paull thrived on.

The renowned tennis social was another hit this summer. Forest Hills Tennis families and friends were kept entertained with good food, music and playing tennis through the night in a series of "kinda" and "pretty" serious round robin sessions.

Stay in touch via the Facebook group to get the latest updates on the brand new tennis courts! The Forest Hills Tennis Community has come a long way and can see the light at the end of the tunnel after having sacrificed a little this year. The sweet taste of victory of pristine home courts is rapidly approaching!

2013 Basketball Program—Wrap-up

The borough is happy to announce this year was the best year yet having almost 40 kids signed up for the basketball program. Back on July 9, parents and kids were anxious to get started, and even though it was warm for the little urchins, they dug right in and gave Coaches Joe DeGregorio and Barry Layton everything they had—what a bunch of troopers!

When the program started in 2010, there were only 10 kids signed up, so the word has definitely spread, and seeing each player wearing their basketball shirt and dribbling their very own "b-ball" is as satisfying as it can get.

Let's hope next year is even better—we need to keep the interest with this great sport—it builds character and keeps the kids busy!

The borough would like to thank Coaches DeGregorio and Layton for their hard work and dedication to the program; which wouldn't have been possible without them.

See everyone next year!



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Health Talk Series

Churchill and Forest Hills Boroughs are sharing a partnership in a series of Health Talks. *Seating is limited, so RSVP is encouraged.*

Health Talk #1

UP!

Hilary Tindle, M.D., has studied how optimism and a positive outlook are beneficial for health and longevity. Her book "UP" has received many positive reviews, including the New York Times.

"Our outlook—meaning our individual patterns of thinking and feeling about the future, ourselves, and each other, fundamentally impacts our physical health and aging. Many health conditions such as heart disease, stroke, and cancer that we tend to associate with "getting older" are actually modifiable, meaning we can take steps to prevent them or lessen the toll they take on our health."

For more information on Dr. Tindle's book, check out her web-site: www.hilarytindle.com.

Dates: Sunday, October 6

Time: 2 to 3:30 p.m.

(Steelers have a "bye" that week)

Location: Churchill Borough, Yagle Room
2300 Greensburg Pike

Seminar is free. R.S.V.P. by: October 1 to
Cindy Simm, Recreation Director,
412-351-7330 x220

or e-mail: csimm901@aol.com.

Seating is limited: up to 70 attendees.

Health Talk #2

Eat Like a Mediterranean!

Giant Eagle Registered Dietician Cassandra Wert R.D., will teach us how to plan and prepare a cuisine that is associated with a reduced risk of death from heart disease and cancer, as well as reduced incidence of other chronic diseases such as Alzheimer's and Parkinson's. You will leave with a greater understanding of the Mediterranean Diet, how you can begin to adopt the lifestyle, or portions of interest, to your life and great tools to make this happen.

Cassandra is a graduate of West Chester University of Pennsylvania with a B.S. in Nutrition, and is a registered dietitian and licensed in the state. She serves as a Retail Dietitian/Wellness Coach at the Monroeville Giant Eagle store. Cassandra is ready to assist you with advice on healthy eating, food nutrition and meal ideas. She promotes healthy lifestyles to customers of all ages through interactive, individualized sessions, group classes and in-store events. Wert will focus on "Eating like a Mediterranean" a virtual tour of the foods that make up the popular and successful diet that has a focus on food choices and food enjoyment.

Date: Saturday, November 23

Time: 10 to 11:30 a.m.

Location: Forest Hills/Westinghouse Lodge,
Barclay Avenue in Forest Hills

Seminar is free. R.S.V.P. by: November 15 to
Cindy Simm, Recreation Director,
412-351-7330 x220

or e-mail: csimm901@aol.com.

Seating is limited: up to 50 attendees.

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The end-of-summer/fall session is currently underway and will end October 7

Winter Session—12 weeks

Dates: Mondays, October 14 to December 30

Time: 6 to 8 p.m.

Location: Pool Lodge

Fee: \$40

Guts and Butts—Feel the burn!

Bust those guts and butts doing a 60-minute workout with Instructor Miriam Messick who will lead you in a program of squats, leg lifts and overall toning of the lower body and core.

There's still time to join the fall session—12 weeks

Dates: Wednesdays, September 11 to November 27

Times: 6:30 to 7:30 p.m.

Location: Pool Lodge

Fee: \$40

There will be no winter class—the next session will start February 2014.

Dog Obedience

This class is open to dogs of all ages and tailored to cover all stages of training. Arlene Halloran, certified dog trainer and breeder, will give a basic introduction to obedience commands, teach basic disciplines such as house breaking and chewing, and show you how to develop an enjoyable relationship with your new puppy. Class size is limited to 10 dogs; if necessary, a second class will be added.

There's still time to join the fall session—12 weeks

Dates: Thursdays, September 12 to December 5 (no class on November 28)

Time: 7 to 8 p.m.

Class is limited to 10 dogs; if there are more than 10 dogs registered, instructor will add another class)

Location: Pool Lodge

Fee: \$40

There will be no winter class; the next session will begin March 2014.

Scrap-booking

Looking for quiet time to do what you love? Traditional and digital scrapbookers and also other hobbyists are welcome. Organize your photographs with this intuitive program taught by Creative Memories Consultant Fran Vislay. This class is geared towards beginners and intermediate participants who want to learn how to preserve their most cherished photographs. Beginner and advanced croppers are also welcome. To get started on the project, please bring two to three photos to the first class, and learn how to create a Short Story card using simple, quick tools. The completed story card can be displayed or added to an album. Learn tips on simple card making, specialty pages, traditional and digital organizing and cropping techniques. Vislay will help you to start a memory album with those photos that may have been sitting in a closet or an attic and need some well-deserved attention. Each class includes: free

idea sheets and attendance gifts, free use of cropping tools and ideas books. Workshop supplies and variety scrap-booking sets are available for purchase. For more information or if you have any questions about the class, call Fran at 412-824-7197.

Beginners' classes for adults and kids are from 6:30 to 7:30 p.m.; workshop is from 6 to 10 p.m.

There's still time to join—

Fall Session—10 weeks

Dates: Tuesdays, September 10 to November 19

Time: 6:30 to 10:30 p.m.

Location: Forest Hills Senior Center (Avenue D)

Fee: \$55

Winter Session—10 weeks

Dates: Tuesdays, January 7, 2014 to March 11

Time: 6:30 to 10:30 p.m.

Location: Forest Hills Senior Center (Avenue D)

Fee: \$55

Send registration form with your check or money order made payable to:

Forest Hills Borough: 2071 Ardmore Blvd. • Pittsburgh, PA 15221

Attention: Recreation Department

If registering for more than one class, please submit separate checks or money orders for each registration. Please also identify the class name on your payment. (We do not accept cash transactions. If registering for more than one class, please submit separate checks or money orders for each registration. Please also identify the class name on your payment.)

FALL REGISTRATION FORM

Name _____ Phone _____

Address _____

Name of Participant	Name of Class / Session	Fee
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1. _____	_____	_____
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2. _____	_____	_____
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3. _____	_____	_____
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4. _____	_____	_____
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WINTER REGISTRATION FORM

Name _____ Phone _____

Address _____

Name of Participant	Name of Class / Session	Fee
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1. _____	_____	_____
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2. _____	_____	_____
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Sunday, September 22 from 1 to 3 p.m.

Forest Hills/Westinghouse Lodge, Barclay Avenue

(Asking for a donation of \$5 to cover travel expenses—kids are admitted for free)

Backyard Chicken Basics, Uniontown Poultry Association

Forest Hills is having a seminar about the basics of backyard chickens. As the area's longest-running poultry association (over 110 years), this organization provides information about chickens, ducks, turkeys and other poultry, as well as rabbits, to groups and the general public. For this class, they will cover the following topics:

1. Can you keep chickens in your area?
2. What kind of chicken should you get?
3. What kind of housing system (coop/pen/tractor) should you use?
4. Food and water needs
5. Predators
6. Chicken health (and death)
7. Who wants to pet/feed/hold a chicken?

The association will bring a chicken to the seminar, and attendees can ask questions during the presentation. The UPA likes to keep the classes informal and fun, and are happy to discuss whatever poultry issues people want to talk about. The UPA has presented Backyard Basics Classes since 2011, mostly at the Carnegie Libraries in Pittsburgh. They are a non-profit group, and do these events purely for teaching people about the joy of raising poultry and rabbits. For more information on this seminar, contact UPA Secretary Krista Martin at: luv.my.chickens@gmail.com, or call 724-255-5549.

Saturday, October 26 from 2 to 4 p.m.

Forest Hills/Westinghouse Lodge, Barclay Avenue

(Asking for a donation of \$5 to cover travel expenses—kids are admitted for free)

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 Arborist: *Ted Gilbert x205*
 Building Inspector and Zoning Officer:
Bill McChesney x204
 Code Enforcement Officer: *Don Branzel x211*
 Public Works Foreman: *Jim Theilacker x207*
 Recreation Director: *Cindy M. Simm x220*
 Assistant Recreation Director: *Lynn Cassidy x206*

ELECTED OFFICIALS

Mayor: *Marty O'Malley x240 or 412-351-7349*
 Tax Collector: *Janet Sullivan x203 or 412-351-7348*

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(Dial 412-351-7330 and then extension)
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 Vice President/Public Safety Chair:
Bill Tomasic x242
 President Pro-Tem/Operations & Policy Chair:
Devon Wood x243
 Public Works Chair: *Mike Belmonte x244*
 Finance Chair: *Markus Erbeltinger x246*
 Borough Property Chair: *Frank Porco, Jr. x241*
 Planning & Zoning Chair: *William Burleigh x247*

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For emergencies and non-emergencies: Call 911, or if 911 fails call: 412-351-4141
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Borough Council Meetings:

7 p.m. in council chambers, borough building, 2nd floor
 Third Wednesday of each month, October 16, November 20, December 18

Committee Meetings:

Meet in council chambers, borough building, 2nd floor

Borough Property, Public Works, Public Safety, Operations & Policy: October 1, November 12, December 3

Finance, Planning & Zoning, Committee of the Whole: October 3, November 7, December 5

Shade Tree & Shrub Committee: October 9, November 13

Planning Commission: October 30

Recreation Board Meetings: October 7 (no meetings in November or December)

*Meeting dates are tentative until approved, and are subject to change.
 Call the borough office for more information*

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For Your Information

Celebrating a 90th birthday is a year-long event for members of the Garden Club of Forest Hills, but the icing on the cake would be sponsoring a local high school or college student in applying for one of the scholarships offered through the state federation. Stipends of \$1,000 to \$2,500 are awarded each year for study in the horticultural sciences, including agriculture education, horticulture, floriculture, landscape design, conservation, forestry, biology (excluding pre-med), botany, agronomy, plant pathology, environmental control, city planning (rural & urban), wildlife science, land management or related fields. For details, talk with a school guidance counselor or club member Joyce Kareem, or go on-line at: www.pagardenclubs.org/forms.html and download the GCFP Scholarship Application. The deadline for submitting an application is February 15.

Members made friends as well as money for the club this year at the community plant sale on May 4 and the club's first evening plant auction on May 8. Funds raised by the club go to the state scholarships, several non-profit organizations with similar missions, and educational programs for members.

Garden Club members gave out birthday cookies as well as gardening advice at Community Day on July 4 and exhibited their design skills at a standard flower show, "90 Years of Celebrating Women," in August at Forest Hills Presbyterian Church. They also learned from Carolyn Monyok how to make a terrarium at their August meeting and welcomed Doug Oster of the Pittsburgh Post-Gazette to their Picnic in the Park in September, when he talked with them about "Extending the Growing Season."

Next up on their program is an October 3 discussion about "Preparing for Winter Bird Feeding" with Marcy Cunkelman, editor of The Keystone Gardener, and a November 2 update on progress at the new Pittsburgh Botanic Garden with Sue Edwards. The club will close out the milestone year on December 5 with its Holiday Pot-Luck Luncheon, featuring installation of officers, music and much more.



Garden Club of Forest Hills' members, Joyce Peterson, Kay Wilson, Kay Powderly, Margaret Reed and Barbara Cavanaugh talk with Borough Manager Steve Morus and Borough Arborist Ted Gilbert about the commemorative tree they just planted in the Forest Hills Park on Arbor Day.

The club is hoping that its birthday celebration will live on in the two trees donated to the Forest Hills Park - which were a Norway Maple and a Paper-bark Maple.

Meetings are the first Thursday of the month, March through December, usually at Hope Lutheran Church on Ridge Avenue. As always, guests are welcome, but should call ahead to any member or to the president at 412-243-8384.

Editor's Note: I wish to thank Police Chief Chuck Williams for his contribution to the newsletter.